

AllergCo

Herbal Support for Seasonal Stresses*

Albizia is traditionally used in Ayurvedic herbal preparations to:

- ✓ Enable a normal response to **occasional seasonal stresses**
- ✓ Support a **normal immune response**
- ✓ Maintain normal **respiratory tract function**
- ✓ Maintain healthy breathing passages to **support normal breathing**
- ✓ Support **healthy skin***

Chinese Skullcap is used in Traditional Chinese herbal preparations to:

- ✓ Support the body's organs of **elimination**
- ✓ Clear heat and **dry dampness***

Nigella contains antioxidant activity properties*

MediHerb AllergCo contains quality herbal extracts of Albizia (*Albizia lebbek*) bark, the root of Chinese or 'Baical' Skullcap (*Scutellaria baicalensis*) and Black Cumin Seed (*Nigella sativa*), also known as 'Nigella', 'Black Cumin' or 'Black Caraway'.

This special formulation is based on thousands of years of traditional knowledge of the individual herbs, as well as the latest modern evidence. It enables the body to respond more normally to occasional seasonal stresses where healthy respiratory, immune and skin functions are required. In addition, MediHerb AllergCo provides important antioxidant activity to help reduce damage to body cells from common environmental free radicals.*

How Occasional Seasonal Sensitivities May Affect You

It is not uncommon for healthy people to experience mild seasonal stresses to substances in the environment from time to time. These seasonal responses are regulated by our immune system, which is closely interconnected with many other body systems, such as the upper and lower respiratory system (i.e. the nasal passages, sinus cavities, and lungs) as well as the skin. While mild seasonal stresses can be bothersome, they are often of temporary nature and may be relieved when the involved body systems are supported and encouraged to function more normally.



M1750 60 Tablets

Suggested Use:

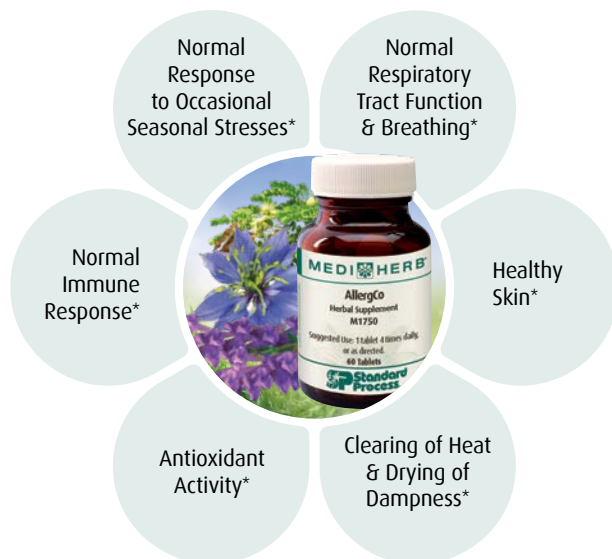
1 tablet 4 times daily, or as directed.

Supplement Facts			
Serving size:	1 Tablet		
Servings per container:	60		
	Amount per Serving	%DV	
Calcium	81 mg	6%	
Albizia stem bark 8:1 extract from <i>Albizia lebbek</i> stem bark 800 mg	100 mg	†	
Chinese Skullcap root 4:1 extract from <i>Scutellaria baicalensis</i> root 800 mg	200 mg	†	
Black Cumin seed 5:1 extract from <i>Nigella sativa</i> seed 500 mg	100 mg	†	
† Daily Value (DV) not established.			

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, silicon dioxide, hypromellose and magnesium stearate.

Cautions: Contraindicated in pregnancy and in women wishing to conceive. Not to be used during lactation unless otherwise directed by a qualified health care professional. Caution in patients taking concurrent medication including statins.

Figure 1: Summary of Beneficial Traditional & Other Health Effects of MediHerb AllergCo



How AllergCo Supports Your Health:



Albizia has a long history of traditional use in India¹ and is used in many Ayurvedic herbal preparations that aim to support normal body responses to occasional seasonal stresses. This involves the maintenance of normal healthy respiratory passages in order to support normal breathing, as well as normal healthy skin function.^{2,3,4,5,6*}



Chinese or 'Baical' Skullcap is used in traditional Chinese medicine (TCM) to 'clear heat and dry dampness' and support the body's organs of elimination,^{4,5,7,8,9} so to assist in the relief of temporary seasonal stresses such as those affecting the skin, eyes, throat, ears and nose.^{8*}



Finally, the active component thymoquinone contained in **Nigella** provides important cellular antioxidant activity,^{10,11} thereby supporting the body's overall defense mechanisms against oxidation.^{12,13*}

References

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- 9 Chen JK & Chen TT. *Chinese Medical Herbology and Pharmacology*. Art of Medicine Press, USA, 2012.
- 10 Ardiana M, Pikir BS, Santoso A, Hermawan HO, Al-Farabi MJ. *Effect of Nigella sativa Supplementation on Oxidative Stress and Antioxidant Parameters: A Meta-Analysis of Randomized Controlled Trials*. *ScientificWorldJournal*. 2020 May 6; 2020:2390706.
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MediHerb Quality Choice

Results-driven formulations

MediHerb develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing ingredients to bottling to ensure the high standard of our herbal extracts.

Strict product testing

MediHerb has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.

Please consult the product packaging label for the most accurate product information.

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