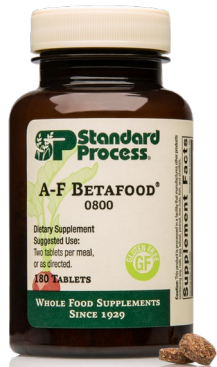
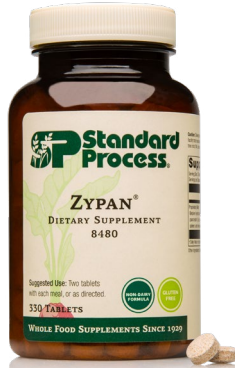


# Support Your Digestive Health With These Supplements

**Zypan®** combines pancreatin, pepsin, and betaine hydrochloride to facilitate healthy digestion and also supports the GI tract.\*



**A-F Betafood®** includes an array of whole food-based ingredients to support healthy fat digestion and healthy bowel functioning.\*

**MediHerb® DiGest Forte** contains Gentian, Ginger, Tangerine, Wormwood and Feverfew to support healthy digestion and intestinal function.\*



Ask your health care professional which supplements are right for you.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# THE STANDARD PROCESS DIFFERENCE

## Changing Lives With Nutrition

### Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Partners with health care professionals
- Has been trusted for generations, with products that have been changing lives since 1929

*At our practice, we believe that given the proper nutrition, the body has the amazing ability to keep itself healthy. We also believe that nutrition should be individualized to meet each patient's needs. We recommend and trust Standard Process nutritional supplements made with whole food and other ingredients.*



High-quality ingredients that work the way nature intended

# Good Health Begins in Your Gut

A healthy digestive system is key to your overall health and well-being



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## Are You Experiencing These Symptoms of Poor Digestion?

People often become accustomed to dealing with unpleasant digestive challenges, such as:



Gas



Occasional Discomfort



Occasional Constipation



Occasional Bloating



Belching



Loose Stool

Your digestive system is about more than what foods you eat. A well-functioning digestive system is important to overall health and well-being.

More than 50 million Americans visit their health care providers each year due to digestive concerns.<sup>1</sup> As people age, the level of digestive enzymes in their bodies may diminish, which can lead to poor digestion. This can have many negative effects on the body that may include stress on the immune system, decreased energy levels, and a lowered ability to properly absorb nutrients.

Don't let poor digestion interfere with your day-to-day living. Creating healthy habits, along with

supporting your diet with supplements, may help to support your digestion. Talk to your health care professional and develop a plan that's right for you.

**Over 70 percent of your immune system is in your digestive tract, making healthy digestion key in overall wellness.**

