

Ideal Dispensary

Bone / Joint Support
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Foundational Health

Health and Wellness

Preventative Care

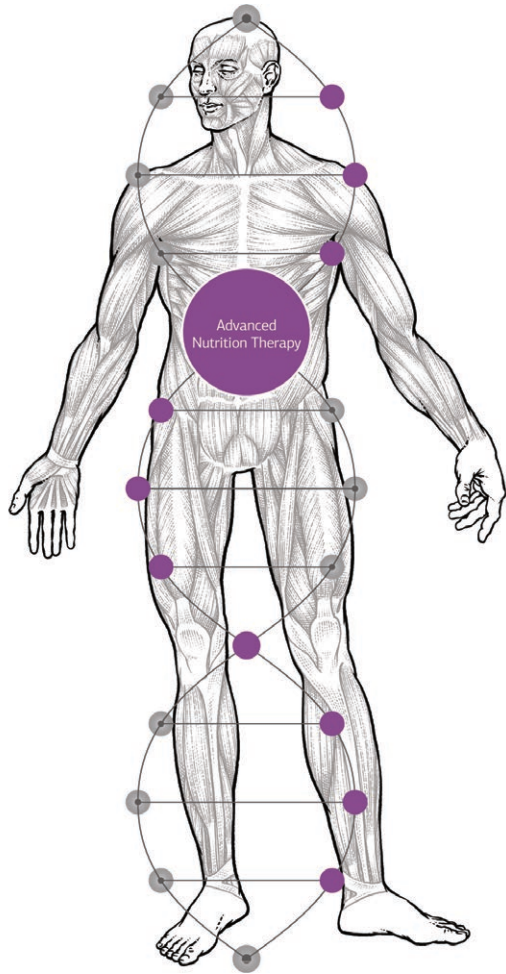
Active Health Management

Condition-Specific Management

Specific System Support

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Bundled Care Support Regimen
for Specific Health Systems



Bone / Joint Support Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous


system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

Nutrition can play an important role to help make sure that nutrient availability is optimized supporting key body functions. Recommended daily intake values supporting many key health issues, like bone health, are available and supported with whole food nutrition. The availability of balanced nutrition including calcium, vitamin D and K as co-factors all serve to support maintenance of healthy bone.^{1,2} Healthy joints are important and support normal movement. Whole food nutrition options can provide the nutrient components that are also helpful in maintaining full functionality and movement.³ This guide helps identify and select nutrition options supportive of bone and joint health and thus functional capacity and movement.

¹ Institute of Medicine Committee to Review Dietary Reference Intakes for Vitamin D, and Calcium, *The National Academies Collection: Reports funded by National Institutes of Health, in Dietary Reference Intakes for Calcium and Vitamin D*, A.C. Ross, et al., Editors. 2011. National Academies Press (US) National Academy of Sciences.: Washington (DC).

² (ODS), O.o.D.S., *Vitamin K Fact Sheet for Health Professionals*. September 26, 2018.

³ Gabrovec, B., et al., *The role of nutrition in ageing: A narrative review from the perspective of the European joint action on frailty - ADVANTAGE JA*. Eur J Intern Med, 2018. **56**: p. 26-32.



The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that can support bone and joint health and normal function for healthy movement and activity.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.

Catalyn®, Catalyn® Chewable, or Catalyn® GF

Catalyn, Dr. Royal Lee's first product, contains vital nutrients from whole food and other sources.*

- Supplies multiple vitamins for complete, complex nutritional supplementation
- Designed to bridge nutritional gaps in the diet
- Encourages healthy cell functioning
- Supports overall well-being
- Available in original formula, chewable and gluten-free*

Suggested use: Three tablets per day, or as directed.





Cataplex® D

Cataplex D supports bone health, mineral absorption, the immune system, and cellular processes.*

- Encourages healthy calcium absorption from the intestinal tract into the blood
- Supports healthy immune system response function
- Supports and maintains healthy bone density
- Provides vitamin D, which is needed by almost every cell in the body for development and transcription*

Suggested use: Two tablets per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Calcifood®

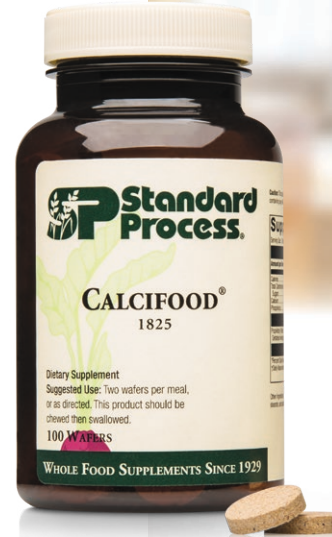
Calcifood supports calcium absorption.*

- Helps the body build strong, healthy bones
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life*

Suggested use: Two wafers per meal, or as directed.

Special Instructions: This product should be chewed then swallowed.

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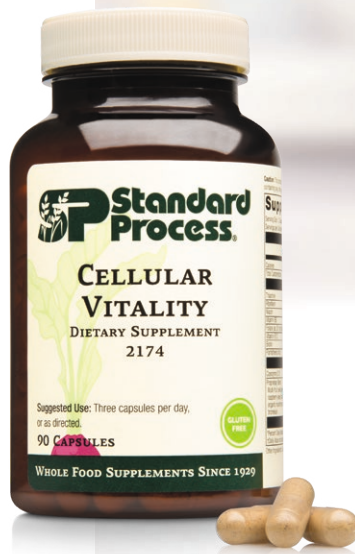
Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.

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Collagen C™

Collagen C supports healthy connective tissue.*

- Provides ingredients with antioxidant activity
- Supports and promotes normal immune system response function
- Provides whole food sources of vitamin C
- Good source of antioxidant vitamin C*

Suggested use: One tablet per meal, or as directed.



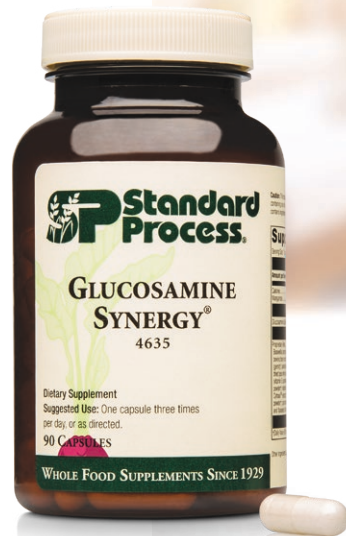
Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Contraindicated in known allergy to plants of the daisy family.

Glucosamine Synergy®

Glucosamine Synergy combines glucosamine, *Boswellia serrata*, and manganese to help maintain healthy joint function.

- Maintains healthy connective tissue
- Supports the body's normal connective tissue repair process
- Supports joint health
- Contains glucosamine and boswellia for relieving discomfort in the affected areas after strenuous exercise*

Suggested use: One capsule three times per day, or as directed.



Caution: This product contains ingredients derived from crab shells.

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Ligaplex® I

Ligaplex I contains nutrients that provide acute ligament and muscle support.*

- Supports the body's normal connective tissue repair and synthesis processes
- Supports healthy joints and muscles
- Supports bone growth and the synthesis of cartilage
- Contains buckwheat, which supports the body's natural inflammatory response function as it relates to periodic challenges like strenuous exercise*

Suggested use: Two capsules per meal, or as directed.



Ligaplex® II

Ligaplex II supports tissue and joints to maintain connective tissue health, especially for long-term support.*

- Provides the foundation to feed the musculoskeletal system and facilitate freedom of movement
- Nutritional compounds for support of proper formation and maintenance of skeletal tissues
- Involved in maintenance of healthy fluid levels
- Contains bovine heart PMG™ extract*

Suggested use: Two capsules per meal, or as directed.



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Min-Chex®

Min-Chex is a combination of minerals and synergistic factors designed to support the nervous system.*

- Supports nervous system health
- Moderate calmative that helps maintain emotional balance
- Helps ease the effects of temporary stress*

Suggested use: One capsule one half hour before each meal, or as directed.





Min-Tran®

Min-Tran is a vegetarian product that contains mineral complexes to support emotional balance.*

- Supports a healthy nervous system
- Mild calmative that helps maintain emotional balance
- Helps ease the effects of temporary stress
- Supports the actions of neurotransmitters that regulate mood*

Suggested use: Four tablets per meal, or as directed.



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Neuroplex®

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*

- Supports the nervous system
- Supports cognitive functioning
- Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two capsules per day, or as directed.



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



OPC Synergy®

OPC Synergy is a synergistic blend that supports antioxidant activity and cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.



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Organically Bound Minerals

Organically Bound Minerals contains iodine from alfalfa and kelp.*

- Encourages healthy enzyme functioning
- Promotes healthy connective tissue
- Helps maintain proper cellular energy production
- Provides ingredients with antioxidant activity
- Includes whole food-sourced ingredients with complexity maintained through careful processing
- Supports nervous system health
- Contains iodine to assist with proper thyroid function*

Suggested use: One tablet per meal, or as directed.



Caution: High dose iodine products should only be used under the direct supervision of a healthcare professional. Keep out of reach of children.



Ostrophin PMG®

Ostrophin PMG combines synergistic nutrients for natural bone health support.*

- Provides a unique profile of minerals, nucleotides, and peptides along with unknown factors
- Supports healthy bone function*

Suggested use: One tablet per meal, or as directed.



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SP Complete®

SP Complete offers essential whole food nutrition in a convenient powder.*

- Provides amino acids
- Supports intestinal, muscular, and immune system health
- Provides ingredients with antioxidant activity
- Supports healthy liver function
- Supports the body's normal toxin-elimination function
- Contains nondenatured whey proteins that have kept their nutritional integrity throughout the manufacturing process
- Supports the maintenance of a healthy weight when combined with a healthy lifestyle*

Suggested use: 2 rounded tablespoons (scoops) per shake. One to three shakes per day, or as directed. Store in a cool, dark place.



Special Instructions: Store unopened container in a cool, dark place.



Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

Special Instructions: Store product in a cool, dark place.



MediHerb® Bone Complex

Bone Complex contains Epimedium, Kudzu, Red Clover and Black Cohosh. This combination of herbs contains many compounds especially flavonoids and triterpene glycosides. Three herbs in this tablet contain standardized levels of key phytochemicals to ensure optimal strength and quality: 20 mg of icariin per tablet (from Epimedium), 28 mg/tablet of isoflavones from Kudzu (daidzein, daidzin, puerarin) and 8 mg/tablet of Red Clover isoflavones. These and other compounds within Bone Complex have been used traditionally to help mature women (age 40-60) to:

- Support healthy bone tissue in conjunction with weight-bearing exercise and a healthy diet containing food sources of calcium and vitamin D
- Support and maintain healthy bone density
- Beneficially influence normal bone remodeling*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in pregnancy, lactation and in women with estrogen-dependent tumors such as breast cancer. Caution in patients with liver problems, who frequently use alcohol or take any medications.

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MediHerb® Saligesic

Saligesic contains phenolic glycosides (including salicin), flavonoids and other phenolic compounds. Saligesic is standardized to contain 60 mg of salicin per tablet to ensure optimal strength and quality. Willow stem bark is used traditionally to:

- Support musculoskeletal system health
- Help maintain and support healthy joints
- Ease the temporary mild joint and muscle discomfort associated with exercise
- Support and maintain normal body temperature already within a normal range
- Temporarily relieve mild, occasional exercise-related lower back discomfort
- Relieve temporary mild headaches caused by occasional stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Contraindicated in known allergy or sensitivity to salicylates. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.



MediHerb® Turmeric Forte

Turmeric Forte is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability*[†] of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality.

The herbs and their constituents:

- Support a healthy inflammation response
- Traditionally maintain and support healthy joints
- Provide antioxidant activity
- Support a healthy response to environmental stressors
- Support healthy liver function
- Traditionally support healthy digestion*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

[†] Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids over unformulated curcumin.¹

¹ Kumar D, Jacob D, Subhash PS et al. J Funct Foods 2016; 22, 578-587



Appendix

Catalyn®

Supplement Facts

Serving Size: 3 Tablets
Servings per Container: 30 or 120

Amount per Serving	%Daily Value
Total Carbohydrate	<1 g
Vitamin A	360 mcg RAE 40%
Vitamin C	4 mg 4%
Vitamin D	7.9 mcg 39%
Thiamin	0.2 mg 17%
Riboflavin	0.2 mg 15%
Vitamin B6	1 mg 50%

Proprietary Blend 766 mg †
Defatted wheat (germ), calcium lactate, organic carrot (root), organic sweet potato, nutritional yeast, bovine adrenal, bovine liver, magnesium citrate, bovine saquin, ovine spleen, bovine kidney, organic dried pea (vine) juice, organic dried alfalfa (aerial parts) juice, oat flour, sunflower lecithin, organic shiitake mushroom powder, organic reishi mushroom powder, and rice bran.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, glycerine, arabic gum, ascorbic acid, starch, calcium stearate, cholecalciferol, pyridoxine hydrochloride, vitamin A palmitate, sucrose, thiamine hydrochloride, and riboflavin.

Cataplex® D

Supplement Facts

Serving Size: 2 Tablets
Serving Size: 90 or 180

Amount per Serving	%Daily Value
Vitamin A	300 mcg RAE 36%
Vitamin D	40 mcg 200%
Calcium	40 mg 4%

Ingredients: Calcium lactate, milk powder, potassium citrate, glycerine, cholecalciferol, sucrose, starch, calcium stearate, arabic gum, vitamin A palmitate, and ascorbic acid.

Calcifood®

Supplement Facts

Serving Size: 2 Wafers
Servings per Container: 50

Amount per Serving	%Daily Value
Calories	10
Total Carbohydrate	1 g
Total Sugars	1 g †
Calcium	190 mg 15%
Phosphorus	50 mg 4%
Proprietary Blend	830 mg †
Vital bone, defatted wheat (germ), date (fruit), carrot (root), and rice bran.	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, dicalcium phosphate, cellulose, bovine bone, calcium stearate, and arabic gum.

Cellular Vitality

Supplement Facts

Serving Size: 3 Capsules
Servings per Container: 30

Amount per Serving	%Daily Value
Calories	10
Total Carbohydrate	1 g
Thiamine	0.2 mg 15%
Riboflavin	0.3 mg 25%
Niacin	3 mg 20%
Vitamin B6	0.3 mg 20%
Folate (as 50 mcg folic acid)	20 mcg DFE 4%
Vitamin B12	0.5 mcg 20%
Biotin	10 mcg 20%
Pantothenic Acid	1 mg 20%

Coenzyme Q10 80 mg †
Proprietary Blend 800 mg †
Multi-fruit seed powder (ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed, and pomegranate seed), ribonucleic acid, organic mushroom powder (Cordyceps sinensis), American ginseng (root), and bromelain.

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Organic quinoa sprouts, cellulose, calcium stearate, and water.

Collagen C™

Supplement Facts

Serving Size: 1 Tablet Servings per Container: 90

Amount per Serving	%DV
Calories..... 2	
Vitamin C..... 100 mg	170%
Proprietary Blend..... 200 mg	
Echinacea (root)†, rose hips†, veal bone†, defatted wheat (germ)†, bovine adrenal†, dried buckwheat (leaf) juice†, buckwheat (seed)†, acerola (berry)†, and mushroom†.	
†Daily Value (DV) not established.	

Other Ingredients: Ascorbic acid, honey, and calcium stearate.

Glucosamine Synergy®

Supplement Facts

Serving Size: 1 Capsule Servings per Container: 90

Amount per Serving	%Daily Value
Manganese..... 1 mg	40%
Glucosamine Sulfate (from shellfish)..... 475 mg	1
Proprietary Blend..... 91 mg	1
Indian frankincense (<i>Boswellia serrata</i>), calcium lactate, nutritional yeast, carbanide, bovine bone, veal bone PMG™ extract, bovine liver, defatted wheat (germ), bovine heart PMG™ extract, magnesium citrate, oat flour, inositol, organic dried pea (vine) juice, Spanish moss (<i>Tillandsia usneoides</i>), ascorbic acid, carrot (root), ribonucleic acid, organic beet (root), organic sweet potato, bovine liver fat extract, D-alpha tocopherol (vitamin E) sunflower, bovine adrenal Cytosol™ extract, bovine kidney, bovine spleen, ovine spleen, para-aminobenzoate, organic reishi mushroom powder, organic shiitake mushroom powder, vitamin A palmitate, rice (bran), sunflower lecithin powder, cholecalciferol, organic flaxseed oil extract, and cyanocobalamin.	
†Daily Value not established.	

Other Ingredients: Gelatin, calcium stearate, water, manganese glycophosphate, starch, dicalcium phosphate, and sucrose.

Ligaplex® I

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 75

Amount per Serving	%Daily Value
Cholesterol..... <5 mg	2%
Vitamin A..... 70 mcg RAE	8%
Vitamin C..... 2 mg	2%
Vitamin E..... 1.1 mg	8%
Vitamin B12..... 5.8 mcg	240%
Phosphorus..... 20 mg	2%
Manganese..... 55 mg	2,390%
Proprietary Blend..... 770 mg	1
Bovine bone, calcium lactate, organic dried pea (vine) juice, oat flour, bovine liver, veal bone PMG™ extract, bovine kidney, organic beet (root), inositol, nutritional yeast, organic dried Swiss chard (beet leaf) juice, organic dried buckwheat (seal) (part) juice, organic buckwheat (seed), ribonucleic acid, carrot (root), organic sweet potato, bovine adrenal Cytosol™ extract, bovine spleen, ovine spleen, para-aminobenzoate, organic shiitake mushroom powder, organic reishi mushroom powder, sunflower lecithin powder, and carrot oil.	
†Daily Value not established.	

