

# How is Ashwagandha Forte Different?



Rejuvenating **nervine** & **immune system tonic**\*



**Guaranteed** withanolide levels – important plant constituents



Extracted **without** the use of **harsh solvents**



Manufactured to pharmaceutical **GMP standards**



Ashwagandha (*Withania somnifera*)

**MEDIHERB**

[mediherb.com](http://mediherb.com)

**Standard Process**  
Exclusive United States Distributor of MediHerb®

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## Delivering Health Solutions That Work

At MediHerb we are passionate about you and your health.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference in the health outcome experienced. We dedicate ourselves to researching and making the best possible products to deliver optimal health solutions.\*

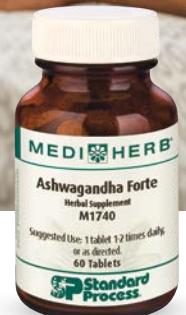
MediHerb products are developed by experts and leaders in the field of natural medicine, using scientific evidence and hundreds of years of traditional knowledge. Our products are made with only the highest-quality ingredients and manufactured in an industry-leading facility.

# MediHerb® Ashwagandha Forte

Rejuvenating Tonic for Stress,  
Immune System & Cognition\*



**MEDIHERB**



# Ashwagandha Forte

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Modern-day life can be exhausting. Its non-stop stresses and strains can have a chronic impact on many of the body's delicate systems.

In traditional Ayurvedic and Chinese medicine, Ashwagandha has long been considered nature's gift to humanity. Commonly known as *Indian ginseng*, it's believed to have the dual ability to energize and calm at the same time.\*

MediHerb Ashwagandha Forte may be your new best friend. Its high-quality Ashwagandha root is traditionally used in Ayurvedic herbal preparations as a rejuvenative tonic to support the body's natural immune system, build strength, promote healthy sleep, encourage alertness and support a sharp memory.\*

## What is Ashwagandha Forte?

For thousands of years, Ashwagandha has been used to replenish the body's vital reserves and treat everyday woes like fatigue, physical and mental stress.\*



Ashwagandha Forte is a nourishing and rejuvenating natural tonic with a wide range of health benefits. Ashwagandha's traditional uses range from being beneficial in supporting a healthy response to environmental, biological or emotional challenges, to helping support the tone, vigor and function of the nervous system.\*

Each tablet of Ashwagandha Forte provides the equivalent of 4 g dry Ashwagandha root and is standardized to provide 10 mg of withanolides (the key active component of Ashwagandha herb).

As a single-ingredient preparation, Ashwagandha Forte allows for flexible dosing options. Ashwagandha has a multitude of clinical applications and can be taken in addition with a number of other MediHerb products.

## Who Needs Ashwagandha Forte?

Individuals who need well-being support after challenge and/or want to support a healthy immune system, often impacted by everyday life changes, may benefit from taking Ashwagandha Forte.\*

Ashwagandha root has also been traditionally used to help encourage a healthy response to environmental stresses. If you're looking to support healthy cognition, learning and memory, this rejuvenating tonic may provide the support you need.\*

Ashwagandha root has been traditionally used in Ayurvedic herbal preparations:

- ✓ As a rejuvenative tonic to support the body's natural immune system
- ✓ To support general well-being after challenge
- ✓ As a nervous system relaxant that calms the mind and soothes the nerves
- ✓ To encourage a healthy response to environmental stresses
- ✓ To support healthy cognition, learning and memory
- ✓ To relieve mild, occasional sleeplessness
- ✓ To support the body as it ages\*



Ask your health care professional today about Ashwagandha Forte.

They will be able to inform you of any cautions to be aware of when taking this product.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.