



Catalyn[®] with Iron

4030 150 Capsules

NON
DAIRY

NON
SOY

VITAMINS
& MINERALS

- Supports cellular health*
- Promotes vitality*
- Supports the healthy aging body*
- Supports the body's physiological and biochemical processes*
- Supports energy metabolism, which helps cells convert macronutrients into energy*
- Contains a combination of key ingredients from Catalyn[®] and Ferrofood[®] as well as *Tillandsia usneoides* (Spanish moss)
- Excellent source of vitamin D, riboflavin, vitamin B₆, and antioxidant vitamin A
- Good source of thiamin, vitamin B₁₂, iron and antioxidant vitamin C

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warning: Not to be used if pregnant or nursing unless otherwise directed by your health care professional. Keep out of reach of children.

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 75

	Amount per Serving	%Daily Value
Vitamin A	420 mcg RAE	47%
Vitamin C	11 mg	12%
Vitamin D	7.5 mcg	38%
Thiamin	0.2 mg	17%
Riboflavin	0.3 mg	23%
Vitamin B ₆	1.2 mg	71%
Vitamin B ₁₂	0.4 mcg	17%
Calcium	20 mg	2%
Iron	2 mg	11%

Proprietary Blend 854 mg †
Defatted wheat germ, organic carrot, bovine adrenal, organic sweet potato, nutritional yeast, fat soluble extract from alfalfa (leaf) and sunflower seed, magnesium citrate, bovine liver, bovine spleen, ovine spleen, bovine kidney, organic alfalfa (aerial parts) juice powder, carbamide, oat flour, bovine spleen PMG[™] extract, veal bone, bovine bone, sunflower lecithin powder, organic shiitake mushroom powder, organic reishi mushroom powder, rice bran, porcine duodenum, choline bitartrate, citric acid, Spanish moss (*Tillandsia usneoides*), porcine stomach parenchyma, organic buckwheat (aerial parts), organic pea vine juice powder, licorice (root), and organic flaxseed oil.

†Daily Value not established.

Other Ingredients: Calcium lactate, gelatin, ferrous lactate, water, ascorbic acid, calcium stearate, pyridoxine hydrochloride, vitamin A palmitate, thiamin hydrochloride, dicalcium phosphate, d-alpha tocopherol (vitamin E sunflower), riboflavin, cholecalciferol, and cyanocobalamin.

Contains: Wheat.

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Support at the Cellular Level

Catalyn[®] with Iron contains essential vitamins and minerals that have important roles in normal cellular functions that support the body's biochemical and physiological processes.¹⁻¹⁴

Thiamin (B₁)	<ul style="list-style-type: none"> • Cofactor for energy production
Riboflavin (B₂)	<ul style="list-style-type: none"> • Coenzyme for energy production • Cofactor for antioxidant enzymes • Participates in homocysteine metabolism
Vitamin B₆	<ul style="list-style-type: none"> • Coenzyme for over 100 reactions including protein and homocysteine metabolism • Cofactor for neurotransmitter synthesis
Vitamin B₁₂	<ul style="list-style-type: none"> • Required for central nervous system function and red blood cell formation • Cofactor for DNA synthesis, folate, and homocysteine metabolism
Vitamin C	<ul style="list-style-type: none"> • Essential cofactor for synthesis of collagen, carnitine, and neurotransmitters • Antioxidant function • Supports immune function
Vitamin A	<ul style="list-style-type: none"> • Regulates cellular growth, differentiation and communication • Supports immune function • Required for vision
Vitamin D	<ul style="list-style-type: none"> • Supports Bone health • Modulates cell growth, neuromuscular and immune function, and glucose metabolism
Iron	<ul style="list-style-type: none"> • Component of proteins and enzymes involved in energy production; cell growth, replication, and function; oxygen transport; and DNA synthesis

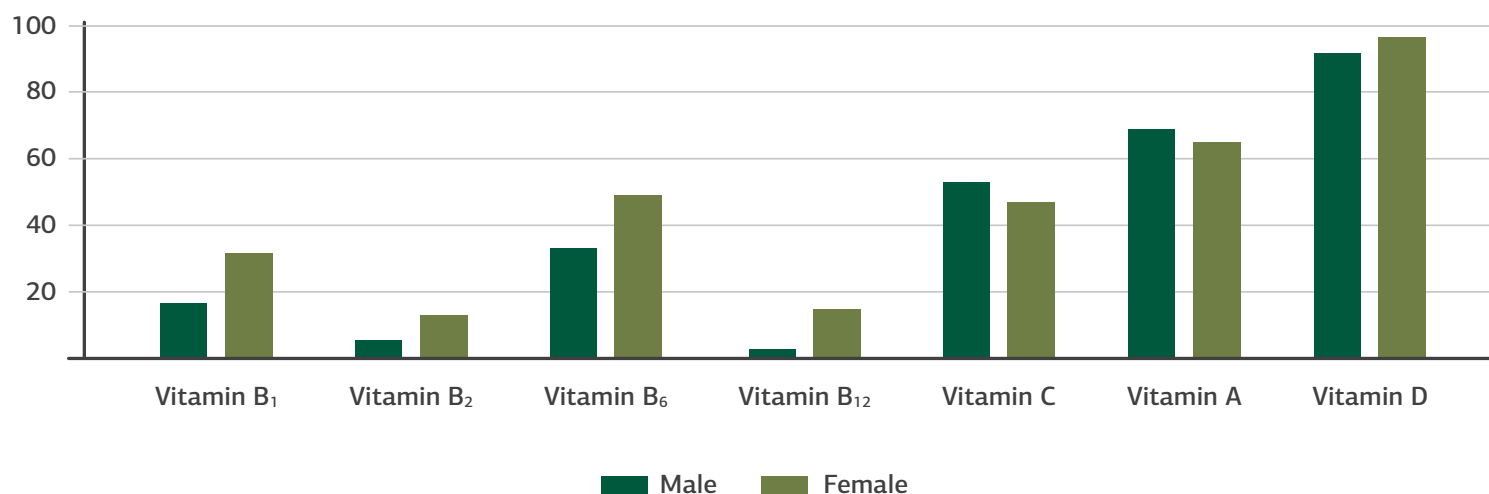
Catalyn® with Iron Supports the Healthy Aging Body*

Aging is associated with increased risk of low vitamin consumption. Among older adults, 50% have a vitamin and mineral intake less than the recommended dietary allowance (RDA), while 10-30% have subnormal levels of vitamins and minerals.¹⁵⁻¹⁶ One serving of Catalyn® with Iron at the suggested intake provides the following key vitamins and minerals that are recommended by the National Institute on Aging and can thus support healthy aging.¹⁷

Vitamins and Minerals in Catalyn® with Iron Support Energy Metabolism and Promote Vitality*

Dietary macronutrients provide the fuel required to maintain the biochemical and structural integrity of the body in order to perform physical activity and enable new tissue formation.¹⁸ Proper metabolism of macronutrients requires many vitamins and minerals, such as vitamins B₁, B₂, B₃, B₅, B₆, B₁₂, and C, iron, and magnesium which are provided in Catalyn® with Iron.

Percent of Male and Female Seniors (>70 years) With Vitamin Intakes Below Age-Specific Estimated Average Requirement



Since 1929,
Standard Process
has been changing
lives with our whole
food philosophy.

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