Other Ingredients: Manganese lactate, gelatin, water, calcium stearate, dicalcium phosphate, starch, D-alpha tocopherol (vitamin E) sunflower, ascorbic acid, vitamin A palmitate, and cyanocobalamin.

Ligaplex® II

Supplement Facts

Serving Size: 2 Capsules Servings per Container: 75

Amount per Serving	%Daily Value
Vitamin A..... 180 mcg RAE	20%
Vitamin C..... 1 mg	<2%
Vitamin D..... 0.6 mcg	2%
Vitamin E..... 0.7 mg	4%
Vitamin B12..... 2 mcg	80%
Calcium..... 20 mg	<2%
Manganese..... 55 mg	1,520%
Proprietary Blend..... 650 mg	1
Nutritional yeast, carbanide, bovine bone, veal bone PMG™ extract, bovine liver, defatted wheat (germ), bovine heart PMG™ extract, magnesium citrate, oat flour, inositol, organic dried pea (vine) juice, Spanish moss (<i>Tillandsia usneoides</i>), organic beet (root), carrot (root), organic sweet potato, ribonucleic acid, bovine liver fat extract, bovine adrenal Cytosol™ extract, bovine kidney, bovine spleen, ovine spleen, para-aminobenzoate, organic shiitake mushroom powder, organic reishi mushroom powder, rice (bran), sunflower lecithin powder, and organic flaxseed oil extract.	
†Daily Value not established.	

Other Ingredients: Manganese glycophosphate, gelatin, calcium lactate, water, calcium stearate, ascorbic acid, starch, D-alpha tocopherol (vitamin E) sunflower, dicalcium phosphate, vitamin A palmitate, cholecalciferol, sucrose, and cyanocobalamin.

Min-Chex®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 90
Amount per Serving	%DV
Calories.....	3
Calcium.....	20 mg.....2%
Niacin.....	25 mg.....150%
Vitamin B6.....	5 mg.....250%
Iodine.....	300 mcg.....200%
Proprietary Blend.....	274 mg
Bovine orchi Cytosol™ extract, magnesium citrate, manganese lactate, bovine liver†, porcine stomach†, soy (bean)†, bovine spleen†, ovine spleen†, para-aminobenzoic acid, defatted wheat (germ)†, porcine brain†, and ascorbic acid.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, kelp, gelatin, niacinamide, water, pyridoxine hydrochloride, and calcium stearate.

Min-Tran®

Supplement Facts	
Serving Size: 4 Tablets	Servings per Container: 82 or 200
Amount per Serving	%DV
Calories.....	5
Total Carbohydrate.....	1 g.....<1%
Calcium.....	120 mg.....10%
Iodine.....	200 mcg.....135%
Magnesium.....	19 mg.....4%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Ingredients: Calcium lactate, kelp, magnesium citrate, alfalfa (whole plant), water, and calcium stearate.

Neuroplex®

Supplement Facts	
Serving Size: 2 Capsules	Servings per Container: 45
Amount per Serving	%Daily Value
Cholesterol.....	<5 mg.....<2%
Thiamine.....	0.9 mg.....80%
Riboflavin.....	0.9 mg.....70%
Niacin.....	40 mg.....250%
Vitamin B6.....	8.9 mg.....520%
Iron.....	8 mg.....45%
Zinc.....	16 mg.....150%
Copper.....	0.3 mg.....35%
Proprietary Blend.....	655 mg.....†
Spanish moss (filixoid umbellifera), bovine orchi Cytosol™ extract, porcine brain PMS™ extract, bovine spleen, ovine spleen, defatted wheat (germ), bovine hypothalamus, bovine anterior pituitary, bovine liver, calcium lactate, para-aminobenzoic acid, porcine brain, bovine pituitary PMS™ extract, and ascorbic acid.	
† Daily Value not established.	

Other Ingredients: Gelatin, zinc rice chelate, iron rice chelate, niacinamide, water, pyridoxine hydrochloride, copper rice chelate, calcium stearate, thiamine hydrochloride, and riboflavin.

OPC Synergy®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 40
Amount per Serving	%DV
Calories.....	1.5
Proprietary Blend.....	410 mg
Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

MASQUELIER'S® OPC is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.

Organically Bound Minerals

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 180

Amount per Serving	%Daily Value
Iodine 200 mcg	130%
Chromium 1 mcg	2%
Proprietary Blend 340 mg	†
Organic herb and organic dried alfalfa (aerial parts) juice.	

†Daily Value not established.

Other Ingredients: Organic honey and organic rice hulls extract.

Ostrophin PMG®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

Amount per Serving	%Daily Value
Calcium 30 mg	2%
Manganese 4 mg	174%

Proprietary Blend 250 mg †
Veal bone PMG™ extract, bovine bone, organic carrot (root), and organic sweet potato.

†Daily Value not established.

Other Ingredients: Calcium lactate, honey, manganese lactate, and calcium stearate.

This product features our exclusive Protomorphogen™ extract.

SP Complete®

Supplement Facts

Serving Size: 2 rounded tablespoons (scoops) approx. 25 g, or 1 packet

Servings per Container: 30 or 10 packets

Amount per Serving	%DV
Calories.....	30
Calories from Fat.....	0
Total Fat.....	1 g.....2%
Cholesterol.....	10 mg.....4%
Total Carbohydrate.....	2 g.....2%
Dietary Fiber.....	2 g.....8%
Protein.....	10 g.....20%
Calcium.....	200 mg.....20%
Iron.....	0.5 mg.....2%

Proprietary Blend.....25 g
Whey (milk) protein powder†, flax meal powder†, rice protein powder†, calcium citrate, magnesium citrate, backbone® (leaf†), Brussels sprouts (whole plant)†, kale (whole plant)†, choline bitartrate†, inositol†, alfalfa (whole plant) juice powder†, sunflower lecithin powder†, grape seed extract (includes Masquelet's® OPC-501†), carrot root powder†, and red wine extract†.

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Thymus PMG®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

Amount per Serving	%DV
Calories.....	1
Calcium.....	18 mg.....2%
Sodium.....	22 mg.....<1%

Proprietary Blend.....215 mg
Bovine thymus PMG™ extract† and magnesium citrate.

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Tuna Omega-3 Oil

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 60

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%
Cholesterol	5 mg 2%
Tuna Oil	1,330 mg †
DHA	300 mg †
EPA	60 mg †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, and d-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts

Serving Size: 2 Softgels

Servings per Container: 60

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%
Cholesterol	5 mg 2%
Vitamin D	2.5 mcg 13%
Vitamin E	3.3 mg 22%
Tuna Oil	1,090 mg †
DHA	240 mg †
EPA	50 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, d-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and chocolateflavor.

MediHerb® Bone Complex

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 40

Amount per Serving	%DV
Calcium	43 mg 4%
Epimedium herb top 12:1 extract from <i>Epimedium sagittatum</i> herb top 2.4 g Containing carin 20 mg	200 mg †
Red Clover herb flowering top 5:1 extract from <i>Trifolium pratense</i> herb flowering top 500 mg Containing isoflavones 8 mg	100 mg †
Kudzu root 16:1 extract from <i>Pueraria lobata</i> root 700 mg Containing puerariae isoflavones calculated as daidzin, puerarin, daidzein 28 mg	70 mg †
Black Cohosh root 5:1 extract from <i>Actaea racemosa</i> root 80 mg	16 mg †

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, maltodextrin, hypromellose and magnesium stearate.

MediHerb® Saligesic

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 40

Amount per Serving	%DV
Calcium	32 mg 2%
Willow stem bark 20:1 extract from <i>Salix purpurea</i> stem bark 8.0 g Containing salicin 60 mg	400 mg †

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, maltodextrin, sodium starch glycolate, magnesium stearate, hypromellose and silicon dioxide.

MediHerb® Turmeric Forte

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 60

Amount per Serving	%DV
fenugreek seed 5.5:1 extract from <i>Trigonella foenugreek</i> seed 731.5 mg	133 mg †
Turmeric rhizome 55:1 extract from <i>Curcuma longa</i> rhizome 6.44g Containing curcuminoids 101.3 mg Containing curcumin 82.5 mg	117 mg †

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hypromellose and dibasic calcium phosphate dihydrate.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Central Nervous System Support
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

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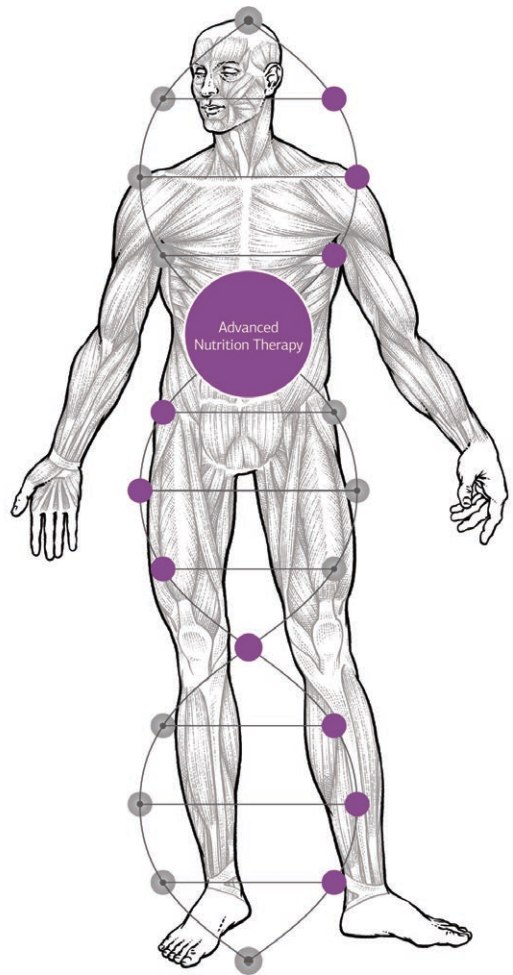
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Central Nervous System Support Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.


Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems,

including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

The central nervous system (CNS) is a network matrix representing the body's activation circuit by sending out appropriate and balanced signals that help the body respond. These signals can stimulate the neuromuscular system and all major body systems, helping us to regulate normal and daily function. It also helps manage cognitive response, healthy and normal immune responses, stress and even mood levels. While the system balances both voluntary and involuntary reactions, it requires important nutrients to keep it healthy and functional.^{1,2}

¹Koop, L.K. and P. Tadi, *Neuroanatomy, Sensory Nerves*, in *StatPearls*. 2019, StatPearls Publishing, StatPearls Publishing LLC.: Treasure Island (FL).

² Morley, J.E., *Cognition and nutrition*. *Current Opinion in Clinical Nutrition & Metabolic Care*, 2014. **17**(1): p. 1-4.



The products that follow in this book offer a group of whole-food based nutritional and herbal solutions supportive for normal and functional capacity of the network of nervous system activity and responsiveness.



Cataplex® B₁₂

Cataplex B₁₂ supports blood health and general well-being.*

- Promotes and supports blood production
- Maintains healthy blood
- Supports folic acid metabolism and homocysteine management
- Supports healthy development of red blood cells
- Essential for normal myelin synthesis and central nervous system function*

Suggested use: One tablet per day, or as directed.





Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



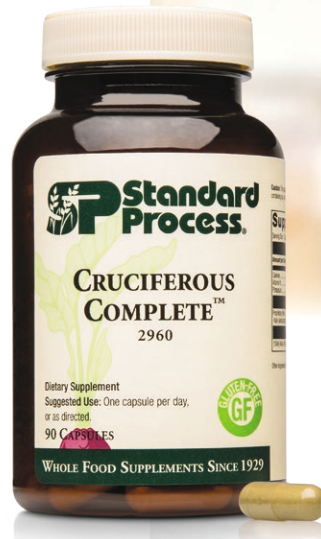


Cruciferous Complete™

Cruciferous Complete supports cellular health.*

- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function
- Our research shows some compounds in kale and Brussels sprouts promote the liver's natural phase one and two detoxification processes in cell and animal models*

Suggested use: One capsule per day, or as directed.





E-Z Mg™

E-Z Mg is a plant-based, multiform magnesium (Mg) developed to support patients with inadequate dietary magnesium intake. Made from two key ingredients: Swiss chard (beet leaf) and buckwheat – both grown on our sustainable and certified organic farm in Wisconsin.

- Plant-based, naturally occurring multiform of magnesium
- Helps to bridge the gap in dietary magnesium intake*
- May promote whole-body and urine alkalization*
- Rich source of vitamin K1

Suggested use: One stick pack per day, or as directed. Add stick pack into 8 ounces of water and mix thoroughly for 10 to 15 seconds.

Warning: This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you have been directed to eat a diet low in oxalates (found in leafy green vegetables), please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Neuroplex®

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*

- Supports the nervous system
- Supports cognitive functioning
- Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two capsules per day, or as directed.



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

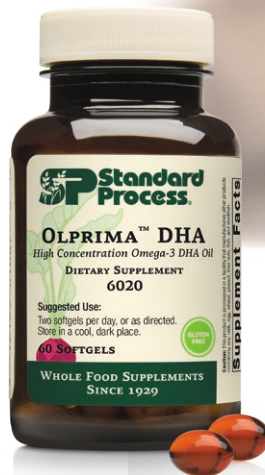


Olprima™ DHA

Olprima DHA provides condition-specific support through a high concentration of the omega-3, DHA. Olprima DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports healthy triglyceride and HDL^
- Supports healthy inflammatory processes
- Supports cardiovascular function^
- Supports general brain health and cognition*

Suggested use: Two softgels per day, or as directed.



Special instructions: Store in a cool, dark place.



OPC Synergy®

OPC Synergy provides a synergistic blend that supports antioxidant activity and cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



ProSynbiotic

ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health*

- Contains research-supported strains of lactic acid bacteria (*Lactobacillus* and *Bifidobacterium*), and *Saccharomyces cerevisiae* var. *boulardii*
- Contains inulin and galactooligosaccharide (nondigestible carbohydrates), both of which are used by probiotic bacteria as food
- Useful in maintaining a healthy gut microbial environment
- Helps support the body's natural absorption of calcium and magnesium
- Improves nutrient digestion and absorption
- Supports normal bowel regularity and consistency
- Supports the body's natural immune system response function*

Suggested use: Three capsules per day, or as directed.

Special Instructions: Store in a cool, dry place. Although research varies, our strains seem to work best when taken after a meal.



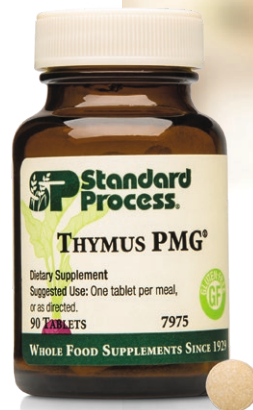


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

Special Instructions: Store in a cool, dry place.

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MediHerb® Bacopa Complex

Bacopa Complex combines the herbs Bacopa, Schisandra, Eleuthero and the essential oil of Rosemary. These herbs contribute key phytochemicals to the blend such as dammarane saponins, other saponins, flavonoids, sterols, dibenzocyclooctene lignans, a diverse group of constituents called eleutherosides, monoterpenes and sesquiterpenes. This tablet contains two herbs with standardized levels of key phytochemicals to ensure optimal strength and quality. The Bacopa component is standardized to contain 37.5 mg of bacosides (a saponin mixture) per tablet, and the Eleuthero component contains 400 mcg of syringaresinol diglucosides per tablet. The herbs contained in this formulation have been traditionally used to:

- Enhance mental clarity and support healthy cognitive function
- Support normal memory function
- Support physical endurance during times of mild fatigue/weakness
- Ease the effects of temporary and occasional stress
- As a brain tonic, support healthy memory and concentration*

Suggested use: One tablet three to four times daily, or as directed.



Caution: Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever.

MediHerb® Ginkgo Forte

Ginkgo Forte contains flavonoids, terpene lactones (including ginkgolides and bilobalide) and other phytochemicals. This product is standardized to contain 14.4 mg of ginkgo flavonglycosides (ginkgo flavone glycosides) and 3.6 mg of ginkgolides and bilobalide per tablet to ensure optimal strength and quality. The compounds in Ginkgo Forte work together to:

- Support memory and cognition
- Promote alertness and mental clarity
- Help support healthy mental function
- Support good health in older adults
- Support and encourage healthy blood circulation
- Provide antioxidant activity to support healthy cell function*

Suggested use: One tablet one to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Appendix

Cataplex® B12

Supplement Facts	
Serving Size: 1 Tablet Servings per Container: 90	
Amount per Serving	%DV
Calories	2
Vitamin B12	6 mcg.....100%
Proprietary Blend.....360 mg	
Bovine liver†, carrot (root)†, sweet potato†, calcium lactate, porcine stomach parenchyma†, bovine spleen†, ovine spleen†, bovine adrenal Cytosol™ extract†, oat flour†, and ascorbic acid.	
†Daily Value (DV) not established.	

Other Ingredients: Cellulose, honey, dicalcium phosphate, and cyanocobalamin.

Cellular Vitality

Supplement Facts	
Serving Size: 3 Capsules Servings per Container: 30	
Amount per Serving	%Daily Value
Calories	10
Total Carbohydrate	1 g.....<1%*
Thiamine	
Riboflavin	0.2 mg.....15%
Niacin	0.3 mg.....25%
Vitamin B6	3 mg.....20%
Folate (as 30 mcg folic acid)	0.5 mg.....20%
Vitamin B12	20 mcg DFE.....4%
Biotin	0.5 mcg.....20%
Pantothenic Acid	10 mcg.....35%
Panthothenic Acid	
Coenzyme Q10	1 mg.....20%
Coenzyme Q10	80 mg.....†
Proprietary Blend.....880 mg.....†	
Multi-fruit seed powder (ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed, and pomegranate seed), ribonucleic acid, organic mushroom powder (Cordyceps sinensis), American ginseng (root), and bromelain.	
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	
Other Ingredients: Organic quinoa sprouts, cellulose, calcium stearate, and water.	

