

Ideal Dispensary

Advanced Nutrition Therapy
Resiliency / Stress Response

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients.

More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.



Foundational Health

Health and Wellness

Preventative Care

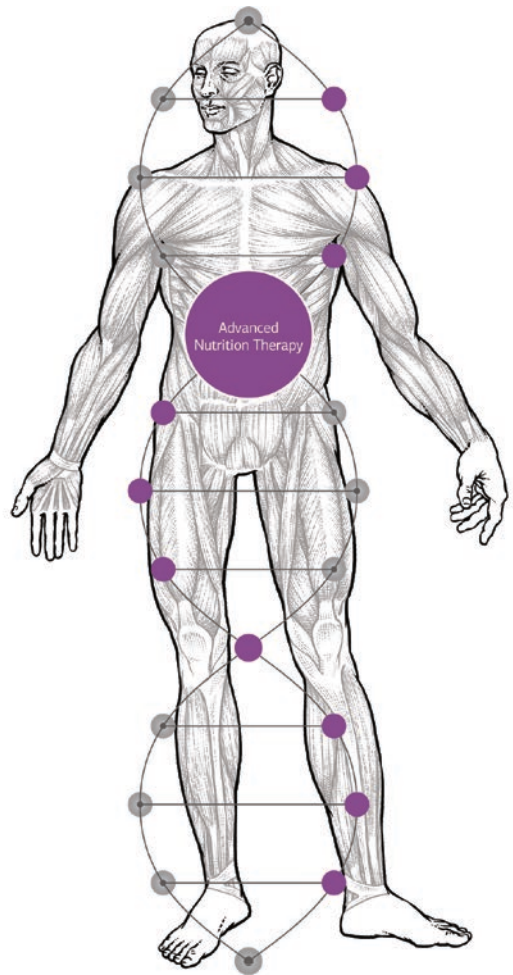
Active Health Management

Condition-Specific Management

Specific System Support

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Resiliency / Stress Response Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced clinical insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve

a normal health trajectory. These important systems, including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

An individual's ability to respond and recover to a health challenge is often determined by how resilient they may be to daily stressful events in their lives. Stress often leads to a cascade of system changes and responses that challenge underlying systems, alter their normal functional potential and can progress to more serious health issues. The continuum of stress and resiliency tends to vary by individual and is affected by basic nutritional needs. For those not meeting the full nutritional needs to support these systems, such as inadequate levels of magnesium, a stress response may be more challenging, leading to elevated stress

hormones and responses. A variety of classic nutrients and an appropriate selection of herbal solutions ranging from magnesium to omega-3 fatty acids to ashwagandha and others can offer nutritional solutions that support a normal response and resiliency to stress. This guide is intended to highlight the various options of supplements and herbal solutions that have been associated with and shown to support this important issue.

Stress is a series of responses that has an underlying basis on nutrition support of body systems directly associated with the stress functional response. Understanding the options of supplements and herbal solutions available to support an individual's unmet needs can provide personalized and effective care that can improve this important system and associated health issues.

The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that can support the normal functional response of the stress and resiliency systems.



Hemp Oil Complex™

Hemp Oil Complex™ is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body – supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous antioxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea®

Suggested use: Two softgels per day, or as directed.





Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



ProSynbiotic

ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health.*

- Contains research-supported strains of lactic acid bacteria (*Lactobacillus* and *Bifidobacterium*) and *Saccharomyces cerevisiae* var. *boulardii*
- Contains inulin (a nondigestible soluble fiber from chicory root) and galactooligosaccharides (nondigestible carbohydrates), both of which are used by probiotic bacteria as food
- Useful in maintaining a healthy gut microbial environment
- Supports the body's natural absorption of calcium and magnesium
- Improves nutrient digestion and absorption
- Supports normal bowel regularity and consistency
- Supports the body's natural immune system response function*

Suggested use: Three capsules per day, or as directed.

Special information: Store in a cool, dry place. Although research varies, our strains seem to work best when taken after a meal.



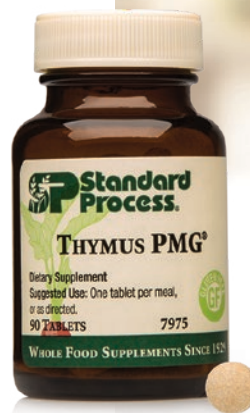


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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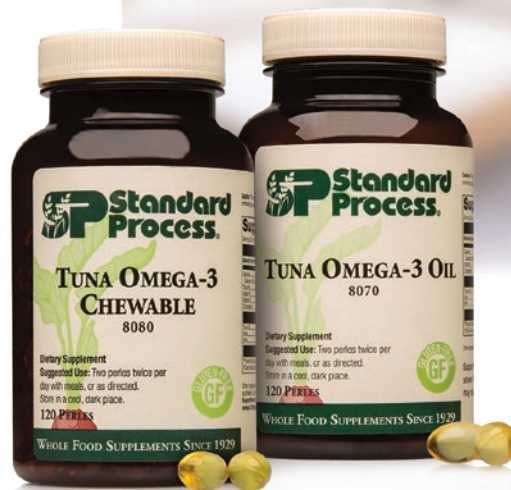
Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 Oil delivers essential omega-3 fatty acids.*

- Natural profile of tuna oil—not concentrated
- Supports normal lipid profiles already within normal range
- Supports the body's natural inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Third-party tested for environmental contaminants
- Supports cognition
- Supports skin and hair health
- Supports emotional balance
- DHA is important for proper fetal eye and brain development
- Supportive but not conclusive research has shown that EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.*

Suggested use: Two softgels twice per day with meals, or as directed.

