A High Risk of Nutrient Deficiency



Approximately 88 percent of U.S. adults fall short of consuming the recommended amount of daily fruit, while nearly 91 percent do not meet the recommendation for daily vegetable intake.^{1,2} This can lead to a lack of:



Antioxidants



B Vitamins



Vitamin D



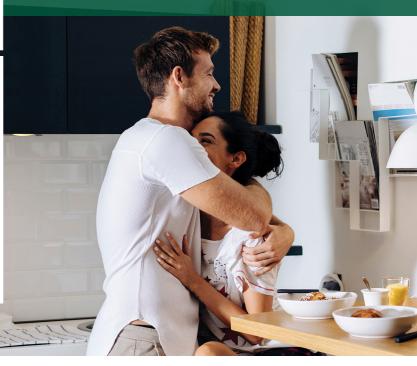
Phytonutrients

Changing Lives with Nutrition

Standard Process:

- Is committed to changing lives with a whole food philosophy
- · Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- · Teams-up with health care professionals
- · Has been trusted for generations, with products that have been changing lives since 1929





The Nutritional Foundation for Wellness

- 1. Lee-Kwan, S.H., Moore, L.V., Blanck, H.M., Harris, D.M. & Galuska, D. Disparities in State-Specific Adult Fruit and Vegetable Consumption - United States, 2015. MMWR Morb Mortal Wkly Rep 66, 1241-1247 (2017)
- 2. 2020-2025 Dietary Guidelines for Americans. . Services USDoAaUSDoHaH. (2020)

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Everyday Support to Help You Enjoy Wellness



Catalyn®

More Than Just a Multivitamin

Dr. Royal Lee's first product. It contains antioxidants, multiple vitamins, and vital nutrients from whole food and other sources.*



Cataplex® D

Bone & Immune Health*

A vitamin D supplement that provides 40 mcg (1,600 IU) of vitamin D that supports the immune system, bone health, and mineral absorption.*



For many of us, busier lives may mean more meals on the go — and less-than-ideal nutrition. Fortunately, when the diet falls short, general wellness supplements can step up. Explore our line of herbal and whole food-based supplements that, along with a healthy diet and regular exercise, can help you live a healthier lifestyle.



General Health Pack

Contains Three Daily Supplements

General Health Packs provide convenient foundational maintenance support to help patients maintain optimal health.*



Tuna Omega-3 Oil

Bridges Omega-3 Dietary Gap*

Helps bridge the gap in dietary omega-3 intake and supports the body's natural inflammatory response function.*



Explore these products, and many more, at **standardprocess.com/wellness**