Cruciferous Complete™

Supplement Facts	
Serving Size: 1 Capsule Servings per Container: 90	
Amount per Serving	%Daily Value
Vitamin K1	4 mcg.....3%
Potassium	10 mg.....<1%
Proprietary Blend.....500 mg.....†	
Organic kale (aerial parts) and organic brussels sprouts (aerial parts).	
†Daily Value not established.	
Other Ingredients: Gelatin, water, and calcium stearate.	

E-Z Mg™

Supplement Facts	
Serving Size: 1 stick pack Servings per Container: 30	
Amount per Serving	%Daily Value
Calories	20
Total Carbohydrate	4 g.....1%*
Dietary Fiber	1 g.....4%*
Total Sugars	<1 g.....†
Vitamin K1	60 mcg.....50%
Calcium	20 mg.....2%
Phosphorus	30 mg.....2%
Magnesium	85 mg.....20%
Sodium	50 mg.....2%
Potassium	350 mg.....8%
Proprietary Blend.....6 g.....†	
Organic dried swiss chard (beet leaf) juice and organic dried buckwheat (aerial parts) juice.	
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	
Other Ingredients: Organic rice (hull) concentrate, natural flavor, and monk fruit extract.	

Neuroplex®

Supplement Facts

Serving Size: 2 Capsules
Servings per Container: 45

Amount per Serving	%Daily Value
Cholesterol	<5 mg <2%
Thiamine	0.9 mg 80%
Riboflavin	0.9 mg 70%
Niacin	40 mg 250%
Vitamin B6	8.9 mg 520%
Iron	8 mg 45%
Zinc	16 mg 150%
Copper	0.3 mg 35%

Proprietary Blend 665 mg †
Spermin mols (Mendocino), bovine orotic Cytosol™ extract, porcine brain PMG™ extract, bovine spleen, ovine spleen, defatted wheat (germ), bovine hypothalamus, bovine anterior pituitary, bovine liver, calcium lactate, para-aminobenzoate, porcine brain, bovine pituitary PMG™ extract, and ascorbic acid.

† Daily Value not established.

Other Ingredients: Gelatin, zinc, rice chelate, iron rice chelate, niacinamide, water, pyridoxine hydrochloride, copper rice chelate, calcium stearate, thiamine hydrochloride, and riboflavin.

Neurotrophin PMG®

Supplement Facts

Serving Size: 1 Tablet Servings per Container: 90

Amount per Serving	%DV
Calories	1
Cholesterol	10 mg 3%
Calcium	10 mg 1%

Proprietary Blend 200 mg
Porcine brain PMG™ extract† and magnesium citrate.

† Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Olprima™ DHA

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 30

Amount per Serving	%Daily Value
Calories	15
Total Fat	1 g <2%*
Cholesterol	10 mg 3%
Fish Oil Concentrate (from Tuna)	1220 mg †
Total Omega-3	800 mg †
DHA	670 mg †
EPA	75 mg †

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

OPC Synergy®

Supplement Facts

Serving Size: 1 Capsule Servings per Container: 40

Amount per Serving	%DV
Calories	1.5
Proprietary Blend	410 mg

Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.

† Daily Value (DV) not established.

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

MASQUELIER'S® OPCs is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.

ProSynbiotic

Supplement Facts	
Serving Size: 3 Capsules	Servings per Container: 30
Amount per Serving	%DV
Calories..... 8	
Total Carbohydrate..... 1.8 g.....	<1%*
Proprietary Blend..... 1,700 mg..... †	
Inulin†, galactooligosaccharide (GOS) (milk)†, and probiotic blend (<i>S. boulardii</i> , <i>L. acidophilus</i> , LA-5®, <i>L. paracasei</i> , <i>L. casei</i> 431®, and <i>Bifidobacterium</i> , BB-12®) (4 billion cfu)†.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Maltodextrin, gelatin, water, calcium stearate, and sorbitan monostearate.

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories..... 1	
Calcium..... 18 mg.....	2%
Sodium..... 22 mg.....	<1%
Proprietary Blend..... 215 mg	
Bovine thymus PMG™ extract† and magnesium citrate,	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Tuna Omega-3 Oil

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories..... 10	
Total Fat..... 1 g.....	1%*
Cholesterol..... 5 mg.....	2%
Tuna Oil..... 1,330 mg..... †	
DHA..... 300 mg.....	†
EPA..... 60 mg.....	†
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Gelatin, glycerine, water, and d-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories..... 10	
Total Fat..... 1 g.....	1%*
Cholesterol..... 5 mg.....	2%
Vitamin D..... 2.5 mcg.....	13%
Vitamin E..... 3.3 mg.....	22%
Tuna Oil..... 1,080 mg..... †	
DHA..... 240 mg.....	†
EPA..... 50 mg.....	†
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	
Other Ingredients: Gelatin, glycerine, water, d-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and cholecalciferol.	

MediHerb® Bacopa Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40
Amount per Serving	%DV
Calcium..... 110 mg.....	8%
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 660 mg..... †	
Bacopa herb 50:1 extract from <i>Bacopa monnieri</i> herb 3.75 g Containing bacosides as bacoside A 37.5 mg..... †	
Eleuthero root 10:1 extract from <i>Eleutherococcus senticosus</i> root 500 mg Containing syringaresinol diglucosides 400 mcg..... †	
Rosemary (<i>Rosmarinus officinalis</i>) leaf essential oil..... 10 mg..... †	
†Daily Value (DV) not established.	

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, silicon dioxide, hypromellose, magnesium stearate and maltodextrin.

MediHerb®
Ginkgo Forte

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 60		
Amount per Serving		%DV
Calcium	72 mg	6%
Ginkgo leaf 50:1 extract	60 mg	†
from <i>Ginkgo biloba</i> leaf 3.0 g		
Containing ginkgo flavonglycosides 14.4 mg		
Containing ginkgolides & bilobalide 3.6 mg		
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, magnesium stearate and hypromellose.

NOTES

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Advanced Nutrition Therapy

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It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



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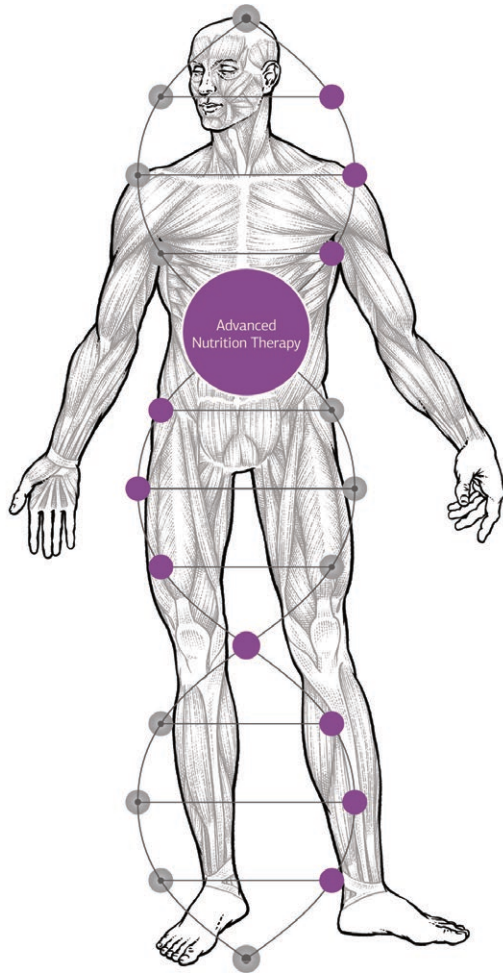
Active Health Management

Condition-Specific Management

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for Specific Health Systems



Detoxification Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.


Many people experience everyday stressors, including exposure to environmental toxins that may compromise health.¹

These types of stressors can alter liver metabolism, which in turn influences underlying systems of energetics and response and makes our body systems less efficient.

The body boasts a self-protection maintenance system in the liver, often referred to as the detoxification system. This system includes three important functional phases of action that requires and benefits from stabilized nutritional support.²

This guide recommends products that include important whole food nutrients that can help activate, balance and maintain a healthy detoxification system of the body.

1. Tsz Man Chung, R., *Detoxification effects of phytonutrients against environmental toxicants and sharing of clinical experience on practical applications*. Vol. 24. 2015.
2. Hodges, R.E. and D.M. Minich, *Modulation of Metabolic Detoxification Pathways Using Foods and Food-Derived Components: A Scientific Review with Clinical Application*. Journal of nutrition and metabolism, 2015. vol 2015. Article ID 760689



Supporting the body's
detoxification process
with whole food-based
nutritional and
herbal solutions.

For the most current and complete information about the product
and cautionary warnings, please go to standardprocess.com.

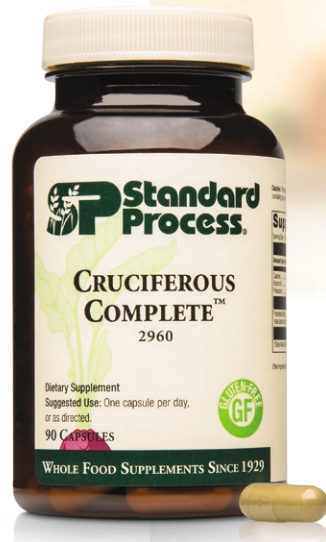


Cruciferous Complete™

Cruciferous Complete supports cellular health.*

- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function
- Our research shows some compounds in kale and Brussels sprouts promote the liver's natural phase one and two detoxification processes in cell and animal models*

Suggested use: One capsule per day, or as directed.





Livaplex®

Livaplex is foundational support for the liver.*

- Supports healthy liver and gallbladder function
- Supports the body's normal toxin-elimination function
- Encourages healthy digestion of fats
- Enhances bowel function
- Encourages healthy bile production*

Suggested use: One capsule per meal, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





SP Detox Balance™

Supports whole body detoxification.*

- Supports the body's natural metabolic detoxification processes*
- Rich source of protein (17g per serving) contains protein from pea isolates, pumpkin concentrate, oat flour and buckwheat flour
- Provides amino acids required for conjugation enzymes (phase II enzymes)*
- Good source of dietary fiber
- Supports the body's natural toxin elimination function*
- Good source of plant-based magnesium

Suggested use: One serving per day up to three servings per day (each serving is equal to 2 heaping scoops). SP Detox Balance is not intended as a meal replacement.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a health care professional or poison control center immediately. This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.





Spanish Black Radish

Spanish Black Radish provides support for the body's organs.*

- Our research shows that Spanish black radish induces the body's detoxification enzymes in cell and animal models
- Supports healthy liver and gallbladder function
- Encourages healthy digestion
- Supports the body's normal toxin-elimination function
- Contains organically grown Spanish black radish*

Suggested use: One tablet per meal, or as directed.



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MediHerb® LivCo®

The combination of Schisandra, Rosemary and Milk Thistle provides a range of compounds including dibenzocyclooctene lignans, phenolic diterpenes (including carnosol and rosmarinic acid), other terpenes, flavonoids and flavanolignans (collectively known as silymarin). The Milk Thistle component of this tablet is standardized to contain 24 mg of flavanolignans per tablet to ensure optimal strength and quality. The herbs and their constituents have been traditionally used to:

- Aid in the elimination of naturally occurring toxins and support healthy general detoxification
- Support healthy liver function
- Protect liver tissue by supporting normal cellular defenses
- Provide antioxidant activity
- Support and maintain cellular health
- Support digestive health*

Suggested use: One tablet three to four times daily, or as directed.

Caution: Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements.



MediHerb® Vitanox®

Vitanox contains a synergistic blend of herbs which provide antioxidant activity. The herbs Rosemary, Green Tea, Turmeric and Grape Seed provide phenolic diterpenes (including carnosol and rosmarinic acid), polyphenols including epigallocatechin gallate, essential oils containing sesquiterpenes, yellow pigments referred to as diarylheptanoids (including curcumin), flavonoids, triterpenoids and oligomeric procyanidins. This product is standardized to contain 83.35 mg of catechins, 70.4 mg of curcuminoids and 42.5 mg of procyanidins in each tablet to ensure optimal strength and quality. The natural substances in Vitanox are used traditionally to:

- Provide antioxidant activity
- Support healthy circulation and vascular integrity
- Maintain healthy connective tissue
- Help support healthy liver function
- Support and maintain general health and well-being*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. Contraindicated in blockage of the gallbladder. Use only with professional supervision in the presence of gallstones. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Cruciferous Complete

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 90

	Amount per Serving	%Daily Value
Vitamin K1	4 mcg	3%
Potassium	10 mg	<1%
Proprietary Blend	500 mg	†
Organic kale (aerial parts) and organic brussels sprouts (aerial parts).		

†Daily Value not established.

Other Ingredients: Gelatin, water, and calcium stearate.

Livaplex®

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 90

	Amount per Serving	%Daily Value
Vitamin A (54% as beta-carotene)	140 mcg RAE	16%
Niacin	2.8 mg	20%
Vitamin B6	0.8 mg	50%
Iron	2.5 mg	15%
Iodine	10 mcg	6%
Zinc	5 mg	45%
Copper	0.1 mg	10%

Proprietary Blend 582 mg †
Bovine liver PMG™ extract, organic Spanish black radish root, bovine liver, calcium lactate, Spanish moss (Nolina aspidifolia), cat flour, organic dried Swiss chard (beet leaf) juice, organic beet root, organic sweet potato, carrot root, betaine hydrochloride, magnesium citrate, choline bitartrate, potassium bicarbonate, bovine kidney, bovine prostate, bovine adrenal Gland™ extract, bovine liver fat extract (gelatin), bovine orchid extract, organic flaxseed oil extract, ascorbic acid, bovine liver fat extract, and D-alpha tocopherol (vitamin E) sunflower.

†Daily Value not established.

Other Ingredients: Gelatin, zinc rice chelate, iron rice chelate, water, calcium stearate, niacinamide, copper rice chelate, beta carotene, glycoside hydrochloride, starch, vitamin A palmitate, and prolamine iodine (zein).

SP Detox Balance™

Supplement Facts

Serving Size: 2 Scoops (37.3 grams)
Servings per Container: 21

	Amount per Serving	%Daily Value
Calories	160	
Total Fat	5 g	6%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	11 g	4%*
Dietary Fiber	4 g	14%*
Total Sugars	1 g	†
Protein	17 g	34%*
Vitamin K1	4 mcg	2%
Calcium	70 mg	5%
Iron	4 mg	22%
Magnesium	70 mg	15%
Sodium	150 mg	7%
Potassium	230 mg	5%

Arginine	1300 mg	†
Glycine	600 mg	†
Creatine	600 mg	†
L-leucine	1600 mg	†
L-isoleucine	850 mg	†
L-valine	900 mg	†
L-methionine	300 mg	†
Proprietary Blend	34.5 mg	†

Organic pea protein, flax meal, cat flour, organic pumpkin (seed) protein, organic buckwheat (seed), organic dried beet (leaf) juice, organic buckwheat (aerial parts), apple pectin, juniper (berry) powder, organic spanish black radish (root), burdock (root) powder, organic beet (root), calcium citrate, organic barley (grass), dandelion (leaf), broccoli (aerial parts), inositol, organic dried alfalfa (aerial parts) juice, oregon grape (root) powder, globe artichoke (leaf), choline bitartrate, sunflower lecithin powder, milk thistle extract (80% silymarins), mushroom powder (cordyceps sinensis), carrot (root), organic sweet potato and red wine extract.

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Creatine, xanthan gum, natural flavor, L-methionine, monk fruit extract, L-leucine, L-isoleucine, and L-valine.

Spanish Black Radish

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 80 or 270

	Amount per Serving	%DV
Calories	2	
Vitamin C	4.6 mg	8%
Spanish Black Radish	370 mg	†

†Daily Value (DV) not established.

Other Ingredients: Honey, acerola (berry), camu camu (berry), manioc (root), and calcium stearate.

MediHerb®
LivCo®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 40 or 120

Amount per Serving %DV		
Calcium	30 mg	2%
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 1.0 g	167 mg	†
Rosemary leaf 5:1 extract from <i>Rosmarinus officinalis</i> leaf 500 mg	100 mg	†
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 2.38 g Containing flavonolignans calc, as silybin 24 mg	34 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, hypromellose, maltodextrin, sodium starch glycolate, croscarmellose sodium, silicon dioxide, magnesium stearate and sorbitol.

MediHerb®
Vitanox®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 40 or 120

Amount per Serving %DV		
Calcium	28 mg	2%
Rosemary leaf 5:1 extract from <i>Rosmarinus officinalis</i> leaf 1.0 g	200 mg	†
Green Tea leaf 25:1 extract from <i>Camellia sinensis</i> leaf 4.2 g Containing catechins 63.35 mg	166.7 mg	†
Turmeric rhizome 25:1 extract from <i>Curcuma longa</i> rhizome 2.0 g Containing curcuminoids 20.4 mg	80 mg	†
Grape seed 120:1 extract from <i>Vitis vinifera</i> seed 6.0 g Containing procyanidins 42.5 mg	50 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, maltodextrin, sodium starch glycolate, silicon dioxide, sorbitol, hypromellose and magnesium stearate.

NOTES

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Digestive Health
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients.

