

## Why Blood Sugar Matters

In addition to short-term energy needs, long-term blood sugar balance is important for helping keep many body systems healthy. They include:<sup>1</sup>



Brain



Kidneys



Eyes



Nerves



Cardiovascular system

## Changing Lives with Nutrition

### Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Teams-up with health care professionals
- Has been trusted for generations, with products that have been changing lives since 1929



## Blood Sugar & Metabolism



*A Boost for Your Blood Sugar Strategy*

1. Papkonstantinou, E., Oikonomou, C., Nychas, G., Dimitriadis, G.D. *Nutrients* 14(4):823 (2022).
2. Henry, C.J., Kaur, B., Quek, R.Y.C. *Nutr Diab.* 10(1):6 (2020).
3. Rybicka, M., Krysiak, R., Okopień, B. *Endokrynol Pol*, 62(3):276 (2011).

standardprocess.com



©2024 Standard Process Inc.  
All rights reserved.  
L00258 02/24

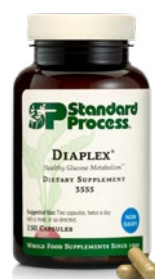




## High-Quality Support to Help You Stay Healthy

### There's Nothing Sweeter Than Steady Blood Sugar

Maintaining a steady blood sugar (or glucose) level is an important wellness pillar. Though it helps enable a number of crucial functions, too much — or too little — blood sugar can create an issue. Explore our herbal and whole food-based supplements that, along with a healthy diet and regular exercise, can encourage normal metabolism and help keep blood sugar levels in a normal range.\*



#### Diaplex® Healthy Glucose Metabolism\*

A chromium supplement that supports healthy sugar handling to help maintain blood sugar levels already within normal range.\*



#### Whole Food Fiber Bridge the Fiber Gap

A good source of dietary fiber from nutrient-rich whole foods. Adequate fiber consumption helps maintain blood sugar levels that are already within normal range.\*



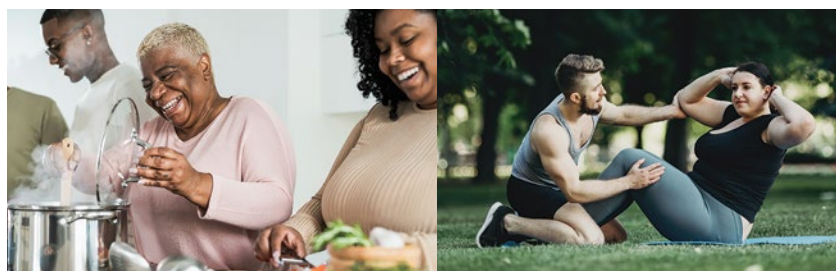
#### MediHerb® Gymnema Anti-Sweetness Activity\*

Contains Gymnema leaf, which provides anti-sweetness activity by suppressing the ability to detect sweet tastes.\*



#### MediHerb® Metabol Complex Multi-Action Metabolic Support\*

Contains Fenugreek, Black Cumin seed, Bitter Melon and Cinnamon to provide multi-action metabolic support.\*



Explore these products, and many more, at  
[standardprocess.com/BloodSugarMetabolism](https://standardprocess.com/BloodSugarMetabolism)



\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.