

# Garlic Forte

Healthy Cardiovascular Function Support\*

## Garlic is used to:

- ✓ Support healthy cardiovascular function
- ✓ Maintain healthy blood pressure already within the normal range
- ✓ Maintain healthy cholesterol levels already within a normal range
- ✓ Maintain a healthy circulatory system
- ✓ Provide antioxidant activity\*

## Garlic is used traditionally to:

- ✓ Maintain normal immune system function
- ✓ Maintain healthy respiratory tract function
- ✓ Support the body's normal cough reflex
- ✓ Support the body's natural ability to break up respiratory secretions
- ✓ Support normal mucous low\*

Garlic is a complex herb containing hundreds of constituents. Many of these constituents give Garlic its characteristic smell; they are sulfur-containing organic compounds. MediHerb **Garlic Forte** contains a standardized herbal extract of Garlic that provides the equivalent of 3.6 g of the fresh bulb per tablet. The active constituents contained in Garlic are not only responsible for its typical odor, but also its many beneficial effects.<sup>1-3</sup> The tablets are enterically coated to ensure the active compounds are protected and utilized to their full potential.\*



ENTERIC-COATED TABLET FOR EASE OF DIGESTION

CARDIOVASCULAR SYSTEM SUPPORT\*

IMMUNE SYSTEM SUPPORT\*

M1720 60 Tablets

## Suggested Use:

1 tablet 1-2 times daily, or as directed.

## Supplement Facts

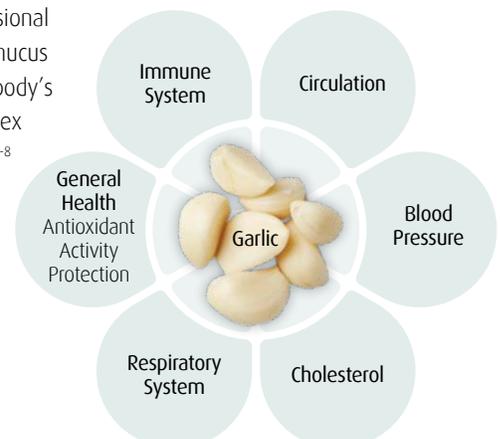
Serving size:	1 Tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	70 mg	6%
Fresh Garlic bulb 12:1 extract from <i>Allium sativum</i> fresh bulb 3.6 g	300 mg	†
Garlic ( <i>Allium sativum</i> ) bulb powder	45 mg	†
† Daily Value (DV) not established.		

**Other Ingredients:** Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, ethyl cellulose, ammonium hydroxide, fatty acids, oleic acid, sodium carboxymethylcellulose, talc (magnesium silicate), polydextrose, magnesium stearate, silicon dioxide and dl-alpha-tocopherol.

**Caution:** Contraindicated in known allergy to Garlic. Contraindicated in lactation. Not to be used during pregnancy unless otherwise directed by a qualified health care professional.

## Traditional Use

Garlic has been valued for its numerous culinary and medicinal purposes for thousands of years and is used to this day across many traditional systems worldwide. One of its main traditional uses is to support healthy respiratory and immune function, and to aid the normal break up and clearance of occasional mild respiratory mucus (catarrh) via the body's normal cough reflex (expectoration).<sup>2,4-8</sup>



## How Garlic Forte Supports Your Health:



### Cardiovascular Support:

- Studies have shown Garlic to support normal cholesterol levels already within a normal range.
- Garlic has also been demonstrated to support healthy cardiovascular parameters.
- Garlic supplementation has shown to support healthy circulation, as well as healthy blood pressure already in a normal range.<sup>1,2,13-15\*</sup>



### Respiratory & Immune Support:

- Garlic is highly valued for its traditional use to support normal respiratory and immune system function.<sup>2,4-8\*</sup>



### Antioxidant Activity Protection:

- Garlic helps to maintain general health by providing important cellular antioxidant protection<sup>1,2,9,10</sup> against common causes of oxidative stress.<sup>11,12\*</sup>

## References

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## MediHerb Quality Choice

### Results-driven formulations

MediHerb develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing to bottle to ensure the high standard of our herbal extracts.

### Strict product testing

MediHerb has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.

Please consult the product packaging label for the most accurate product information.

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