More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Foundational Health

Health and Wellness

Preventative Care

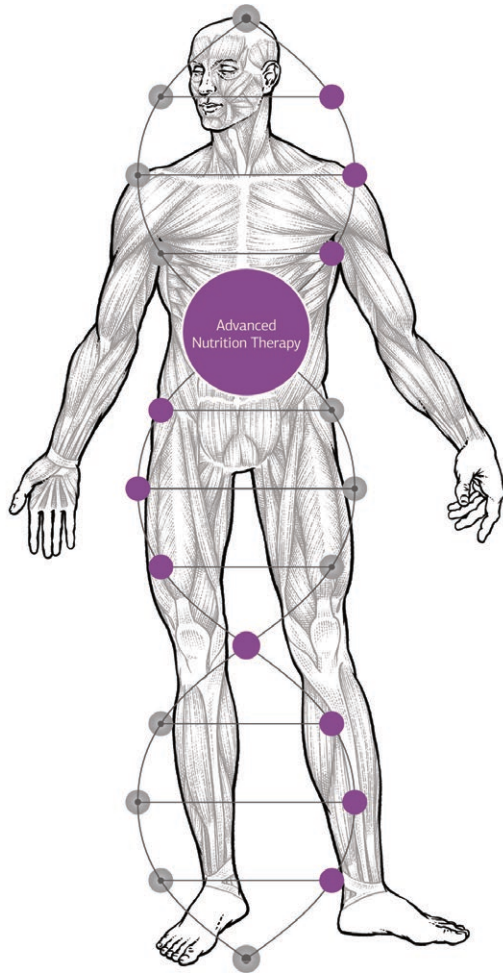
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Digestive Health Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.


When chronic health issues occur, it is often the result of the digestive system functional capacity being altered.

Since good health starts with a healthy gut (or digestive system), it is important that all key functional aspects of this system are optimized¹.

This includes a wide range of issues ranging from absorption and use of food and its digested products, to gut wall barrier protection from foreign material, to an optimal gut microflora or microbiome to a healthy metabolome of the gut that enhances metabolic processes and a healthy immune system response²⁻⁴. Selected key nutrients and nutritional combinations play key roles in stabilizing each of these functional requirements and activities to help ensure healthy lifestyle profiles.

Whether working toward a more regular healthy gut function or managing a better immune response to support a healthy inflammatory response, key nutrients can play an important role in the health of all patients.

1. Bischoff, S.C., 'Gut health': a new objective in medicine? BMC Medicine, 2011. 9(1): p. 24.
2. Round, J.L. and S.K. Mazmanian, *The gut microbiota shapes intestinal immune responses during health and disease*. Nat Rev Immunol, 2009. 9(5): p. 515-25.
3. Bach Knudsen, E.K., et al., *Impact of Diet-Modulated Butyrate Production on Intestinal Barrier Function and Inflammation*. Nutrients, 2018. 10(10).
4. González-Peña, D. and L. Brennan, *Recent Advances in the Application of Metabolomics for Nutrition and Health*. Annual Review of Food Science and Technology, 2019. 10(1): p. 479-519.



Providing whole
food-based nutrition and
herbal solutions supporting
healthy gut function.

For the most current and complete information about the product
and cautionary warnings, please go to standardprocess.com.



Catalyn® GF

A gluten-free version of the original Catalyn formula, Catalyn GF provides the same nutritional density as the original Catalyn, minus the gluten.

- Formulated with several whole food ingredients that contain complexes of nutrients, naturally-occurring minerals and phytonutrients
- Encourages healthy cell functioning
- Supports overall well-being*

Suggested use: Three tablets per day, or as directed.



Cataplex® F Tablets

Cataplex F supports the body's inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity.*

- Flaxseed is a natural source of omega-3 fatty acids from plants.
- Provides lipids for the formation of eicosanoids
- Promotes healthy skin and hair
- Contains iodine for thyroid support
- Supports the metabolism of fats*

Suggested use: One tablet per meal, or as directed.



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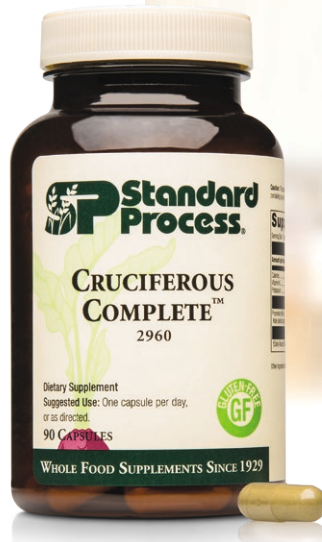


Cruciferous Complete™

Cruciferous Complete supports cellular health.*

- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function.
- Our research shows some compounds in kale and Brussels sprouts promote the liver's natural phase one and two detoxification processes in cell and animal models.*

Suggested use: One capsule per day, or as directed.





Epimune Complex

Epimune Complex is a vegetarian product designed to balance immune system response function.*

- Supports specific aspects of immune system activity and contains research-supported ingredients such as EpiCor® and maitake and turkey tail mushrooms
- Supports healthy white blood cells
- Helps support respiratory health year-round, especially during seasonal challenges
- Helps activate and balance a healthy immune system response function
- High in antioxidant vitamin C*

Suggested use: Two capsules per day, or as directed.



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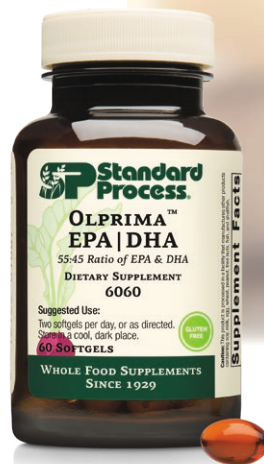


Olprima™ EPA | DHA

Olprima EPA|DHA provides condition-specific support through a 55:45 ratio of the omega-3s, EPA and DHA. Olprima EPA|DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports cardiovascular health*^
- Supports healthy inflammatory processes*
- Supports general brain health and cognition*
- General mood support

Suggested use: Two softgels per day, or as directed.



Special instructions: Store in a cool, dark place.

^As part of a diet low in saturated fat and cholesterol.



OPC Synergy®

OPC Synergy provides a synergistic blend that supports antioxidant activity and cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Helps maintain capillary integrity*

Suggested use: One capsule per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



ProSynbiotic

ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health*

- Contains research-supported strains of lactic acid bacteria (*Lactobacillus* and *Bifidobacterium*), and *Saccharomyces cerevisiae* var. *boulardii*
- Contains inulin (a nondigestible soluble fiber from chicory root) and galactooligosaccharide (nondigestible carbohydrates), both of which are used by probiotic bacteria as food
- Useful in maintaining a healthy gut microbial environment
- Helps support the body's natural absorption of calcium and magnesium
- Improves nutrient digestion and absorption
- Supports normal bowel regularity and consistency
- Supports the body's natural immune system response function*

Suggested use: Three capsules per day, or as directed.

Special information: Store in a cool, dry place. Although research varies, our strains seem to work best when taken after a meal.





Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support general health
- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





Veg-E Complete Pro™ Chocolate or Vanilla

Veg-E Complete Pro offers a multisource blend of plant-based protein in a convenient powder with a delicious flavor.*

- A valuable source of several amino acids including the nine essential amino acids
- Contains organic pea protein, pumpkin seed protein, and sesame seed protein
- Supports muscle building and recovery
- Supports satiety and fullness
- Supports cellular function and enzyme action
- Supports energy levels
- Supports gut health
- Supports hair, skin, and nails
- Organic, vegan, gluten-free, non-dairy formula, non-soy formula, non-grain formula
- No genetically engineered ingredients
- No artificial sweeteners or artificial flavors
- Natural flavors made without monosodium glutamate (MSG)*

Suggested use: 4 heaping tablespoons (scoops) or 1 packet in 8-12 ounces water, one to three servings per day, or as directed. Mix product thoroughly for 10 to 15 seconds.

Special instructions: Settling of product after mixing may occur. Store mixed product in refrigerator if not consumed immediately.





Whole Food Fiber

Whole Food Fiber is a good source of fiber from nutrient-rich whole foods.*

- Contains both soluble and insoluble fiber
- Supports healthy bowel function
- Promotes regular intestinal motility and elimination
- Supports healthy epithelial cells in the bowel
- Provides food for beneficial microorganisms in the lower gastrointestinal (GI) tract
- Supports the immune system*

Suggested use: 1 level tablespoon (approximately 6 grams) in a blender drink per day, or as directed.



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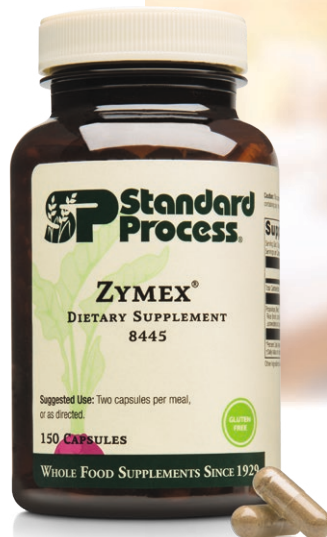


Zymex® Capsules

Zymex promotes a healthy pH range in the intestinal tract.*

- Encourages a healthy intestinal environment to support a healthy GI microbiome
- Supports healthy intestinal pH*

Suggested use: Two capsules per meal, or as directed.





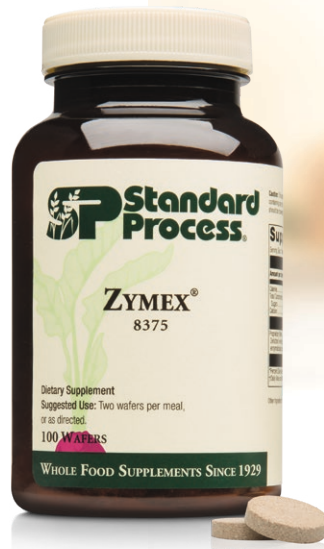
Zymex® Wafers

Zymex promotes a healthy pH range in the intestinal tract.*

- Encourages a healthy intestinal environment to maintain proper gastrointestinal flora
- Supports healthy intestinal pH
- Helpful for those who cannot or prefer not to swallow pills*

Suggested use: Two wafers per meal, or as directed.

Special instructions: Individuals who may be lactose intolerant should consult their health care professional before using this product. This product should be chewed then swallowed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Zypan®

Zypan combines pancreatin, pepsin, and betaine hydrochloride to facilitate healthy digestion.*

- Supports macronutrient digestion
- Supports gastric pH
- Includes stearic acid to coat the pancreatin, helping it to be digested in the correct area of the digestive tract
- Provides enzymatic support for protein digestion
- Supports the environment of the GI tract*

Suggested use: Two tablets with each meal, or as directed.

Special instructions: Chewing this product is not recommended.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Colax

The natural ingredients found in Colax help maintain healthy intestinal function. The combination of Dill Seed, Cascara, Yellow Dock, Dandelion Root and Chamomile provides a range of compounds including several essential oils (containing monoterpenes, sesquiterpenes, and especially α -bisabolol), flavonoids, anthraquinone glycosides, sesquiterpene lactones, phenolic acids and sterols. The herbs in Colax have been used traditionally to:

- Support healthy bowel function
- Assist in helping stimulate the bowel in order to support healthy elimination
- Cleanse the lower digestive tract
- Promote general, healthy detoxification and elimination function
- Promote intestinal motility and elimination
- Relieve mild symptoms of occasional mild digestive discomfort
- Support healthy bile production and flow*

Suggested use: One tablet three to four times daily, or as directed

Caution: Contraindicated in blockage of the gallbladder and in known allergy to plants of the daisy family. Use only with professional supervision in the presence of gallstones. This product contains *Frangula purshiana* (Cascara). Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara may worsen these conditions and be harmful to your health. Consult your health care professional if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.



MediHerb® DiGest Forte

DiGest Forte contains Gentian, Ginger, Tangerine (Chen Pi) (fruit peel and cold pressed essential oil), Wormwood and Feverfew. This combination contains many compounds including secoiridoid bitter glycosides (including gentiopicroin and amarogentin), pungent principles (including gingerols), sesquiterpene lactones (including absinthin and parthenolide), flavonoids and monoterpenes. This formulation and the compounds within it are used traditionally to:

- Stimulate gastric juice output and appetite
- Support healthy digestion and intestinal function
- Promote healthy gastrointestinal tone
- Support the body's natural detoxification and elimination function
- Increase bile flow as a cholagogue
- Promote normal response to environmental stressors*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family. Contraindicated in gastric or duodenal ulcers unless otherwise directed by a qualified health care professional. Use only with professional supervision in the presence of gallstones. Contraindicated in pregnancy and lactation.



MediHerb® HiPep

HiPep contains the following herbs: Deglycyrrhizinized Licorice, Meadowsweet and Chamomile (flower and flower essential oil). This combination of herbs contains many compounds including flavonoids, sterols, phenolic glycosides and tannins. The essential oil contains α -bisabolol and chamazulene. This formulation and the compounds within it have been traditionally used to:

- Support normal function of stomach acid secretions
- Promote healthy mucosal tissue within the upper gastrointestinal tract
- Promote healthy tone and function within the upper gastrointestinal tract
- Help relieve mild symptoms of occasional mild digestive discomfort*

Suggested use: One tablet three to five times daily, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family. Meadowsweet should be avoided by persons hypersensitive to salicylates. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Livton® Complex

Livton Complex contains five herbs that help support the digestive system. The herbs Globe Artichoke, Bupleurum, Dandelion Root, Milk Thistle and Fringe Tree contribute key phytochemicals to the blend such as sesquiterpene lactones, caffeic acid derivatives, flavonoids, phenolic acids, triterpenes, sterols, triterpenoid saponins (called saikosaponins), flavanolignans (collectively known as silymarin). The Milk Thistle component of this tablet is standardized to contain 80 mg per tablet of flavanolignans (calculated as silybin) to ensure optimal strength and quality. These herbs and the many compounds within them have been used traditionally to:

- Support healthy liver and gallbladder function
- Encourage healthy digestive function
- Encourage the healthy function of the organs of elimination such as liver and intestine
- Provide antioxidant activity
- Help relieve mild symptoms of occasional mild digestive discomfort
- Support healthy bowel regularity and consistency function*

Suggested use: One tablet three to four times daily, or as directed

Caution: Contraindicated in pregnancy. Contraindicated during lactation unless otherwise directed by a qualified health care professional. Contraindicated in blockage of the gallbladder. Use only with professional supervision in the presence of gallstones. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements



MediHerb® Milk Thistle Forte

Milk Thistle Forte is manufactured from Milk Thistle extract which contains flavanolignans (collectively known as silymarin), flavonoids and other compounds. This product is standardized to contain 168 mg of flavanolignans per tablet to ensure optimal strength and quality. The compounds in Milk Thistle Forte, particularly the flavanolignans, are used traditionally to:

- Provide antioxidant activity
- Support healthy liver function and structure
- Protect liver tissue by supporting normal cellular defenses
- Support healthy general detoxification and toxin elimination function
- Support healthy bile flow for relief of mild symptoms of occasional mild digestive discomfort
- Promote normal response to environmental stressors*

Suggested use: One tablet two to three times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. In anemia and cases where iron supplementation is required, do not take simultaneously with meals or iron supplements.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Catalyn® GF

Supplement Facts		
Serving Size: 3 Tablets Servings per Container: 120		
Amount per Serving	%Daily Value	
Total Carbohydrate	<1 g	<1%
Vitamin A	360 mcg RAE	40%
Vitamin C	4 mg	4%
Vitamin D	7.8 mcg	39%
Thiamine	0.2 mg	17%
Riboflavin	0.2 mg	15%
Vitamin B6	1 mg	50%
Proprietary Blend 625 mg		
Rice (bran), calcium lactate, carrot (root), organic sweet potato, nutritional yeast, bovine adrenal, bovine liver, magnesium citrate, bovine spleen, ovine spleen, bovine kidney, oat flour, organic dried pea (vine) juice, organic dried alfalfa (aerial parts) juice, sunflower lecithin, organic shiitake mushroom powder, and organic veseli mushroom powder.		
*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.		

Other Ingredients: Honey, glycerine, arabic gum, ascorbic acid, starch, calcium stearate, cholecalciferol, pyridoxine hydrochloride, vitamin A palmitate, sucrose, thiamine hydrochloride, and riboflavin.

Cataplex® F Tablets

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 90		
Amount per Serving	%Daily Value	
Vitamin B6	0.8 mg	47%
Iodine	95 mcg	63%
Proprietary Blend 275 mg †		
Calcium lactate, defatted wheat (germ), organic carrot (root), organic sweet potato, bovine prostate, bovine liver, magnesium citrate, bovine orchid extract, oat flour, organic flaxseed oil extract, para-aminobenzoate, bovine liver fat extract, ascorbic acid, sunflower lecithin, and d-alpha tocopherol (vitamin E sunflower).		
†Daily Value not established.		

Other Ingredients: Honey, glycerine, arabic gum, calcium stearate, prolamine iodine (zein), and pyridoxine hydrochloride.

Cruciferous Complete™

Supplement Facts		
Serving Size: 1 Capsule Servings per Container: 90		
Amount per Serving	%Daily Value	
Vitamin K1	4 mcg	3%
Potassium	10 mg	<1%
Proprietary Blend 500 mg †		
Organic kale (aerial parts) and organic brussels sprouts (aerial parts).		
†Daily Value not established.		

Other Ingredients: Gelatin, water, and calcium stearate.

Epimune Complex

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 45		
Amount per Serving	%DV	
Calories	4	
Vitamin C	20 mg	30%
Calcium	30 mg	2%
Zinc	10 mg	60%
Proprietary Blend 705 mg		
Dried yeast fermentate (EpiCor®)†, turkey tail mushroom powder†, maitake mushroom powder†, and maitake mushroom extract (MaitakeGold 404)†.		
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.		

Other Ingredients: Calcium lactate, cellulose, zinc rice chelate, acerola (berries), and manioc (root).

MaitakeGold 404® is a trademark of the Tradeworks Group, Inc. and is protected under U.S. Patent 5,854,404.

Olprima™ EPA|DHA

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 30

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	<2%*
Fish Oil Concentrate (from Anchovy and Sardine)	1220 mg	†
DHA	400 mg	†
EPA	30 mg	†
EPA	500 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

OPC Synergy®

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 40

	Amount per Serving	%DV
Calories	1.5	
Proprietary Blend	410 mg	
Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masqueleur's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.		

