

Broncafect®

Cough Reflex & Respiratory Function Support*



IMMUNE SUPPORTING COUGH FORMULA*

HEALTHY RESPIRATORY TRACT FUNCTION*

SUPPORTS NORMAL MUCUS FLOW*

M1775 60 Tablets

Suggested Use:

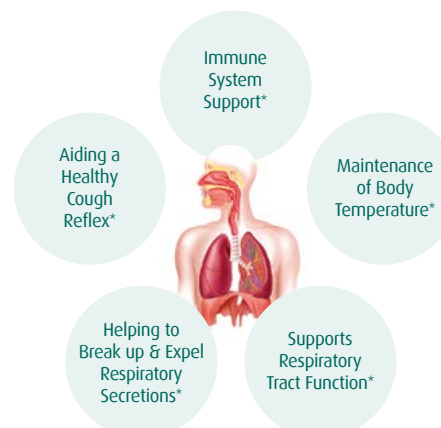
2 tablets 2-4 times daily, or as directed.

Supplement Facts			
	Amount per Serving	%DV	
Serving size:	2 tablets		
Servings per container:	30		
Calcium	116 mg	8%	
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root 1.5 g	214.2 mg	†	
Pleurisy root 4:1 extract from <i>Asclepias tuberosa</i> root 750 mg	187.5 mg	†	
Echinacea root 6:1 extract from <i>Echinacea purpurea</i> root 750 mg	125 mg	†	
White Horehound herb 4:1 extract from <i>Marrubium vulgare</i> herb 360 mg	90 mg	†	
Thyme (<i>Thymus vulgaris</i>) essential oil	20 mg	†	
Ginger rhizome 30:1 extract from <i>Zingiber officinale</i> rhizome 360 mg	12 mg	†	
† Daily Value (DV) not established.			

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, maltodextrin, silicon dioxide, magnesium stearate and hypromellose.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Contraindicated in known allergy to plants of the daisy family.

Figure 1: Beneficial Health Support with MediHerb Broncafect®



Broncafect® contains Licorice, Pleurisy Root, Echinacea, White Horehound, Ginger and Thyme essential oil which are traditionally used in herbal preparations to:

- ✓ Support healthy respiratory tract function
- ✓ Support healthy immune system function
- ✓ Support the body's normal cough reflex
- ✓ Aid the body's natural ability to break up respiratory secretions, thereby supporting normal mucus flow
- ✓ Assist the body in maintaining normal body temperature already in a normal range*

MediHerb Broncafect® tablets are a traditional immune supporting cough formula containing Licorice, Pleurisy Root, Echinacea, White Horehound, and Ginger, as well as essential oil from Thyme to support healthy respiratory tract function throughout the year, especially during the colder months.*

The Two Sides of Respiratory Mucus and The Role of Coughing

Coughing is a natural reflex action to help clear the airways of minor foreign particles. As they become trapped by normal respiratory mucus, they can easily be expelled during the coughing process. The mucus that is produced by special membranes that line the entire respiratory tract also helps to protect the delicate cells of the airways.¹ However, when respiratory mucus thickens, we may feel a little 'congested' which in turn increases our need to cough to help move the flow of mucus outwards. This may happen especially during the colder months when we also occasionally or seasonally develop mild coughs. Supporting the body's natural cough reflex and its ability to break down that pesky mucus can provide some relief along the way. Moreover, it is beneficial during this time to support general healthy immune system function and to assist the body in maintaining normal body temperature already in a normal range.

How Broncafect® Supports Your Health:



Immune Supporting Cough Formula

- Broncafect® tablets help to strategically address the symptoms and underlying factors associated with mild coughs.*
- As a foundation, it contains **Echinacea**: one of the most reputable traditional herbs used to support both the immune system and upper respiratory system.^{2-5*}
- It also features three other traditional herbs: **Licorice**, **Pleurisy Root** and **White Horehound** to support the body's natural cough reflex and help clear any mucus from the respiratory tract.^{1-3,5-9*}
- Flavorsome **Thyme** essential oil is added to further support the natural cough reflex,^{10,11} while sweet-tasting **Licorice**, arguably the most treasured traditional herb soothes mucus membranes in the body.^{1,2,5-8*}
- Finally, **Pleurisy Root** and **Ginger** assist in maintaining normal body temperature already within the normal range.^{1,7*}

References

- ¹ Hoffmann D. *Medical Herbalism. The Science and Practice of Herbal Medicine.* Healing Arts Press, Vermont, 2003.
- ² Bone K, Mills S. *Principles and Practice of Phytotherapy.* 2nd Edition, Churchill Livingstone, Sydney, 2013.
- ³ Bone K. *A Clinical Guide to Blending Herbs.* St. Louis: Churchill Livingstone; 2003.
- ⁴ Bradley P. *British Herbal Compendium.* British Herbal Medicine Association, Volume 2, Bournemouth, 2006.
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- ⁶ Bradley P, editor. *British Herbal Compendium.* Vol.1. Exeter: Bournemouth: British Herbal Medicine Association; 1992.
- ⁷ British Herbal Medicine Association (BHMA) Scientific Committee. *British Herbal Pharmacopoeia.* Bournemouth: BHMA; 1983.
- ⁸ World Health Organization. *WHO monographs on selected medicinal plants.* World Health Organization, Volume 1, Geneva, 1999.
- ⁹ Mills S. *The A-Z of Modern Herbalism. A Complete Guide to Practical Herbal Therapy.* London: Thorsons/Harper Collins Publishers; 1989.
- ¹⁰ European Medicines Agency. *Community Herbal Monograph on Thymus vulgaris L., Thymus zygis Loeffl. ex L., aetheroleum.* 2010.
- ¹¹ Price S & Price L. *Aromatherapy for Health Professionals.* Appendix A. EOs for general use in healthcare settings. 4th edition, Churchill Livingstone / Elsevier, Sydney, 2012.

MediHerb Quality Choice

Results-driven formulations

MediHerb develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing ingredients to bottling to ensure the high standard of our herbal extracts.

Strict product testing

MediHerb has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.

Please consult the product packaging label for the most accurate product information.

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