



# Bone, Joint, & Muscle

Helping You *Simplify* the Product Selection Process



# Supplements for Strong Muscles, Bones, and Joints

Your patients rely on a well-functioning musculoskeletal system to live an active, happy life. With your help, they can better understand the role that nutrition plays in maintaining physical wellness.

When you recommend Standard Process® and MediHerb®

supplements, you are empowering your patients to support their own health. They're easy, effective ways to encourage overall well-being so that the people you treat can enjoy the activities they love.

*When we work together, we can change lives.*

## DID YOU KNOW?

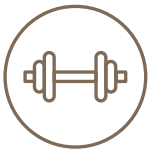
**During the aging process, physical activity can decrease by 40%-80%, which can contribute to a variety of challenges.<sup>1</sup>**





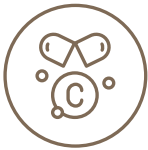
# The Connection Between Exercise, Nutrition, and a Lifetime of Wellness

Physical activity is recommended for nearly all Americans, from preschool-aged children through adulthood. When including more physical activity in day-to-day life, it is vitally important to consider nutritional support.



## **SUPPORT EXERCISE PERFORMANCE WITH:**

- B vitamins
- Coenzyme Q10 (CoQ10)
- Creatine



## **SUPPORT EXERCISE RECOVERY WITH:**

- Protein
- Omega-3 fatty acids
- Vitamin C
- Probiotics
- Zinc



## **SUPPORT BONES, MUSCLES, JOINTS, AND LIGAMENTS WITH:**

- Calcium
- Glucosamine
- Vitamin D
- Chondroitin
- Protein



## **SUPPORT THE BODY'S NORMAL STRESS RESPONSE WITH HERBS THAT INCLUDE:**

- Korean ginseng
- *Rhodiola rosea*
- Schisandra berry
- Ashwagandha

# Learn More About These Featured Supplements



BONE & JOINT

**Ligaplex® II**  
5300 150 Capsules

NON  
SOY

NON  
DAIRY



JOINT

**MediHerb®  
Boswellia Complex**  
M1152 40 Tablets  
M1157 120 Tablets

VEGAN

## Stay Active & Healthy

Ligaplex® II is a connective tissue and joint support supplement that maintains connective tissue health.\*

- Provides essential nutrients to support the skeletal system and facilitate movement\*
- Nutritional compounds for support of proper formation and maintenance of skeletal tissues\*
- Involved in maintenance of healthy fluid levels\*
- Contains bovine heart PMG™ extract



Scan to learn more about  
the benefits of Ligaplex® II



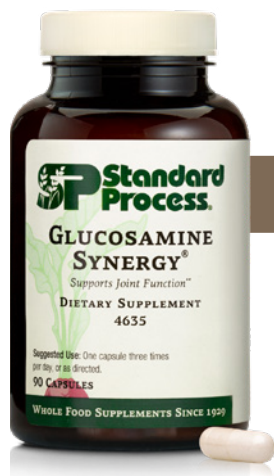
Scan to learn more about the  
benefits of Boswellia Complex

## Healthy Joint Support\*

Boswellia Complex contains Boswellia, Celery Seed, Ginger and Turmeric to support healthy joint function.\* These herbs have been traditionally used in herbal preparations to:

- Maintain and support healthy joints\*
- Support healthy circulation\*
- Support the normal function of the kidneys\*
- Provide antioxidant activity\*





JOINT

**Glucosamine Synergy®**  
4635 90 Capsules

NON  
DAIRY

NON  
SOY



BONE

**Bone Health Pack**  
13010 60 Packs

NON  
DAIRY

NON  
SOY

## The Benefits of Glucosamine & More

Glucosamine Synergy® combines glucosamine, *Boswellia serrata*, and manganese to help maintain healthy joint function.\*

- Maintains healthy connective tissue\*
- Supports the body's normal connective tissue repair process\*
- Supports joint health\*
- Excellent source of manganese



Scan to learn more about  
Glucosamine Synergy®

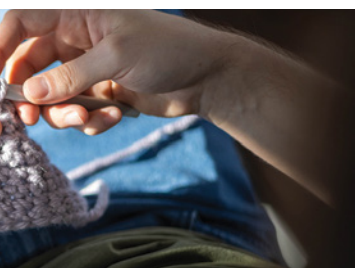
## Multi-Faceted Bone Support

The Bone Health Pack is a convenient daily packet of supplements for adults combined to provide convenient maintenance support to keep bones strong and healthy.\* Each pack contains:

- Calcifood (3 Wafers) — Provides calcium\*
- Cataplex® D (1 Tablet) — Supports and maintains healthy bone density\*
- Cruciferous Complete™ (1 Capsule) — Supports bone health\*
- Ostrophin PMG® (2 Tablets) — With a proprietary PMG™ blend



Scan to learn more about  
the Bone Health Pack








Learn more and order at  
[standardprocess.com/bonejointmuscle](https://standardprocess.com/bonejointmuscle)







# Choose the Right Products For Your Patients

## BONE

<b>MediHerb® Bone Complex</b> <b>M1820</b> 60 Tablets 	Contains Epimedium, Kudzu, Red Clover and Black Cohosh to support healthy bones*
<b>Calcifood®</b> <b>1825</b> 100 Wafers  	Supports calcium absorption*
<b>Calcium Lactate</b> <b>1875</b> 90 Tablets   <b>1895</b> 180 Tablets <b>1905</b> 360 Tablets  	A dairy-free, vegan tablet that helps maintain healthy bone density*

## JOINT

<b>MediHerb® Gotu Kola Complex</b> <b>M1313</b> 40 Tablets   <b>M1315</b> 120 Tablets 	Contains Gotu Kola leaf, Grape seed and Ginkgo leaf for healthy skin, capillary and circulation support*
<b>Hemp Oil Complex™</b> <b>4700</b> 60 Softgels  	Provides 15 mg of phytocannabinoids and supports the endocannabinoid system and the body's natural inflammatory response function in softgel form*
<b>MediHerb® Turmeric Forte</b> <b>M1448</b> 60 Tablets   <b>M1670</b> 180 Tablets 	Contains a bioavailable form of Turmeric rhizome and Fenugreek seed to support a healthy inflammatory response*

**Vegan** products are devoid of animal-based tissue, animal-based gelatin, or fish oils. They are also devoid of animal-based ingredients such as dairy, eggs, honey, beeswax, and lanolin. **Vegetarian** products are considered lacto-ovo vegetarian, which means they are devoid of animal-based tissue, animal-based gelatin, or fish oil. They may contain animal-based ingredients such as dairy, eggs, honey, beeswax, or lanolin. **Gluten-Free** products have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling. **Non-Dairy** products have been formulated to not contain milk or milk-derived ingredients. **Non-Grain** products have been formulated to not contain any true cereal grain or grain-derived ingredients such as those from wheat, rice, oats, cornmeal, barley, or another cereal grain. **Non-Soy** products have been formulated to not contain soy or soy-derived ingredients.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## MUSCLE

### SP Complete®

2820 SP Complete® - 1.75 lbs  
2840 SP Complete® Dairy Free - 2 lbs  
2845 SP Complete® Chocolate - 1.63 lbs  
2850 SP Complete® Vanilla - 1.44 lbs



Offers essential whole food nutrition & protein with all essential amino acids in a convenient powder to support your body during a cleanse and beyond\*

### Veg-E Complete Pro™

8180 Chocolate - 1.63 lbs  
8185 Vanilla - 1.38 lb



Offers an organic multisource blend of plant-based protein in a convenient powder\*

### Whey Pro Complete

8325 1.31 lbs



A whey protein powder that supports weight management by increasing satiety, supports the body's muscle growth, and supports repair processes\*

## BONE & JOINT

### Bio-Dent®

1587 180 Tablets | 1590 330 Tablets  
1600 800 Tablets

Supports normal cell function, a healthy skeletal system, and is involved in the production of cartilage and collagen\*

### Ligaplex® I

5225 150 Capsules



A joint support supplement in a capsule that supports bone growth and the body's normal synthesis processes of connective tissue cartilage\*

## JOINT & MUSCLE

### Olprima™ EPA|DHA

6060 60 Softgels



Through a 55:45 ratio of omega-3s EPA and DHA, Olprima EPA|DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response\*

### MediHerb® Saligesic

M1395 40 Tablets



Contains Willow stem bark and is used traditionally to support musculoskeletal system health\*



# Together, We Can Change Lives

Changing lives is our passion and has been since our company's inception in 1929. This passion is what drove our founder, Dr. Royal Lee, to develop and pioneer the first whole food-based supplement on the market, the revolutionary Catalyn®.



[standardprocess.com](https://standardprocess.com)



1. Suryadinata RV, Wirjatmadi B, Adriani M, Lorensia A. J Public Health Res. 2020 Jul 3;9(2):1840. doi: 10.4081/jphr.2020.1840. PMID: 32728579; PMCID: PMC7376490.