†Daily Value (DV) not established.

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

MASQUEUR'S® OPC is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands

ProSynbiotic

Supplement Facts

Serving Size: 3 Capsules
Servings per Container: 30

	Amount per Serving	%DV
Calories	8	
Total Carbohydrate	1.8 g	<1%*
Proprietary Blend	1,700 mg	†
Inulin†, galactooligosaccharide (GOS) (milk)†, and probiotic blend (S. boulardii, L. acidophilus, LA-5®, L. paracasei, L. casei 431®, and Bifidobacterium, BB-12®) (4 billion cfu)†.		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Maltodextrin, gelatin, water, calcium stearate, and sorbitan monostearate.

Tuna Omega-3 Oil

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Tuna Oil	1,330 mg	†
DHA	300 mg	†
EPA	60 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, and d-α-tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Vitamin D	2.5 mcg	13%
Vitamin E	3.3 mg	22%
Tuna Oil	1,080 mg	†
DHA	240 mg	†
EPA	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, d-α-tocopherol (vitamin E sunflower and soy), natural flavor, and cholecalciferol.

Veg-E Complete Pro™ Chocolate

Supplement Facts	
Serving Size: 4 Heaping Tablespoons (Scoops) or 1 packet	
Servings per Container: 18 or 10 packets	
Amount per Serving	%DV
Calories.....160	
Total Fat.....3.5 g.....5%*	
Polyunsaturated Fat.....1 g.....†	
Monounsaturated Fat.....1 g.....†	
Total Carbohydrate.....10 g.....3%*	
Fiber.....3 g.....12%*	
Sugars.....4 g.....†	
Protein.....15 g.....30%*	
Calcium.....60 mg.....6%	
Iron.....5 mg.....30%	
Potassium.....575 mg.....15%	
Sodium.....120 mg.....5%	
Proprietary Blend.....24 g	
Organic pea protein, organic pumpkin (seed) protein, and organic sesame (seed) protein.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Organic cocoa (processed with alkali), organic evaporated coconut tree sap (sugar), gum arabica (includes organic), sunflower lecithin, sea salt, natural flavors, monk fruit extract, organic guar gum, and xanthan gum.

Veg-E Complete Pro™ Vanilla

Supplement Facts	
Serving Size: 4 Heaping Tablespoons (Scoops) or 1 packet	
Servings per Container: 18 or 10 packets	
Amount per Serving	%DV
Calories.....130	
Total Fat.....2.5 g.....4%*	
Polyunsaturated Fat.....1 g.....†	
Monounsaturated Fat.....1 g.....†	
Total Carbohydrate.....8 g.....3%*	
Fiber.....1.5 g.....6%*	
Sugars.....4 g.....†	
Protein.....15 g.....30%*	
Calcium.....30 mg.....2%	
Iron.....5 mg.....30%	
Potassium.....200 mg.....5%	
Sodium.....320 mg.....15%	
Proprietary Blend.....27 g	
Organic pea protein, organic pumpkin (seed) protein, and organic sesame (seed) protein.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Organic evaporated coconut tree sap (sugar), natural flavors, sea salt, arabic gum, organic guar gum, sunflower lecithin, and monk fruit extract.

Whole Food Fiber

Supplement Facts	
Serving Size: 1 Level Tablespoon	
Servings per Container: 30	
Amount per Serving	%Daily Value
Calories.....25	
Total Carbohydrate.....5 mg.....2%*	
Dietary Fiber.....3 g.....11%*	
Proprietary Blend.....6 g.....†	
Oat fiber, beet fiber, rice (bran), organic beet (root), apple pectin, organic carrot (root), organic sweet potato, and carrot fiber.	
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	

Soluble fiber from foods such as oat fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

Zymex® Capsules

Supplement Facts	
Serving Size: 2 Capsules	
Servings per Container: 75	
Amount per Serving	%DV
Total Carbohydrate.....<1 g.....<1%*	
Proprietary Blend.....1000 mg.....†	
Rice (bran), carrot (root) and enzymatically processed Spanish Moss (Tillandsia usneoides) and organic beet (root).	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Gelatin, water, and calcium stearate.

Zymex® Wafers

Supplement Facts	
Serving Size: 2 Wafers Servings per Container: 50	
Amount per Serving	%DV
Calories.....9	
Total Carbohydrate.....2 g.....<1%*	
Sugars.....1 g.....†	
Calcium.....25 mg.....2%*	
Proprietary Blend.....1,680 mg	
Defatted wheat (germ)†, lactose (milk)†, date (fruit)†, wheat (milk)†, and enzymatically processed <i>Tillandsia usneoides</i> † and beet (root)†.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Honey, calcium lactate, and calcium stearate.

Zypan®

Supplement Facts	
Serving Size: 2 Tablets Servings per Container: 45 or 165	
Amount per Serving	%DV
Proprietary Blend.....600 mg.....†	
Betaine hydrochloride, bovine pancreas Cytosol™ extract, pepsin (1:10,000), pancreatin (3x), stearic acid (vegetable source), ammonium chloride, bovine spleen, and ovine spleen.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Cellulose and calcium stearate.

MediHerb® Colax

Supplement Facts	
Serving Size: 1 Tablet Servings per Container: 40	
Amount per Serving	%DV
Cascara stem bark 12:1 extract.....93.33 mg.....†	
from <i>Frangula purshiana</i> stem bark 1,112 g	
Dandelion root 4:1 extract.....93.75 mg.....†	
from <i>Taraxacum officinale</i> root 375 mg	
Yellow Dock root 4:1 extract.....93.75 mg.....†	
from <i>Rumex crispus</i> root 375 mg	
Dill (<i>Anethum graveolens</i>) seed essential oil.....15 mg.....†	
Chamomile (<i>Matricaria recutita</i>) flower essential oil.....2 mg.....†	
†Daily Value (DV) not established.	

Other Ingredients: Microcrystalline cellulose, maltodextrin, sodium starch glycolate, silicon dioxide, hypromellose, magnesium stearate and dibasic calcium phosphate dihydrate.

MediHerb® DiGest Forte

Supplement Facts	
Serving Size: 1 Tablet Servings per Container: 40	
Amount per Serving	%DV
Gentian root 2:1 extract.....100 mg.....†	
from <i>Gentiana lutea</i> root 200 mg	
Tangerine fruit peel 5:1 extract.....100 mg.....†	
from <i>Citrus reticulata</i> fruit peel 500 mg	
Feverfew leaf 3:1 extract.....66.7 mg.....†	
from <i>Tanacetum parthenium</i> leaf 200 mg	
Ginger rhizome 10:1 extract.....25 mg.....†	
from <i>Zingiber officinale</i> rhizome 250 mg	
Wormwood herb 4:1 extract.....25 mg.....†	
from <i>Artemisia absinthium</i> herb 100 mg	
Tangerine (<i>Citrus reticulata</i>) fruit peel essential oil, cold pressed.....12.5 mg.....†	
†Daily Value (DV) not established.	

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, silicon dioxide, hypromellose, magnesium stearate and dibasic calcium phosphate dihydrate.

MediHerb®
HiPep

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
Amount per Serving	%DV	
Deglycyrrhized Licorice root 12:1 extract from <i>Glycyrrhiza glabra</i> root 3.42 g	285 mg	†
Chamomile flower 6:1 extract from <i>Matricaria recutita</i> flower 600 mg	100 mg	†
Meadowsweet herb 5:1 extract from <i>Filipendula ulmaria</i> herb 500 mg	100 mg	†
Chamomile (<i>Matricaria recutita</i>) flower essential oil	5 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, maltodextrin, silicon dioxide, hypromellose and magnesium stearate.

MediHerb®
Livton® Complex

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40 or 120		
Amount per Serving	%DV	
Calories	2	
Globe Artichoke leaf 4:1 extract from <i>Cynara scolymus</i> leaf 800 mg	200 mg	†
Dandelion root 4:1 extract from <i>Taraxacum officinale</i> root 400 mg	100 mg	†
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 8.0 g Containing flavanolignans calculated as silybin 80 mg	114.3 mg	†
Bupleurum root 4.5:1 extract from <i>Bupleurum falcatum</i> root 300 mg	66.7 mg	†
Fringe Tree stem bark 3:1 extract from <i>Chionanthus virginica</i> stem bark 160 mg	53.3 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Cellulose, sodium starch glycolate, maltodextrin, croscarmellose sodium, silica, hypromellose, calcium phosphate and magnesium stearate.

MediHerb®
Milk Thistle Forte

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 60		
Amount per Serving	%DV	
Calcium	30 mg	2%
Milk Thistle seed 70:1 extract from <i>Silybum marianum</i> seed 16.8 g Containing flavanolignans calc. as silybin 168 mg	240 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, magnesium stearate, silicon dioxide and sodium starch glycolate.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Functional Neurology
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Practitioner Focused. Patient Driven.

Foundational Health

Health and Wellness

Preventative Care

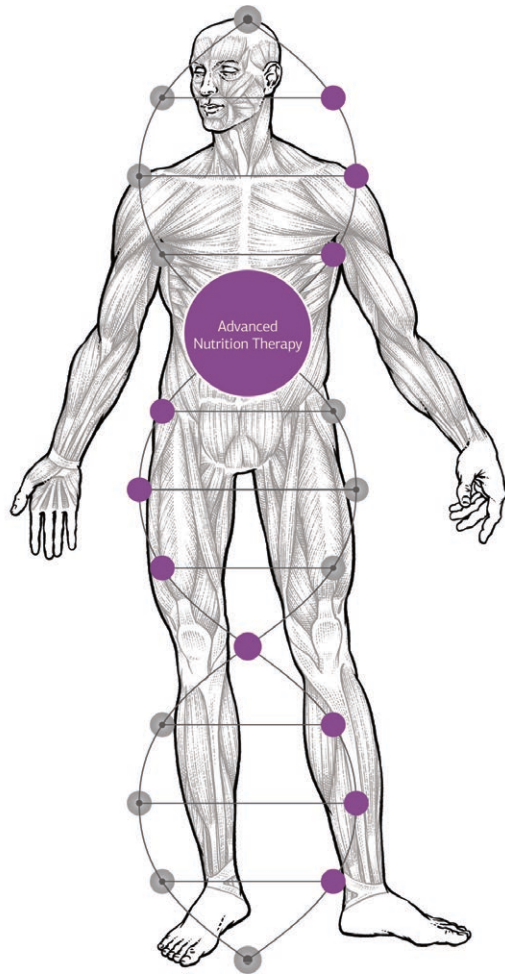
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Functional Neurology Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous


system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

The central nervous system (CNS) plays a pivotal role in the full functional capacity of the whole body. Whether the nervous system response is controlled (sympathetic) or uncontrolled (parasympathetic), maintaining an overall balance of the autonomic nervous system as a whole is important to a normal healthy response.¹

Nutritional support may be a contributing factor to the healthy functioning of the CNS system.² Selected whole food nutrition may play an important role. This guide is designed to offer a group of product suggestions that can be selected to address this major system of health.

¹ Koopman, F.A., et al., *Restoring the Balance of the Autonomic Nervous System as an Innovative Approach to the Treatment of Rheumatoid Arthritis*. Molecular Medicine, 2011. **17**(9): p. 937-948.

² Wulsin, L., J. Herman, and J.F. Thayer, *Stress, autonomic imbalance, and the prediction of metabolic risk: A model and a proposal for research*. Neuroscience & Biobehavioral Reviews, 2018. **86**: p. 12-20.



The products that follow in this book offer whole food-based nutritional and herbal support for the healthy functional activity and response of the neurological network.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.



A-F Betafood®

A-F Betafood includes an array of whole food and other ingredients to support healthy fat digestion.*

- Supports normal processing of dietary fats for supporting cholesterol metabolism
- Supports healthy bowel functioning
- Supports bile production in the liver and healthy bile flow in the gallbladder
- Helps maintain healthy levels of fat in the liver*

Suggested use: Two tablets per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.





Cataplex® B₁₂

Cataplex B₁₂ supports blood health and general well-being.*

- Promotes and supports blood production
- Maintains healthy blood
- Supports folic acid metabolism and homocysteine management
- Supports healthy development of red blood cells
- Essential for normal myelin synthesis and central nervous system function*

Suggested use: One tablet per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Cataplex® G

Cataplex G maintains nerve health and provides a calmative effect on the nervous system.*

- Encourages healthy parasympathetic nerve function
- Supports healthy liver function
- Supports brain and nervous system function
- Supports the body's metabolism
- Provides coenzymes and cofactors needed for cellular function*

Suggested use: One tablet per meal, or as directed.





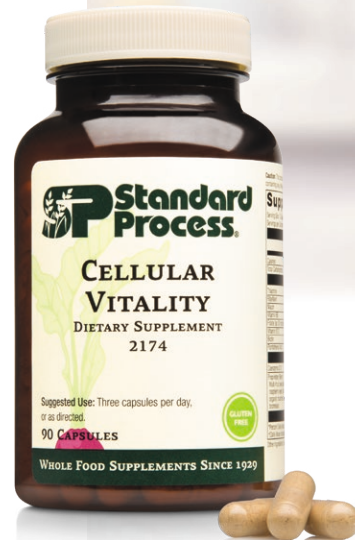
Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





E-Z Mg™

E-Z Mg is a plant-based, multiform magnesium (Mg) developed to support patients with inadequate dietary magnesium intake. Made from two key ingredients: Swiss chard (beet leaf) and buckwheat – both grown on our sustainable and certified organic farm in Wisconsin.

- Plant-based, naturally occurring multiform of magnesium
- Helps to bridge the gap in dietary magnesium intake*
- May promote whole-body and urine alkalization*
- Rich source of vitamin K1

Suggested use: One stick pack per day, or as directed. Add stick pack into 8 ounces of water and mix thoroughly for 10 to 15 seconds.

Warning: This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you have been directed to eat a diet low in oxalates (found in leafy green vegetables), please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.



Neuroplex®

Neuroplex combines synergistic ingredients to support the nervous and endocrine systems.*

- Supports the nervous system
- Supports cognitive functioning
- Contains a broad spectrum of vitamins, minerals, and complementary tissues to support endocrine organ function*

Suggested use: Two tablets per day, or as directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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Neurotrophin PMG[®]

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Olprima™ DHA

Olprima DHA provides condition-specific support through a high concentration of the omega-3, DHA. Olprima DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports healthy triglyceride and HDL*^
- Supports healthy inflammatory processes*
- Supports cardiovascular function*^
- Supports general brain health and cognition*

Suggested use: Two softgels per day, or as directed.

Special instructions: Store in a cool, dark place.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

^As part of a diet low in saturated fat and cholesterol.



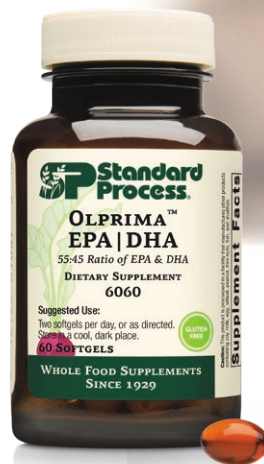


Olprima™ EPA | DHA

Olprima EPA|DHA provides condition-specific support through a 55:45 ratio of the omega-3s, EPA and DHA. Olprima EPA|DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports cardiovascular health*^
- Supports healthy inflammatory processes*
- Supports general brain health and cognition*
- General mood support

Suggested use: Two softgels per day, or as directed.



Special instructions: Store in a cool, dark place.

^As part of a diet low in saturated fat and cholesterol.



OPC Synergy®

OPC Synergy provides a synergistic blend that exhibits antioxidant activity and supports cell functioning.*

- Provide nutrients that support antioxidant activity
- Support and maintains normal cell function
- Help maintain normal cognitive function
- Traditionally used in support of eye health
- Support the complex processes associated with aging
- Support a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Organically Bound Minerals

Organically Bound Minerals contains iodine from alfalfa and kelp.*

- Encourages healthy enzyme functioning
- Promotes healthy connective tissue
- Helps maintain proper cellular energy production
- Provides ingredients with antioxidant activity
- Includes whole food-sourced ingredients with complexity maintained through careful processing
- Supports nervous system health
- Contains iodine to assist with proper thyroid function*

Suggested use: One tablet per meal, or as directed.



Caution: High dose iodine products should only be used under the direct supervision of a healthcare professional. Keep out of reach of children.

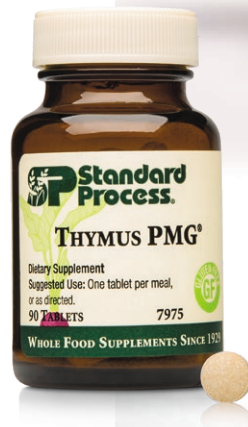


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.* Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

Special Instructions: Store product in a cool, dark place.



MediHerb® Kava Forte

This tablet contains Kava root extracted with 100% water, which provides an extract with a full spectrum of compounds including kavalactones. This product is standardized to contain 50 mg of kavalactones per tablet to ensure optimal strength and quality. The compounds in Kava Forte, particularly the kavalactones, work together to traditionally help:

- Calm the nerves
- Ease the effects of mild tension and stress
- Promote relaxation and sleep
- Support muscle relaxation*

Suggested use: One tablet two to three times daily, or as directed.

Caution: USFDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Ask a health care professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (eg unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair your ability to operate a vehicle or dangerous equipment. Not for prolonged use. Do not exceed recommended dose.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Nervagesic

Nervagesic contains California Poppy, Jamaican Dogwood and Corydalis. This combination of herbs contains many compounds including alkaloids, isoflavonoids and other flavonoids. The herbs in Nervagesic are used traditionally to help:

- Ease temporary mild nervous system discomfort
- Provide nervous system support during temporary or occasional nervous system discomfort
- Promote relaxation of the muscles
- Ease the effects of temporary or occasional nervous stress
- Provide relief from occasional sleeplessness
- Enhance the ability to relax during the night
- Ease the effects of cramping associated with menstruation
- Relieve temporary mild muscular cramps and spasms
- Relieve mild nervous tension*

Suggested use: Two tablets two times daily, or as directed.

