

Catalyn[®], Catalyn[®] GF, Catalyn[®] Chewable



FOUNDATIONAL
HEALTH



Features of Catalyn:

- Supplies multiple vitamins for complete, complex nutritional supplementation
- Designed to bridge nutritional gaps in the diet
- Encourages healthy cell functioning
- Supports overall well-being
- Excellent source of vitamin D, vitamin B6, and antioxidant vitamin A
- Good source of thiamin and riboflavin*

A Whole Food Matrix Supports Whole Body Health

Many Americans are not consuming adequate amounts of fruits and vegetables — a shortfall that contributes to more than a third of the population not receiving the Estimated Average Requirements (EARs) for vitamins such as A, C, and D.¹

Catalyn, and a healthy diet rich in fruits and vegetables, can help fill the nutrient gap. It was the first product developed by the founder of Standard Process, Dr. Royal Lee, in 1929. It contains vital nutrients from whole foods and other sources.



The Standard Process certified organic farm grows multiple plants which are vital ingredients in Catalyn, such as alfalfa and pea vine. Each plant is carefully prepared to deliver its nutritional benefits.²

FIGURE 1. The whole food matrix includes a blend of organic plants: alfalfa, sweet potato, carrots, mushrooms, and pea vine.



Supplement Facts

Serving Size: 3 Tablets
Servings per Container: 3

	Amount per Serving	% Daily Value
Total Carbohydrate	<1g	<1%
Vitamin A	360mcg	40%
Vitamin C	4mg	4%
Vitamin D	7.8mcg	39%
Thiamin	0.2mg	17%
Ribofavin	0.2mg	15%
Vitamin B6	1mg	59%

Proprietary Blend 766mg
† Defatted wheat (germ), calcium lactate, organic carrot (root), organic sweet potato, nutritional yeast, bovine adrenal, bovine liver, magnesium citrate, bovine spleen, ovine spleen, bovine kidney, organic dried pea (vine) juice, organic dried alfalfa (aerial parts) juice, oat four, sunflower lecithin, organic shiitake mushroom powder, organic reishi mushroom powder, and rice (bran).

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, glycerine, arabic gum, ascorbic acid, starch, calcium stearate, cholecalciferol, pyridoxine hydrochloride, vitamin A palmitate, sucrose, thiamine hydrochloride, and ribofavin.

View Catalyn GF and Catalyn Chewable product labels at standardprocess.com

Available Sizes:

- Catalyn 90 Tablets
- Catalyn 360 Tablets

Please consult the actual product label for the most accurate product information

NOTES

DOSAGE AM

PM

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Antioxidants

Catalyn provides both fat- and water-soluble vitamins. Vitamin A supports antioxidant activity to protect against free radicals, promote healthy cell functions, and support healthy tissue functions.³⁻⁵ Antioxidants also support the immune response to help maintain health.⁶

Vitamin D

Globally, vitamin D insufficiency affects close to half of the population. Patients with inadequate sun exposure are at risk of frank vitamin D deficiency.⁷ Vitamin D is a fat-soluble vitamin with properties similar to a hormone that support bone health and development, cellular function, neuromuscular function, and immune function.⁸

B Vitamins

Catalyn incorporates B vitamins that are vital cofactors for hundreds of biological functions in the body.

- Thiamin (vitamin B₁) acts as a co-enzyme associated with the metabolism of carbohydrates and proteins.^{9,10}
- Riboflavin (vitamin B₂) is an essential cofactor for other vitamins like vitamin B₆ to be effective, and is also involved in the glutathione redox cycle (antioxidants produced by the body).^{10,11}
- Vitamin B₆ is a cofactor involved in hemoglobin synthesis and metabolism.¹¹

Phytonutrients

Phytonutrients are natural, plant-derived compounds that support life and promote health. Catalyn is formulated with phytonutrients from plants like alfalfa, sweet potato, carrots, mushrooms, and pea vine may have epigenetic effect in the body, may support the microbiome, and the general health potential of an individual.¹²⁻¹⁵

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More than
80%
of the raw plant
ingredients used in our
products are grown on
our organic and
sustainable farm

**Freshly
picked crops**
are often processed
within a day to maintain
vital nutrients

We harvest more than
6.5M
pounds of ingredients
on our certified organic
and sustainable farm

Healthy Soil. Healthy Plants. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.