Special information: For patients needing vitamin B supplementation, you may consider recommending Folic Acid B₁₂. Store product in a cool, dark place.





Whole Food Fiber

Whole Food Fiber is a good source of fiber from nutrient-rich whole foods.*

- Contains both soluble and insoluble fiber
- Supports healthy bowel function
- Promotes regular intestinal motility and elimination
- Supports healthy epithelial cells in the bowel
- Provides food for beneficial microorganisms in the lower gastrointestinal (GI) tract
- Supports the immune system*

Suggested use: One level tablespoon (approximately 6 grams) in a blender drink per day, or as directed.

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MediHerb® Ashwagandha Complex

Ashwagandha Complex contains the following herbs: Ashwagandha, Licorice, Skullcap and Korean Ginseng. Together these herbs and the substances within them are used traditionally to:

- Work as a tonic to benefit the entire body
- Help the body adapt to the changes of everyday life
- Maintain feelings of general well-being when experiencing temporary stress
- Support a healthy immune system
- Promote vitality and stamina in people of any age
- Support and maintain the body as it ages
- Help maintain healthy mood balance

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Discontinue during an acute infection or fever. If you have a thyroid condition, use strictly under physician direction.



MediHerb® Kava Forte

This tablet contains Kava root extracted with 100% water, which provides an extract with a full spectrum of compounds including kavalactones. This product is standardized to contain 50 mg of kavalactones per tablet to ensure optimal strength and quality. The compounds in Kava Forte, particularly the kavalactones, work together to traditionally help:

- Calm the nerves
- Ease the effects of mild tension and stress
- Promote relaxation and sleep
- Support muscle relaxation*

Suggested use: One tablet two to three times daily, or as directed.

Caution: USFDA advises that a potential risk of rare, but severe liver injury may be associated with kava-containing dietary supplements. Ask a health care professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g. unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin.) Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair our ability to operate a vehicle or dangerous equipment. Not for prolonged use. Do not exceed recommended dose.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Hemp Oil Complex™

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 30
Amount per Serving	%Daily Value	
Calories	5	
Total Fat	1 g	<1%*
Cholesterol	10 mg	3%
Magnesium	45 mg	11%
Glucoraphanin	5 mg	†
DHA	130 mg	†
EPA	55 mg	†
Omega-3	230 mg	†
Omega-6	60 mg	†
Proprietary Blend	867 mg	†
Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of
Brassica Protection Products LLC: www.brassica.com/ip

Neurotrophin PMG®

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 90
Amount per Serving	%DV	
Calories	1	
Cholesterol	10 mg	3%
Calcium	10 mg	1%
Proprietary Blend	200 mg	
Porcine brain PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

ProSynbiotic

Supplement Facts		
Serving Size: 3 Capsules		Servings per Container: 30
Amount per Serving	%DV	
Calories	8	
Total Carbohydrate	1.8 g	<1%*
Proprietary Blend	1,700 mg	†
Inulin†, galactooligosaccharide (GOS) (milk)†, and probiotic blend (<i>S. boulardii</i> , <i>L. acidophilus</i> , LA-5®, <i>L. paracasei</i> , <i>L. casei</i> 431®, and <i>Bifidobacterium</i> , BB-12®) (4 billion cfu)†.		
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.		

Other Ingredients: Maltodextrin, gelatin, water, calcium stearate, and sorbitan monostearate.

Thymus PMG®

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 90
Amount per Serving	%DV	
Calories	1	
Calcium	18 mg	2%
Sodium	22 mg	<1%
Proprietary Blend	215 mg	
Bovine thymus PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Tuna Omega-3 Oil

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 90
	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%
Cholesterol	5 mg	2%
Tuna Oil	1,330 mg	†
DHA	300 mg	†
EPA	60 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, and d-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 60
	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%
Cholesterol	5 mg	2%
Vitamin D	2.5 mg	13%
Vitamin E	3.3 mg	22%
Tuna Oil	1,080 mg	†
DHA	240 mg	†
EPA	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, d-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and chocolateflavor.

Whole Food Fiber

Supplement Facts		
Serving Size: 1 Level Tablespoon		Servings per Container: 30
	Amount per Serving	%Daily Value
Calories	25	
Total Carbohydrate	5 mg	2%*
Dietary Fiber	3 g	11%*
Proprietary Blend	6 g	†
Oat fiber, beet fiber, rice (bran), organic beet (root), apple pectin, organic carrot (root), organic sweet potato, and carrot fiber.		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Soluble fiber from foods such as oat fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

MediHerb® Ashwagandha Complex

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 40 or 120
	Amount per Serving	%DV
Calcium	58 mg	4%
Skullcap herb 4:1 extract from <i>Scutellaria lateriflora</i> herb	470 mg	†
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root	750 mg	†
Ashwagandha root 10:1 extract from <i>Withania somnifera</i> root	950 mg	†
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root	100 mg	†
Containing ginsenosides*	1.68 mg	

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, maltodextrin, hypromellose, magnesium stearate, silicon dioxide and dextrose.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb® Kava Forte

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 40
	Amount per Serving	%DV
Kava root 7:1 water extract from <i>Piper methysticum</i> root	3.2 g	†
Containing kavalactones	50 mg	

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, maltodextrin, magnesium stearate, silicon dioxide, hypromellose, sodium starch glycolate and dibasic calcium phosphate dihydrate.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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