Caution: Contraindicated in pregnancy and lactation.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Nevaton® Forte

The blend of herbs in Nevaton Forte offers major nervous system support. Saffron, St John's Wort, Schisandra and Skullcap provide a wide range of phytochemicals including hypericins (naphthodianthrone and pseudohypericin), flavonoids, phenolics, dibenzocyclooctene lignans, carotenoids and other compounds. The St John's Wort component of this tablet is standardized to contain 375 mcg per tablet of hypericins to ensure optimal strength and quality. Nevaton Forte contains herbs used traditionally to:

- Calm the nerves and restore balance in temporary mild mood swings
- Support healthy nervous system response
- Encourage balance between the body and mind
- Help promote healthy mood balance
- Provide relief from occasional sleeplessness
- Ease the effects of occasional mild stress*

Suggested use: One tablet three to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV irradiation (eg sunlight, tanning) when using this product. Not recommended in cases of known photosensitivity.



MediHerb® Rhodiola & Schisandra

This combination of Rhodiola and Schisandra contains many compounds including phenylpropanoids such as rosarin, rosavin and rosin (rosavins), salidroside (a hydroxyphenethyl glucoside), and dibenzocyclooctene lignans including schisandrin. This product is standardized to contain 4.5 mg of rosavins and 1.5 mg of salidroside per tablet to ensure optimal strength and quality. Together these herbs and the substances within them have been traditionally used to:

- Maintain feelings of general well-being when experiencing temporary stress
- Help the body adapt to the changes of everyday life
- Support healthy nervous system function
- Support healthy cognitive function
- Help maintain proper energy and support healthy physical performance
- Work as a tonic to benefit the entire body*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

A-F Betafood®

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 90 or 180

Amount per Serving	%Daily Value
Total Carbohydrate	<1 g
Total Sugars	<1 g
Vitamin A	450 mcg RAE
Vitamin B6	0.3 mg
Iodine	40 mcg

Proprietary Blend 550 mg
Organic beet (root), carrot (root), organic sweet potato, oat flour, organic dried swiss chard (beet leaf) juice, calcium lactate, rice (bran), magnesium citrate, bovine liver, bovine prostate, nutritional yeast, bovine kidney, organic alfalfa (aerial parts), organic flaxseed oil, bovine orchid extract, bovine liver fat extract, 6-alpha tocopherol (vitamin E sunflower), and sunflower lecithin.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, arabic gum, starch, calcium stearate, vitamin A palmitate, proline iodine (zein), ascorbic acid, and pyridoxine hydrochloride.

Cataplex® B₁₂

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

Amount per Serving	%DV
Calories	2
Vitamin B12	6 mcg

Proprietary Blend 360 mg
Bovine liver†, carrot (root)†, sweet potato†, calcium lactate, porcine stomach parenchyma†, bovine spleen†, ovine spleen†, bovine adrenal Cytosol™ extract†, oat flour†, and ascorbic acid.

†Daily Value (DV) not established.

Other Ingredients: Cellulose, honey, dicalcium phosphate, and cyanocobalamin.

Cataplex® G

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90 or 360

Amount per Serving	%DV
Calories	2
Vitamin C	6.5 mg
Riboflavin	1.3 mg
Niacin	12 mg
Vitamin B6	0.3 mg

Proprietary Blend 278 mg
Bovine liver†, porcine stomach†, choline bitartrate†, calcium lactate, nutritional yeast†, defatted wheat (germ)†, para-aminobenzoate†, allantoin†, and porcine brain†.

†Daily Value (DV) not established.

Other Ingredients: Honey, niacinamide, ascorbic acid, glycerin, riboflavin, arabic gum, calcium stearate, and pyridoxine hydrochloride.

Cellular Vitality

Supplement Facts

Serving Size: 3 Capsules
Servings per Container: 30

Amount per Serving	%Daily Value
Calories	10
Total Carbohydrate	1 g
Thiamine	0.2 mg
Riboflavin	0.3 mg
Niacin	3 mg
Vitamin B6	0.3 mg
Folate (as 50 mcg folic acid)	20 mcg DFE
Vitamin B12	0.5 mcg
Biotin	10 mcg
Pantothenic Acid	1 mg

Coenzyme Q10 80 mg
Proprietary Blend 800 mg
Wheat-free seed powder (ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed, and pomegranate seed), ribonucleic acid, organic mushroom powder (Cordyceps sinensis), American ginseng (root), and bromelain.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.
Other Ingredients: Organic quinoa sprouts, cellulose, calcium stearate, and water.

E-Z Mg™

Supplement Facts		
Serving Size: 1 stick pack Servings per Container: 30		
Amount per Serving	%Daily Value	
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	<1 g	†
Vitamin K1	60 mcg	50%
Calcium	20 mg	2%
Phosphorus	30 mg	2%
Magnesium	85 mg	20%
Sodium	50 mg	2%
Potassium	350 mg	8%
Proprietary Blend 6 g †		
Organic dried swiss chard (beet leaf) juice and organic dried buckwheat (aerial parts) juice.		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Organic rice (hull) concentrate, natural flavor, and monk fruit extract.

Neuroplex®

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 45		
Amount per Serving	%Daily Value	
Cholesterol	<5 mg	<2%
Thiamine	0.9 mg	80%
Riboflavin	0.3 mg	70%
Niacin	40 mg	250%
Vitamin B6	8.9 mg	520%
Iron	8 mg	45%
Zinc	16 mg	150%
Copper	0.3 mg	35%
Proprietary Blend 655 mg †		
Spanish moss (Albizia leonensis), bovine archaic Cytosol™ extract, porcine brain PMG™ extract, bovine spleen, ovine spleen, defatted wheat (germ), bovine hypothalamus, bovine anterior pituitary, bovine liver, calcium lactate, para-aminobenzoate, porcine brain, bovine pituitary PMG™ extract, and ascorbic acid.		
†Daily Value not established.		
Other Ingredients: Gelatin, zinc rice chelate, iron rice chelate, niacinamide, water, pyridoxine hydrochloride, copper rice chelate, calcium stearate, thiamine hydrochloride, and riboflavin.		

Neurotrophin PMG®

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 90		
Amount per Serving	%DV	
Calories 1	
Cholesterol 10 mg 3%
Calcium 10 mg 1%
Proprietary Blend 200 mg		
Porcine brain PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Olprima™ DHA

Supplement Facts		
Serving Size: 2 Softgels Servings per Container: 30		
Amount per Serving	%Daily Value	
Calories	15	
Total Fat	1 g	<2%*
Cholesterol	10 mg	3%
Fish Oil Concentrate (from Tuna)		
Total Omega-3	1220 mg	†
DHA	800 mg	†
EPA	670 mg	†
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		
Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.		

Olprima™ EPA | DHA

Supplement Facts		
Serving Size: 2 Softgels Servings per Container: 30		
Amount per Serving	%Daily Value	
Calories	10	
Total Fat	1 g	<2%*
Fish Oil Concentrate (from Anchovy and Sardine)		
DHA	1220 mg	†
EPA	400 mg	†
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		
Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.		

OPC Synergy®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 40
Amount per Serving	%DV
Calories	1.5
Proprietary Blend	410 mg
Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

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Organically Bound Minerals

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 180
Amount per Serving	%Daily Value
Iodine	200 mcg 130%
Chromium	1 mcg 2%
Proprietary Blend	340 mg †
Organic kelp and organic dried alfalfa (seal parts) juice.	
†Daily Value not established.	
Other Ingredients: Organic honey and organic rice hulls extract.	

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories	1
Calcium	18 mg 2%
Sodium	22 mg <1%
Proprietary Blend	215 mg
Bovine thymus PMG™ extract† and magnesium citrate.	
†Daily Value (DV) not established.	
Other Ingredients: Calcium lactate, cellulose, and calcium stearate.	

Tuna Omega-3 Oil

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%
Cholesterol	5 mg 2%
Tuna Oil	1,330 mg †
DHA	300 mg †
EPA	60 mg †
†Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	
Other Ingredients: Gelatin, glycerine, water, and D-alpha tocopherol (vitamin E soy).	

Tuna Omega-3 Chewable

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%
Cholesterol	5 mg 2%
Vitamin D	2.5 mcg 13%
Vitamin E	3.3 mg 22%
Tuna Oil	1,080 mg †
DHA	240 mg †
EPA	50 mg †
†Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	
Other Ingredients: Gelatin, glycerine, water, D-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and cholecalciferol.	

MediHerb®
Kava Forte

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
Amount per Serving	%DV	
Kava root 7:1 water extract from <i>Piper methysticum</i> root 3.2 g Containing kavalactones 50 mg	455 mg	†
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, maltodextrin, magnesium stearate, silicon dioxide, hypromellose, sodium starch glycolate and dibasic calcium phosphate dihydrate.		

MediHerb®
Nervagesic

Supplement Facts		
Serving Size: 2 Tablets Servings per Container: 20		
Amount per Serving	%DV	
Calories	6	
California Poppy herb flowering 4:1 extract from <i>Eschscholzia californica</i> herb flowering 1.6 g	400 mg	†
Jamaican Dogwood stem bark 4:1 extract from <i>Piscidia piscioides</i> stem bark 800 mg	200 mg	†
<i>Corydalis yanhussuo</i> tuber 10:1 extract from <i>Corydalis yanhussuo</i> tuber 1.6 g	160 mg	†
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, gum arabic, maltodextrin, sodium starch glycolate, croscarmellose sodium, hypromellose, magnesium stearate, dibasic calcium phosphate dihydrate and silicon dioxide.		

MediHerb®
Nevaton® Forte

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
Amount per Serving	%DV	
Skullcap herb 4:1 extract from <i>Scutellaria lateriflora</i> herb 500 mg	125 mg	†
St John's Wort herb flowering top 6:1 extract from <i>Hypericum perforatum</i> herb flowering top 750 mg Containing hypericins 375 mcg Containing flavonoid glycosides 7.5 mg	125 mg	†
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 675 mg	112.5 mg	†
Saffron stigma 3:1 extract from <i>Crocus sativus</i> stigma 22.5 mg	7.5 mg	†
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, croscarmellose sodium, magnesium stearate, hypromellose, maltodextrin, silicon dioxide, dibasic calcium phosphate dihydrate and dextrin.		

MediHerb®
Rhodiola & Schisandra

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
Amount per Serving	%DV	
Rhodiola root 4:1 extract from <i>Rhodiola rosea</i> root 600 mg Containing salidroside 1.5 mg and rosavins 4.5 mg	150 mg	†
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 660 mg	110 mg	†
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, hypromellose, magnesium stearate and silicon dioxide.		

NOTES

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Hormone System Support
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Practitioner Focused. Patient Driven.

Foundational Health

Health and Wellness

Preventative Care

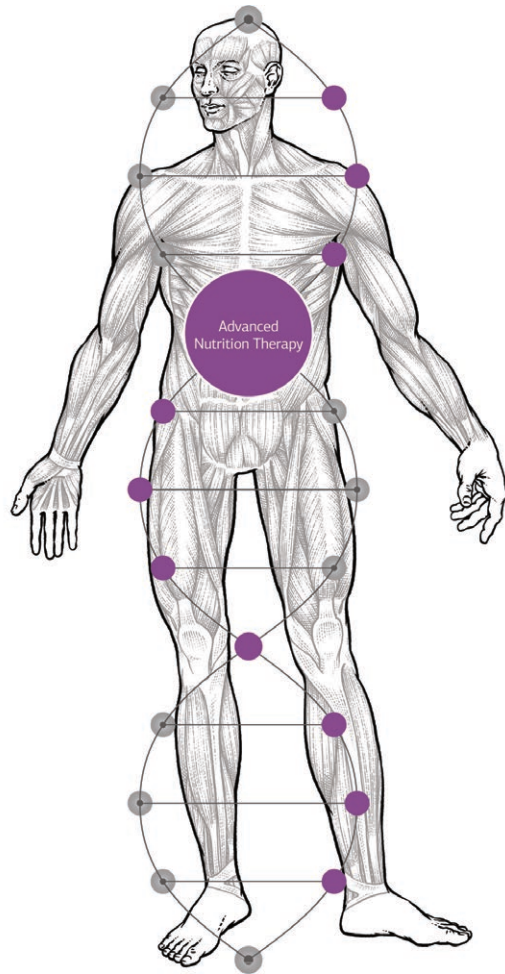
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Hormone System Support Products Include:

Whole food-based nutrition products
to help address specific health issues
requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous

system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.


While the human body has a large number of underlying systems that work to influence healthy and normal body function, one key system that is often overlooked is the endocrine or hormonal system. This system in particular is important as it influences the major metabolic systems and thus helps regulate and balance some of the most important underlying systems.¹

By making sure that the hormonal system is well balanced, it is then possible to support normal functional capacity of energy metabolism, stress response and a variety of other core systems ranging from the cardiovascular system to the immune system, and even the digestive system.^{2,3}

¹ Chahal, H.S. and W.M. Drake, *The endocrine system and ageing*. J Pathol, 2007. **211**(2): p. 173-80.

² Anthony, H.T., et al., *Endocrine regulation of circadian physiology*. Journal of Endocrinology, 2016. **230**(1): p. R1-R11.

³ Murphy, K.G. and S.R. Bloom, *Gut hormones and the regulation of energy homeostasis*. Nature, 2006. **444**(7121): p. 854-859.



The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that help maintain a healthy and functional hormonal system.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.



Cataplex® E

Cataplex E supports cells and cell processes as well as healthy thyroid function.*

- Provides ingredients with antioxidant activity
- Supports cell signaling and regulation of gene expression
- Good source of antioxidant selenium*

Suggested use: Two tablets per meal, or as directed.





Drenamin®

Drenamin supports adrenal function and helps maintain emotional balance.*

- Promotes healthy adrenal gland function
- Encourages a healthy response to everyday environmental stresses and supports immune system response function
- Maintains energy production
- Supports a balanced mood
- Good source of antioxidant vitamin C*

Suggested use: Three tablets per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



OPC Synergy®

OPC Synergy provides a synergistic blend that exhibits antioxidant activity and supports cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.





Pituitrophin PMG®

Pituitrophin PMG supports healthy pituitary function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

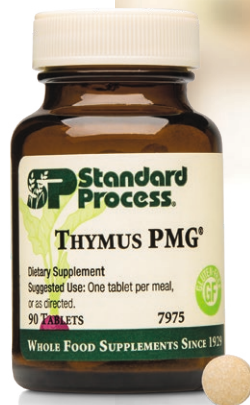


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Thytrophin PMG®

Thytrophin PMG is designed to support healthy thyroid function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Adrenal Complex

Adrenal Complex contains Licorice and Rehmannia, a combination that contains many compounds including triterpenoid saponins (especially glycyrrhizin), other saponins, iridoid glycosides and many flavonoids. The Licorice component of this tablet is standardized to contain 25 mg of glycyrrhizin per tablet to ensure optimal strength and quality. Together these herbs and the substances within them are used traditionally to:

- Restore adrenal function
- Support adrenal gland health
- Help the body adapt to the challenges of everyday life*

Suggested use: One tablet two to three times daily, or as directed.



Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation.

MediHerb® Ashwagandha Complex

Ashwagandha Complex contains: Ashwagandha, Licorice, Skullcap and Korean Ginseng. This combination of herbs contains many compounds including steroidal compounds (including the complex mixture of steroidal saponins called ginsenosides), alkaloids, triterpenoid saponins (especially glycyrrhizin), other saponins and many flavonoids. The Korean Ginseng component of this tablet is standardized to contain 1.68 mg per tablet of ginsenosides (calculated as Rb₂ to Rb₁ is NLT 0.4 by HPLC) to ensure optimal strength and quality. Together these herbs and the substances within them are used traditionally to:

- Work as a tonic to benefit the entire body
- Maintain feelings of general well-being when experiencing temporary stress
- Support a healthy immune system
- Promote vitality and stamina in people of any age
- Support and maintain the body as it ages
- Help maintain healthy mood balance*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Discontinue during an acute infection or fever. If you have a thyroid condition use strictly under physician direction.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Chaste Tree

Chaste Tree contains flavonoids (especially methoxylated flavones), iridoid glycosides (such as aucubin), diterpenes, sesquiterpenes, an essential oil and other compounds. Together this herb and the substances within it are used traditionally to:

- Support healthy prolactin and progesterone levels in the body
- Encourage healthy menstrual cycling
- Ease discomfort associated with premenstrual syndrome
- Support normal reproductive function in women
- Address non-cystic mild acne
- Ease temporary feelings of mild nervous tension associated with the menstrual cycle*

Suggested use: One tablet one to four times daily, or as directed.



Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

MediHerb® FemCo

FemCo contains White Peony, Shatavari and Schisandra. This combination of herbs contains many compounds including the monoterpene glycoside paeoniflorin, steroidal saponins (such as shatavarin-I and dioscin) and dibenzocyclooctene lignans. Together these herbs and their constituents are used traditionally to help:

- Support women's general well-being and vitality
- Support normal reproductive function in women
- Ease the effects of mild cramping associated with menstruation
- Encourage healthy menstrual cycling
- Ease the effects of everyday tension and stress*

Suggested use: One tablet three to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Rhodiola & Ginseng Complex

Rhodiola & Ginseng Complex contains Rhodiola and Korean Ginseng, a combination which contains many compounds including phenylpropanoids such as rosarin, rosavin and rosin (rosavins), salidroside (a hydroxyphenethyl glucoside), and a complex mixture of steroidal saponins (called ginsenosides). This product is standardized to contain 4.5 mg of rosavins, 1.5 mg of salidroside and 8.4 mg of ginsenosides (calculated as Rb₂ to Rb₁ is NLT 0.4 by HPLC) per tablet to ensure optimal strength and quality. Together these herbs and the substances within them have been used traditionally to:

- Support mental clarity and cognitive function
- Promote vitality and stamina
- Help maintain proper energy
- Support physical endurance
- Maintain feelings of general well-being when experiencing temporary stress
- Help the body adapt to the changes of everyday life
- Support and maintain the body as it ages
- Support the body's natural defenses against stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever.



