## Veg-E Complete Pro<sup>™</sup> Chocolate and Veg-E Complete Pro™Vanilla

**Available Sizes:** 26 ounces

**FOUNDATIONAL HEALTH** 

- · A valuable source of several amino acids, including the nine essential amino acids
- · Supports muscle building and recovery\*
- · Supports satiety, fullness, and energy levels\*
- · Supports cellular function and enzyme action\*
- · Supports hair, skin, and nails\*
- · No genetically engineered ingredients
- · No artificial sweeteners or artificial flavors
- · Natural flavors made without monosodium glutamate (MSG)
- · Excellent source of protein and iron
- · Good source of dietary fiber and potassium

















## Why Plant-Based Protein?

These products are a convenient, great-tasting way to add more protein to the diet.

These products provide a plant-based alternative for those that prefer vegan protein sources. The blend of organic pea protein, organic pumpkin seed protein, and organic sesame seed protein is a valuable source of several amino acids, including the nine essential amino acids.

#### Veg-E Complete Pro<sup>™</sup> Chocolate

#### Supplement **Facts** Serving Size: 4 heaping tablespoons (scoops) (approx. 40 g) Servings per Container: 18 Amount per Serving %Daily Value Calories Total Fat 5%\* Saturated Fat 5%\* Total Carbohydrate 4%\* 12 g Dietary Fiber 4 g 14%\* Total Sugars Includes 4 g Added Sugars 8%\* 30%\* Protein 15 g Calcium 40 mg 3% Iron 5 mg 28% 240 mg 10% Sodium 10% Potassium 480 mg

Organic pea protein, organic pumpkin seed protein, and organic sesame

\*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Organic cocoa powder (processed with alkali). organic coconut sugar, gum acacia, organic sunflower lecithin powder, maltodextrin, sea salt, monk fruit extract, organic guar gum, natural flavors, and xanthan gum.

Please consult the actual product label for the most accurate product information

#### Veg-E Complete Pro™ Vanilla

#### Supplement Serving Size: 4 heaping tablespoons (scoops) (approx. 34 g) Servings per Container: 18 %Daily Value **Amount per Serving** Calories 130 3%\* Total Fat 2.5 g Total Carbohydrate 3%\* Dietary Fiber 2 g 7%\* **Total Sugars** 4 g Includes 4 g Added Sugars 8%\* Protein 15 g 30%\* Calcium 20 ma 2% Iron 4 ma 22% Sodium 280 mg 12% Potassium 200 mg 4% Proprietary Blend Organic pea protein, organic pumpkin seed protein, and organic sesame Percent Daily Values are based on a 2,000 calorie diet. +Daily Value not established.

Other Ingredients: Organic coconut sugar, maltodextrin, sea salt, arabic gum, organic guar gum, natural flavors, organic sunflower lecithin powder,

Please consult the actual product label for the most accurate

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

When you see our products labeled as USDA Organic, that means they have been certified as Organic by a USDA-accredited certifying agent. Standard Process products labeled as Vegan are devoid of animalbased tissue, animal-based gelatin, or fish oils. They are also devoid of animal-based ingredients such as dairy, eggs, honey, beeswax, and lanolin. Standard Process products labeled as Vegetarian are considered lacto-ovo vegetarian, which means they are devoid of animal-based tissue, animal-based gelatin, or fish oil. Standard Process products labeled as Gluten-Free have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling. Standard Process products labeled as Non-Dairy or Non-Dairy Formula have been formulated to not contain milk or milkderived ingredients. Standard Process products labeled as Non-Grain or Non-Grain Formula have been formulated to not contain any true cereal grain or grain-derived ingredients. Standard Process products labeled as Non-Soy or Non-Soy Formula have been formulated to not contain soy or soy-derived ingredients.

# Veg-E Complete Pro<sup>™</sup> Chocolate and Veg-E Complete Pro<sup>™</sup> Vanilla



#### How Does the Protein Support Health?

These products may be beneficial to anyone who needs more protein in their diet, including aging patients who may need muscle support, athletic patients who may need support for muscle repair and recovery, and patients who may want to support healthy weight.\*1-6 Protein also plays an important role in cellular function and enzyme action while also supporting hair, skin, and nails.\*

#### Support for Athletes

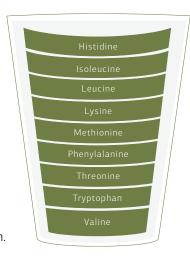
The International Society of Sports Nutrition recommends that athletes may benefit from consuming 1.2 to 2 grams of protein per kilogram of body weight daily to support metabolic processes and repair.<sup>4</sup>

#### **Supports Satiety and Fullness**

Satiety is part of the body's complex system of appetite control and is involved in limiting energy intake. In randomized trials, pea protein was found to have similar satiating effects and reduced energy intake to the same degree as animal-derived whey protein. One to three servings of Veg-E Complete Pro<sup>TM</sup> Vanilla or Veg-E Complete Pro<sup>TM</sup> Chocolate provide a source of complete plant-based protein in the range where increased satiety has been reported.

# The Essential Amino Acids

The human body cannot create essential amino acids, so they must be consumed through the diet. These products contain all nine essential amino acids.\*
The essential amino acids leucine, isoleucine, and valine are considered branched-chain amino acids due to a particular side chain in their chemical structure. They are important for protein synthesis, tissue repair, and metabolic function.



### **Complementary Proteins**

Most plant proteins contain insufficient levels of one or more essential amino acids. By pairing plant proteins together, they complement each other and bridge the gap that the other plant protein is lacking. The specific combination of proteins found in Veg-E Complete Pro<sup>TM</sup> Vanilla or Veg-E Complete Pro<sup>TM</sup> Chocolate provides all nine essential amino acids.



The **great majority** of the raw plant ingredients used in our products are grown on our certified organic farm

**Freshly picked crops** are often processed within a day to maintain vital nutrients

We harvest more than **6.5 million** pounds of ingredients on our certified organic and sustainable farm

# Healthy Soil. Healthy Plants. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.

#### REFERENCES

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