

Cruciferous Complete™

GLUTEN FREE

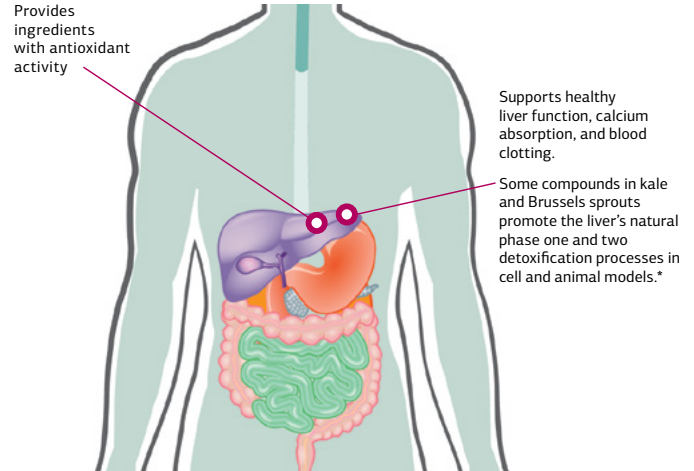
LIVER SUPPORT



Features of Cruciferous Complete:

- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function.
- Our research shows some compounds in kale and Brussels sprouts promote the liver's natural phase one and two detoxification processes in cell and animal models.^{1,2*}

FIGURE 1. How Cruciferous Complete supports health*



Nutritional Support for Healthy Liver Function

Concerns of the liver have been increasing steadily over the years.³ Dietary support of the liver with plant-based ingredients is an important constituent of nutritional support.⁴ Any imbalance of the cellular redox system leads to oxidative stress, and that is one of the factors that affects liver health.⁵⁻¹²

Cruciferous vegetables are rich sources of sulfur-containing compounds (glucosinolate), and the biological actions of glucosinolate-derived isothiocyanates contributes to various health-promoting effects.¹³ High intakes of fruits and vegetables have been associated with a positive health status along with a healthy inflammatory and metabolic process.⁵⁻¹² Antioxidants in plants may help support the healthy inflammation response and metabolic conditions beneficial to health.

Supplement Facts

| Serving Size: 1 Capsule | | |
|--|--------------------|--------------|
| Servings per Container: 90 | | |
| | Amount per Serving | %Daily Value |
| Vitamin K1 | 4 mcg | 3% |
| Potassium | 10 mg | <1% |
| Proprietary Blend | 500 mg | † |
| Organic kale (aerial parts) and organic brussels sprouts (aerial parts). | | |
| †Daily Value not established. | | |

Other Ingredients: Gelatin, water, and calcium stearate.

Available Size:

- Cruciferous Complete 90 Capsules

Please consult the actual product label for the most accurate product information

NOTES

DOSAGE AM

PM

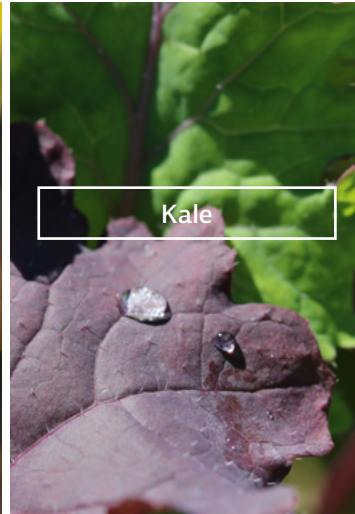
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Organic Farmland



Brussels Sprouts



Kale

We regularly grow the organic kale and Brussels sprouts in Cruciferous Complete on the Standard Process organic farm.



Additional Liver Support

- Garlic
- Livaplex®
- Spanish Black Radish

REFERENCES

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More than
80%
of the raw plant
ingredients used in our
products are grown on
our organic and
sustainable farm

**Freshly
picked crops**
are often processed
within a day to maintain
vital nutrients

We harvest more than
6.5M
pounds of ingredients
on our certified organic
and sustainable farm

Healthy Soil. Healthy Planet. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.