MediHerb® Thyroid Complex

The combination of herbs in Thyroid Complex (Bladderwrack, Bacopa and Ashwagandha) contain many compounds including trace minerals (including iodine), polyphenols, steroidal compounds (including withanolides), triterpenoid saponins such as bacosides, alkaloids and flavonoids. Together these herbs and their constituents can help to:

- Support healthy thyroid function important for normal energy production
- Maintain normal thyroid function
- Helps assist the body in achieving normal basal metabolism through supporting healthy thyroid function
- Maintain or improve general well-being*

Suggested use: One tablet daily, or as directed.

Caution: Contraindicated in pregnancy and lactation. Contraindicated in hyperthyroidism and related cardiac problems. If you have a thyroid condition, use strictly under physician direction.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Tribulus

Tribulus contains an extract of *Tribulus terrestris* herb (aerial parts - leaves and stems) and contains steroidal saponins, mainly furostanol glycosides (including protodioscin and protogracillin) and small quantities of spirostanol glycosides, sterols and other compounds. This product is standardized to contain 100 mg per tablet of furostanol saponins to ensure optimal strength and quality. The compounds in Tribulus have been used traditionally to:

- Help support normal reproductive function in men and women
- Help support normal hormone production in men and women
- Promote vitality and stamina
- Support physical endurance
- Promote an overall feeling of well-being*

Suggested use: One tablet one to three times daily, or as directed.



Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

Appendix

Cataplex® E

Supplement Facts	
Serving Size: 2 Tablets	Servings per Container: 45 or 180
Amount per Serving	%DV
Calories.....	3
Vitamin E.....	5 IU.....15%
Selenium.....	11 mcg.....15%
Proprietary Blend.....	509 mg
Bovine orchic extract†, inositol†, dried pea (vine) juice†, ribonucleic acid†, bovine adrenal†, beet (root)†, oat flour†, bovine spleen†, ovine spleen†, para-aminobenzoic acid†, bovine liver†, manganese lactate, and ascorbic acid.	
†Daily Value (DV) not established.	

Other Ingredients: Honey, D-alpha tocopherol (vitamin E sunflower), selenium yeast arabic gum, and calcium stearate.

Drenamin®

Supplement Facts	
Serving Size: 3 Tablets	Servings per Container: 30 or 120
Amount per Serving	%Daily Value
Vitamin C.....	9 mg.....10%
Riboflavin.....	1 mg.....80%
Niacin.....	12 mg.....80%
Vitamin B6.....	0.3 mg.....20%
Proprietary Blend.....	725 mg.....†
Calcium lactate, rice (bran), bovine liver, bovine adrenal, porcine stomach, nutritional yeast, bovine adrenal PMG™ extract, choline bitartrate, organic dried alfalfa (aerial parts) juice, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), magnesium citrate, oat flour, bovine bone, para-aminobenzoic acid, organic chitole mushroom powder, organic reishi mushroom powder, porcine brain, veal bone PMG™ extract, organic sweet potato, and sunflower lecithin.	
†Daily Value (DV) not established.	

Other Ingredients: Honey, cellulose, niacinamide, ascorbic acid, calcium stearate, riboflavin, D-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

OPC Synergy®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 40
Amount per Serving	%DV
Calories.....	1.5
Proprietary Blend.....	410 mg
Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.

MASQUELIER'S® OPCs is a registered trademark of International Nutrition Company BV, Loosdrecht, the Netherlands.

Pituitrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....	1
Calcium.....	30 mg.....2%
Proprietary Blend.....	118 mg
Magnesium citrate and bovine pituitary PMG™ extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....1	
Calcium.....18 mg.....2%	
Sodium.....22 mg.....<1%	
Proprietary Blend.....215 mg	
Bovine thymus PMG™ extract† and magnesium citrate,	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thyrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%DV
Calories.....1	
Calcium.....30 mg.....2%	
Proprietary Blend.....109 mg	
Magnesium citrate and bovine thyroid PMG™ extract† (processed to substantially remove its thyroxine),	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

MediHerb® Adrenal Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calcium.....64 mg.....4%	
Licorice root 7:1 extract.....250 mg.....†	
from <i>Glycyrrhiza glabra</i> root 1.75 g Containing glycyrrhizin 25 mg	
Rehmannia rhizome 5:1 extract.....150 mg.....†	
from <i>Rehmannia glutinosa</i> rhizome 750 mg	
†Daily Value (DV) not established.	

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, magnesium stearate and hypromellose.

MediHerb® Ashwagandha Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calcium.....58 mg.....4%	
Skullcap herb 4:1 extract.....117.5 mg.....†	
from <i>Scutellaria lateriflora</i> herb 470 mg	
Licorice root 7:1 extract.....107.15 mg.....†	
from <i>Glycyrrhiza glabra</i> root 750 mg	
Ashwagandha root 10:1 extract.....95 mg.....†	
from <i>Withania somnifera</i> root 950 mg	
Korean Ginseng root 5:1 extract.....20 mg.....†	
from <i>Panax ginseng</i> root 100 mg Containing ginsenosides* 1.68 mg	
†Daily Value (DV) not established.	

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, maltodextrin, hypromellose, magnesium stearate, silicon dioxide and dextrose.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb®
Chaste Tree

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40 or 120		
	Amount per Serving	%DV
Calcium	87 mg	6%
Chaste Tree fruit 6:1 extract from <i>Vitex agnus-castus</i> fruit 500 mg	83.3 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, silicon dioxide, hypromellose and magnesium stearate.

MediHerb®
FemCo

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
	Amount per Serving	%DV
Calcium	74 mg	6%
Schisandra fruit 6:1 extract from <i>Schisandra chinensis</i> fruit 1.0 g	166.6 mg	†
White Peony root 4:1 extract from <i>Paeonia lactiflora</i> root 750 mg	187.5 mg	†
Shatavari root 6:1 extract from <i>Asparagus racemosus</i> root 600 mg	100 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, hypromellose, magnesium stearate and silicon dioxide.

MediHerb®
Rhodiola & Ginseng Complex

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 60		
	Amount per Serving	%DV
Rhodiola root 4:1 extract from <i>Rhodiola rosea</i> root 600 mg Containing rosvivins 4.5 mg and salidroside 1.5 mg	150 mg	†
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 500 mg Containing ginsenosides* 8.4 mg	100 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, dextrose, hypromellose and magnesium stearate.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb®
Thyroid Complex

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40 or 120		
	Amount per Serving	%DV
Calcium	57 mg	4%
Iodine (from Bladderwrack whole plant)	300 mcg	200%
Bladderwrack whole plant 5:1 extract from <i>Fucus vesiculosus</i> whole plant 1.5 g	300 mg	†
Withania (Ashwagandha) root 10:1 extract from <i>Withania somnifera</i> root 1.20 g	120 mg	†
Bacopa herb 50:1 extract from <i>Bacopa monnieri</i> herb 2.5 g Containing bacosides as bacoside A 25 mg	50 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, croscarmellose sodium, magnesium stearate, silicon dioxide and hypromellose.

MediHerb®
Tribulus

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 40		
	Amount per Serving	%DV
Calcium	74 mg	6%
Tribulus herb (aerial parts) 55:1 extract from <i>Tribulus terrestris</i> herb (aerial parts) 13.5 g Containing furostanol saponins as protodioscin 100 mg	245.45 mg	†
†Daily Value (DV) not established.		

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, hypromellose, silicon dioxide and magnesium stearate.

NOTES

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Advanced Nutrition Therapy

Immune System / Inflammatory
Response Function

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.



Foundational Health

Health and Wellness

Preventative Care

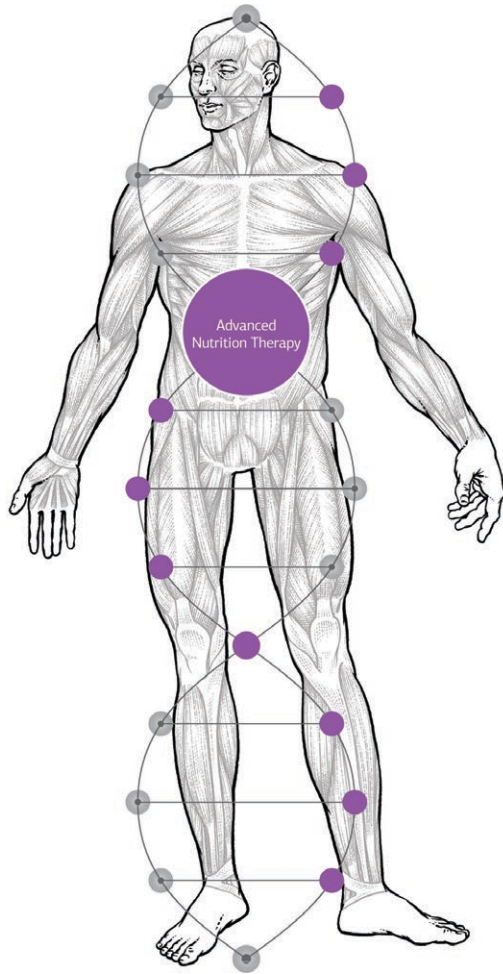
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Immune System / Inflammatory Response Function Products Include:

Whole food-based nutrition products
to help address specific health issues
requiring advanced nutrition insights.


More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced clinical insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve

a normal health trajectory. These important systems, including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

Today, health care practitioners know that many chronic health issues have an underlying basis on a compromised immune response that has led to an issue of inflammatory responses that have not been resolved. Recent clinical studies have shown that the ability to support the resolution phase of the inflammation process helps stabilize the immune system so that its response and function is normal and healthy. This requires that the immune response and cascade be supported with key nutritional components that support the foundational responses to this system. With adequate and specific nutrition, the immune system and its activation and



response can be supported and stabilized. Whole food solutions can effectively support and improve diet and lifestyle strategies and offer patients a more personalized approach to nutrition.

The products that follow in this book offer a variety of effective nutritional solutions that can serve as foundational support to improve the functional outcomes of the immune system and its potential inflammatory responses.



Calamari Omega-3 Liquid

Calamari Omega-3 Liquid helps bridge the gap in dietary omega-3 intake and supports general health for patients at all stages of life. With a clean, understated citrus taste, it's perfect for those who cannot or prefer not to swallow pills, especially children and the elderly. It's also certified sustainable from the independent nonprofit group Friend of the Sea® and rigorously tested to be below regulatory standards for contaminants and toxins.

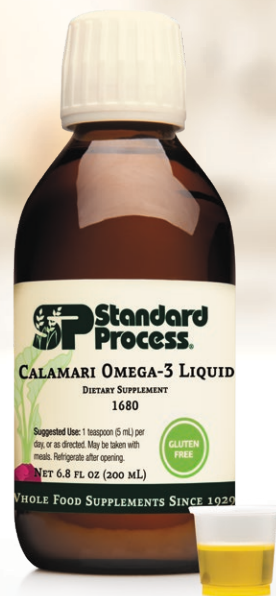
Calamari Omega-3 Liquid supports healthy inflammatory processes, immune system response,* and also:

- Supports cardiovascular health^
- Assists in triglyceride management for triglyceride levels already within a normal range^
- Supports normal blood pressure already within a normal range
- Supports healthy normal blood coagulation
- Supports cognition
- Promotes emotional balance
- Supports skin, nail, and hair health
- Supportive but not conclusive research has shown that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.*^

Suggested use: 1 teaspoon (5 mL) per day, or as directed. May be taken with meals.

Special information: Refrigerate after opening.

^As part of a diet low in saturated fat and cholesterol.





Cardiotrophin PMG®

Cardiotrophin PMG includes bovine heart PMG™ extract to support heart muscle function.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Supports the heart and cardiovascular system
- Supports normal heart cell growth and differentiation*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

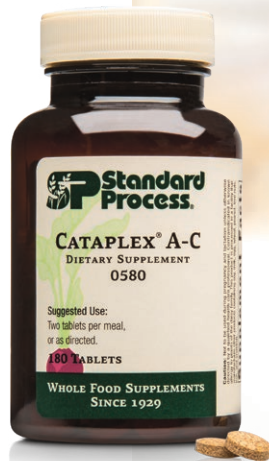
Cataplex® A-C

Cataplex A-C helps support immune system function and maintains healthy cells and tissues.*

- Helps maintain healthy mucous membranes
- Supports a healthy immune system response function
- Provides ingredients with antioxidant activity
- Supports the hematopoietic system
- Helps maintain healthy epithelial and connective tissues*

Suggested use: Two tablets per meal, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care practitioner.
Contraindicated in known allergy to plants of the daisy family.





Cataplex® D

Cataplex D supports bone health, mineral absorption, the immune system, and cellular processes.*

- Encourages healthy calcium absorption from the intestinal tract into the blood
- Supports healthy immune system response function
- Supports and maintains healthy bone density
- Provides vitamin D, which is needed by almost every cell in the body for development and transcription*

Suggested use: Two tablets per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Congaplex®

Congaplex is used for short-term support of the immune system.*

- Supports healthy immune system response function
- Provides nutrients that support antioxidant activity
- Supports the thymus gland
- Contains ribonucleic acid, which the body uses to build new cells*

Suggested use: Three capsules per meal, or as directed.





Drenamin®

Drenamin supports adrenal function and helps maintain emotional balance.*

- Promotes healthy adrenal gland function
- Encourages a healthy response to everyday environmental stresses and supports immune system response function
- Maintains energy production
- Supports a balanced mood
- Good source of antioxidant vitamin C*

Suggested use: Three tablets per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



E-Z Mg™

E-Z Mg is a plant-based, multiform magnesium (Mg) developed to support patients with inadequate dietary magnesium intake. Made from two key ingredients: Swiss chard (beet leaf) and buckwheat – both grown on our sustainable and certified organic farm in Wisconsin.

- Plant-based, naturally occurring multiform of magnesium
- Helps to bridge the gap in dietary magnesium intake*
- May promote whole-body and urine alkalization*
- Rich source of vitamin K1
- Gluten-free, vegan, USDA organic

Suggested use: One stick pack per day, or as directed. Add stick pack into 8 ounces of water and mix thoroughly for 10 to 15 seconds.

Warning: This product contains naturally occurring Vitamin K1. All forms of vitamin K may interact with blood-thinning medications. If you are taking such medicines, please consult with your health care professional before taking this product. If you have been directed to eat a diet low in oxalates (found in leafy green vegetables), please consult with your health care professional before taking this product. If you are pregnant or lactating, please consult with your health care professional before taking this product.





Hemp Oil Complex™

Hemp Oil Complex is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body – supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous antioxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Combination of natural omega-3 fatty acids, including DHA, DPA and EPA
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea®

Suggested use: Two softgels per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Immuplex®

Immuplex blends essential micronutrients and minerals as well as Protomorphogen™ and Cytosol™ extracts to support the immune system.*

- Taken daily, supports a healthy immune system response function
- Helps maintain normal white blood cell activity already within a normal range
- Supports the body's normal inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Provides ingredients with antioxidant activity
- High in antioxidant vitamins C and E*

Suggested use: Two capsules per meal, or as directed.



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Okra Pepsin E₃

Okra Pepsin E₃ supports intestinal function.*

- Supports mucosal tissue in the intestines
- Supports bowel function
- Provides bowel cleansing*

Suggested use: One capsule after each meal, or as directed.





Ribonucleic Acid (RNA)

Ribonucleic Acid (RNA), derived from yeast, supports cell replication, growth, and protein synthesis.*

- Promotes healthy cellular growth and development
- Supports healthy cellular functioning*

Suggested use: One tablet per meal, or as directed.



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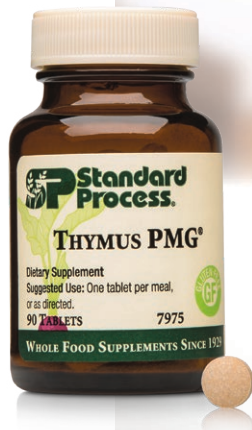


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Thyrophin PMG®

Thyrophin PMG is designed to support healthy thyroid function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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MediHerb® Andrographis Complex

Andrographis Complex contains a blend of herbs to support normal immune system function. This herbal formulation is used traditionally to:

- Help maintain healthy immune system function
- Support healthy respiratory system function
- Support and maintain normal body temperature already in a normal range
- Support healthy immune system response during seasonal stresses
- Encourage adaptive response to occasional stress
- Promote healthy liver function*

Suggested use: One tablet two to four times daily, or as directed.



Caution: Contraindicated in pregnancy and lactation. Contraindicated in known allergy to plants of the daisy family.

MediHerb® Astragalus Complex

Astragalus Complex is a tonic blend containing Astragalus, Echinacea purpurea root and Eleuthero. Together these herbs and the compounds within them are used traditionally to:

- Support healthy immune system function
- Maintain feelings of general well-being
- Support healthy upper respiratory tract function
- Facilitate the body's normal response to occasional stress
- Promote a healthy response to environmental stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Broncafect®

A combination of herbs and an essential oil (Licorice, Pleurisy Root, *Echinacea purpurea* root, White Horehound, Ginger and Thyme essential oil) are found in Broncafect. These herbs, essential oil and their constituents are used traditionally to:

- Support healthy respiratory tract function
- Support the body's natural ability to break up respiratory secretions by supporting normal mucus flow
- Support the body's normal cough reflex
- Support healthy immune system function
- Help relieve temporary mild throat discomfort associated with hoarseness, dry throat and irritants
- Assist the body in maintaining normal body temperature already in a normal range

Suggested use: Two tablets two to four times daily, or as directed.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Contraindicated in known allergy to plants of the daisy family.



