

How is Ashwagandha Complex Different?



Supports both the nervous system and adrenal glands*



Quality-tested formula



Contains the important plant constituents



Manufactured to pharmaceutical GMP standards



Ashwagandha (*Withania somnifera*)

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Delivering Health Solutions That Work

At MediHerb we are passionate about you and your health.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference in the health outcome experienced. We dedicate ourselves to researching and making the best possible products to deliver optimal health solutions.*

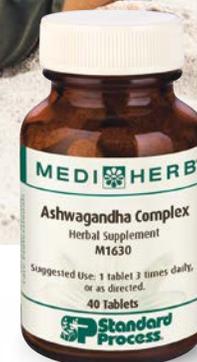
MediHerb products are developed by experts and leaders in the field of natural medicine, using scientific evidence and hundreds of years of traditional knowledge. Our products are made with only the highest-quality ingredients and manufactured in an industry-leading facility.

MediHerb® Ashwagandha Complex

Calming Support for
Temporary Stress*



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Calming Support for Temporary Stress*



No matter where we are or what we do, some level of occasional stress is part of life. It might be the traffic in our daily commute, or pressure at work or school. Back at home, there are always things to take care of, from bills to cleaning, cooking and looking after the family. Even the thrill of a new job or relationship may cause a temporary stress response.

Ashwagandha Complex provides support to help manage life's ups and downs. By helping both the nervous system and adrenal glands, it may assist our body's ability to combat temporary stress and maintain well-being.*

What is Ashwagandha Complex?

Ashwagandha Complex is a combination of four high-quality herbs: *Withania somnifera* (Ashwagandha), Licorice, Skullcap and Korean Ginseng.

As one of the most soothing herbs for occasional stress, Ashwagandha has been used traditionally for more than 5,000 years. In Hindi, "Ashwagandha" loosely translates as the "strength of ten horses" – thanks to the plant's reputation as a natural energizer.*

Licorice can aid healthy adrenal function, gently helping the body to adapt when challenged by temporary stress. Skullcap is an effective tonic for the nervous system, especially during times of occasional stress. The restorative benefits of Korean Ginseng make it easier to cope with temporary stress and can help promote vitality and stamina.*

Who Needs Ashwagandha Complex?

Because we can all feel occasionally stressed and overtired from time to time, everyone can benefit from **Ashwagandha Complex**.*

Busy mothers, hard-working executives, people in demanding jobs and anyone with a hectic schedule will often be worn out, but unable to switch off when the chance comes to relax. To help nurture general health and wellness, **Ashwagandha Complex** helps the body adapt to the changes of everyday life. It's gentle enough to take every day, while easing the effects of temporary stress.*

Compelling
Benefits



Ashwagandha Complex:

- ✓ Works as a tonic to maintain or improve general well-being
- ✓ Helps the body adapt to the changes of everyday life
- ✓ Maintains feelings of general well-being when experiencing temporary stress
- ✓ Supports a healthy immune system
- ✓ Promotes vitality and stamina in people of any age
- ✓ Supports and maintains the body as it ages
- ✓ Helps maintain healthy mood balance*



Ask your health care professional today about Ashwagandha Complex.

They will be able to inform you of any cautions to be aware of when taking this product.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Licorice (*Glycyrrhiza glabra*)