MediHerb® Echinacea Premium

Echinacea Premium combines the roots of *Echinacea angustifolia* and *Echinacea purpurea* to enlist properties unique to each. Echinacea and its constituents are used traditionally to:

- Help enhance healthy immune system function
- Support healthy immune system response following temporary seasonal stressors
- Support upper respiratory tract health
- Help relieve temporary mild throat discomfort associated with hoarseness, dry throat and irritants

Suggested use: One tablet two to three times daily, or as directed.

Caution: Contraindicated in known allergy to plants of the daisy family. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Turmeric Forte

Turmeric Forte is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability*† of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality.

The herbs and their constituents:

- Support a healthy inflammation response
- Traditionally maintain and support healthy joints
- Provide antioxidant activity
- Support a healthy response to environmental stressors
- Support healthy liver function
- Traditionally support healthy digestion*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

[†] Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids over unformulated curcumin.¹

¹ Kumar D, Jacob D, Subhash PS et al. J Funct Foods 2016; 22, 578-587



MediHerb® Viranon

Viranon contains Thuja, St. John's Wort and Licorice.

Together these herbs and their constituents may:

- Help maintain and support healthy immune system function, regulation and response
- Help promote the body's normal resistance function
- Encourage the body's normal healthy defense system by supporting healthy immune system function*

Suggested use: One tablet three times daily, or as directed.

Caution: Do not use this product while taking any prescription drug(s) without the advice of your prescribing physician. Avoid excessive exposure to UV radiation (e.g. sunlight, tanning) when using this product. Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Best avoided in epilepsy.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Calamari Omega-3 Liquid

Supplement Facts

Serving Size: 1 teaspoon (5 mL) Servings per Container: 40

	Amount per Serving	%Daily Value
Calories	45	
Total Fat	5 g	6%
Saturated Fat	1 g	5%
Polyunsaturated Fat	2 g	+
Monounsaturated Fat	1 g	+
Cholesterol	110 mg	37%
DHA	800 mg	+
EPA	400 mg	+

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

*Percent Daily Values are based on a diet of other people's secrets.
†Daily Value not established.

Ingredients: Calamari oil (squid), natural flavor, and d-alpha tocopherol (vitamin E soy).

Cardiotrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	
	%DV
Calories.....	1
Calcium.....	20 mg 2%
Proprietary Blend..... 185 mg Bovine heart PMG† extract† and magnesium citrate.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Cataplexx® A-C

Supplement Facts

Serving Size: 2 Tablets Servings per Container: 90

	Amount per Serving	%Daily Value*
Vitamin A	450 mcg RAE	10%
Vitamin C	11 mg	20%

Proprietary Blend 490 mg
Calcium lactate, carrot root, organic sweet potato, bovine adrenal, bovine kidney,
organic echinacea angustifolia (root), organic eleuthera purpurea (root), nutritional
yeast, magnesium citrate, organic alfalfa seeds, organic dried alfalfa leaves,
parsley juice, organic dried burdock seed parts (juice), organic burdock seed,
bovine bone, organic reishi mushroom powder, organic shiitake mushroom powder,
defatted wheat germ, wild onion, oat flour, sunflower lecithin, *Lactobacillus topferensis*,
Vitamin E (sunflower), carotene oil, and rose thorn.

* Daily Value not established.

† Daily Value not established.

Other Ingredients: Honey, ascorbic acid, starch, arabic gum, calcium stearate and vitamin A palmitate.

Cataplexx® D

Supplement Facts

Serving Size: 2 Tablets Servings per Container: 90 or 80

	Amount per Serving	%Daily Value
Vitamin A	300 mcg RAE	35%
Vitamin D	40 mcg	200%
Calcium	40 mg	4%

Other Ingredients: Calcium lactate, milk powder, potassium citrate, glycerine, cholecalciferol, sucrose, starch, calcium stearate, arabic gum, vitamin A palmitate, and ascorbic acid.

Congaplex®

Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 30 or 50

Amount per Serving	%Daily Value
Vitamin A	270 mcg RAE 30%
Vitamin C	6 mg 7%
Calcium	60 mg 6%
Magnesium	15 mg 4%
Proprietary Blend	630 mg †
Bovine Thymus Cytosol™ extract, ribonucleic acid, bovine bone, carrot (root, defatted wheat germ), bovine adrenal, organic sweet potato, veal bone, organic alfalfa (aerial parts) juice, nutritional yeast, oat flour, bovine kidney, organic alfalfa (aerial parts), veal bone PMG™ extract, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), organic reishi mushroom powder, organic shiitake mushroom powder, rice (bran), sunflower lecithin powder, and carrot oil.	

†Daily Value not established.

Other Ingredients: Gelatin, calcium lactate, magnesium citrate, water, ascorbic acid, starch, calcium stearate, vitamin A palmitate, and 6-alpha tocopherol (vitamin E sunflower).

Drenamin®

Supplement Facts

Serving Size: 3 Tablets

Servings per Container: 30 or 120

Amount per Serving	%Daily Value
Vitamin C	9 mg 10%
Riboflavin	1 mg 80%
Niacin	12 mg 80%
Vitamin B6	0.3 mg 20%
Proprietary Blend	725 mg †
Calcium lactate, rice (bran), bovine liver, bovine adrenal, porcine stomach, nutritional yeast, bovine adrenal PMG™ extract, choline bitartrate, organic dried alfalfa (aerial parts) juice, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), magnesium citrate, oat flour, bovine bone, para-minerals, organic shiitake mushroom powder, organic reishi mushroom powder, porcine brain, veal bone PMG™ extract, organic sweet potato, and sunflower lecithin.	

†Daily Value not established.

Other Ingredients: Honey, cellulose, niacinamide, ascorbic acid, calcium stearate, riboflavin, 6-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

E-Z Mg™

Supplement Facts

Serving Size: 1 stick pack

Servings per Container: 30

Amount per Serving	%Daily Value
Calories	20
Total Carbohydrate	4 g 1%*
Dietary Fiber	1 g 4%*
Total Sugars	<1 g †
Vitamin K1	60 mcg 50%
Calcium	20 mg 2%
Phosphorus	30 mg 2%
Magnesium	85 mg 20%
Sodium	50 mg 2%
Potassium	350 mg 8%

Proprietary Blend 6 g †
Organic dried swiss chard (beet leaf) juice and organic dried buckwheat (aerial parts) juice.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Organic rice (hull) concentrate, natural flavor, and monk fruit extract.

Hemp Oil Complex™

Supplement Facts

Serving Size: 2 Softgels

Servings per Container: 30

Amount per Serving	%Daily Value
Calories	5
Total Fat	1 g <1%*
Cholesterol	10 mg 3%
Magnesium	45 mg 11%
Glucosamine	5 mg †
DHA	130 mg †
EPA	55 mg †
Omega-3	230 mg †
Omega-6	60 mg †

Proprietary Blend 867 mg †
Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC:
www.brassica.com/ip

Immuplex®

Supplement Facts		
Serving Size: 2 Capsules	Servings per Container: 45 or 75	
Amount per Serving	%Daily Value	
Cholesterol	5 mg	<2%
Vitamin A	300 mcg RAE	30%
Vitamin C	54 mg	60%
Vitamin E	4.9 mg	35%
Vitamin B6	2 mg	120%
Folate (as 100 mcg Folic Acid)	60 mcg DFE	15%
Vitamin B12	2 mcg	85%
Iron	5 mg	30%
Zinc	9 mg	85%
Selenium	6 mcg	10%
Copper	0.2 mg	20%
Chromium	30 mcg	90%
Proprietary Blend	538 mg	†
Bovine liver PMG™ extract, veal bone PMG™ extract, nutritional yeast, bovine spleen PMG™ extract, bovine thymus PMG™ extract, bovine thymus Cytosol™ extract, bovine liver, bovine spleen, and ovine spleen.		
†Daily Value not established.		

Other Ingredients: Gellan, zinc rice chelate, ascorbic acid, iron rice chelate, chromium yeast, water, starch, d-alpha tocopherol (vitamin E sunflower), selenium yeast, copper rice chelate, pyridoxine hydrochloride, d-alpha phophate, calcium stearate, vitamin A palmitate, folic acid, and cyanocobalamin.

Neurotrophin PMG®

Supplement Facts		
Serving Size: 1 Tablet	Servings per Container: 90	
Amount per Serving	%DV	
Calories	1	
Cholesterol	10 mg	3%
Calcium	10 mg	1%
Proprietary Blend	200 mg	
Porcine brain PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Okra Pepsin E₃

Supplement Facts		
Serving Size: 1 Capsule	Servings per Container: 90 or 150	
Amount per Serving	%Daily Value	
Cholesterol	<5 mg	2%
Proprietary Blend	215 mg	†
Okra (fruit), fat soluble extract (from sesame [seed], alfalfa [aerial parts], sunflower [seed], carrot [root], Spanish moss [filifolia] conesoles, organic buckwheat [aerial parts], and organic pea [vine]), pepsin (1:10,000), alginate acid, caseinate, and bovine orotic extract.		
†Daily Value not established.		
Other Ingredients: Gelatin, cellulose, water, calcium stearate and d-alpha tocopherol (vitamin E sunflower).		

Ribonucleic Acid (RNA)

Supplement Facts		
Serving Size: 1 Tablet	Servings per Container: 90 or 180	
Amount per Serving	%DV	
Calories	1	
Calcium	15 mg	2%
Proprietary Blend	210 mg	
Ribonucleic acid† and magnesium citrate.		
†Daily Value (DV) not established.		
Other Ingredients: Calcium lactate, cellulose, calcium stearate, and arabic gum.		

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....1	
Calcium.....18 mg.....2%	
Sodium.....22 mg.....<1%	
Proprietary Blend.....215 mg	
Bovine thymus PMG™ extract† and magnesium citrate,	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thyrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%DV
Calories.....1	
Calcium.....30 mg.....2%	
Proprietary Blend.....109 mg	
Magnesium citrate and bovine thyroid PMG™ extract† (processed to substantially remove its thyroxine),	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

MediHerb® Andrographis Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calories.....2	
Calcium.....50 mg.....5%	
Echinacea root 4:1 extract.....125 mg.....†	
from Echinacea angustifolia root 500 mg	
Holy Basil herb 5:1 extract.....100 mg.....†	
from Ocimum tenuiflorum herb 500 mg	
Andrographis herb 10:1 extract.....100 mg.....†	
from Andrographis paniculata herb 1.0 g	
Containing andrographolide 10 mg	
Holy Basil (Ocimum tenuiflorum) herb essential oil.....10 mg.....†	
†Daily Value (DV) not established.	

Other Ingredients: Cellulose, calcium phosphate, sodium starch glycolate, hypromellose, silica, magnesium stearate and maltodextrin.

MediHerb® Astragalus Complex

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calories.....3	
Astragalus root 4:1 extract.....212.5 mg.....†	
from Astragalus membranaceus root 850 mg	
Echinacea root 5:1 extract.....130 mg.....†	
from Echinacea purpurea root 650 mg	
Eleuthero root 10:1 extract.....75 mg.....†	
from Eleutherococcus senticosus root 750 mg	
Containing syringaresinol diglucosides 600 mcg	
†Daily Value (DV) not established.	

Other Ingredients: Cellulose, sodium starch glycolate, croscarmellose sodium, silica, magnesium stearate, hypromellose, maltodextrin and calcium phosphate.

MediHerb® Broncafect®

Supplement Facts	
Serving Size: 2 Tablets	Servings per Container: 20
Amount per Serving	%DV
Calories.....4	
Calcium.....120 mg.....12%	
Licorice root 7:1 extract.....214.2 mg.....†	
from Glycyrrhiza glabra root 1.5 g	
Pleurisy root 4:1 extract.....187.5 mg.....†	
from Asclepias tuberosa root 750 mg	
Echinacea root 6:1 extract.....125 mg.....†	
from Echinacea purpurea root 750 mg	
White Horehound herb 4:1 extract.....90 mg.....†	
from Marrubium vulgare herb 360 mg	
Thyme (Thymus vulgaris) essential oil.....20 mg.....†	
†Ginger rhizome 30:1 extract.....12 mg.....†	
from Zingiber officinale rhizome 360 mg	
†Daily Value (DV) not established.	

Other Ingredients: Cellulose, calcium phosphate, sodium starch glycolate, maltodextrin, silica, magnesium stearate and hypromellose.

MediHerb® Echinacea Premium

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 40 or 120
Amount per Serving	%DV
Calories.....2	
Echinacea root 4:1 extract.....150 mg.....†	
from Echinacea angustifolia root 600 mg	
Containing alkaloids 2.3 mg	
Echinacea root 6:1 extract.....112.5 mg.....†	
from Echinacea purpurea root 675 mg	
Containing alkaloids 1.8 mg	
†Daily Value (DV) not established.	

Other Ingredients: Cellulose, calcium phosphate, sodium starch glycolate, hypromellose, silica and magnesium stearate.

MediHerb® Turmeric Forte

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 60
Amount per Serving	%DV
Fenugreek seed 5.5:1 extract.....133 mg.....†	
from Trigonella foenum-graecum seed 731.5 mg	
Turmeric rhizome 55:1 extract.....117 mg.....†	
from Curcuma longa rhizome 6.44 g	
Containing curcuminoids 101.3 mg	
Containing curcumin 82.5 mg	
†Daily Value (DV) not established.	

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hypromellose and dibasic calcium phosphate dihydrate.

MediHerb® Viranon

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Sodium.....5 mg.....<1%	
Total Carbohydrate.....<1 g.....<1%	
Thick Leaf 3:1 extract.....66.7 mg.....†	
from Thaps occidentalis leaf 200 mg	
St John's Wort herb flowering top 6:1 extract.....225 mg.....†	
from Hypericum perforatum herb flowering top 1.35 g	
Containing hypericin 675 mcg	
Licorice root 17.5:1 extract.....166.6 mg.....†	
from Glycyrrhiza glabra root 2.9 g	
Containing glycyrrhizin 30 mg	
†Daily Value (DV) not established.	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, dextrin, croscarmellose sodium, silicon dioxide, maltodextrin, magnesium stearate, hypromellose and dibasic calcium phosphate dihydrate.

NOTES

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Metabolic System
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Foundational Health

Health and Wellness

Preventative Care

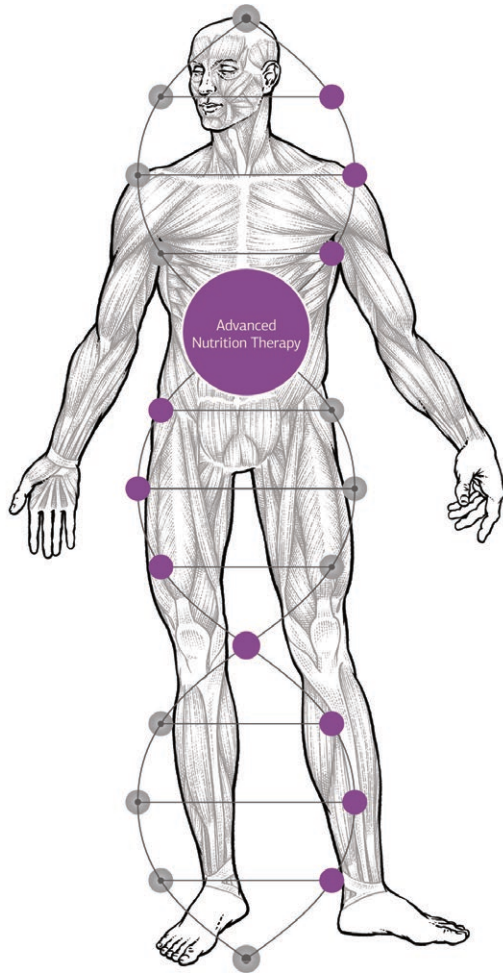
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Metabolic System Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.


Clinical nutrition plays a critical role in helping to identify and address underlying causative factors leading to changes in health.¹

Since trajectories of health are often influenced by underlying body system changes, understanding how unmet nutrient needs of these systems influence health outcomes can become an important insight when helping to stabilize a patient's health.²

By understanding how a metabolic process can, for example, influence energy metabolism that in turn can affect development of poor immune responses, helps in the selection of key nutrients and design of a therapeutic nutrition regimen.³ Nutritional solutions, in conjunction with improved lifestyle management, can have a major impact on improving overall health.⁴

This guide helps identify some of the most important nutrient options that can be selected to help manage these underlying systems and thus address the underlying causes affecting our health.

1. Mueller, C., et al., A.S.P.E.N. *Clinical Guidelines*. Journal of Parenteral and Enteral Nutrition, 2011. **35**(1): p. 16-24.
2. Péter, S., et al., *Selected Nutrients and Their Implications for Health and Disease across the Lifespan: A Roadmap*. Nutrients, 2014. **6**(12).
3. Maggini, S., A. Pierre, and P. Calder, *Immune Function and Micronutrient Requirements Change over the Life Course*. Vol. 10. 2018. 1531.
4. Malaguti, M., C. Angeloni, and S. Hrelia, *Nutraceutical Bioactive Compounds Promote Healthspan Counteracting Cardiovascular Diseases*. Journal of the American College of Nutrition, 2015. **34**(sup1): p. 22-27.



This guide provides clinical nutrition insights to supporting underlying causative factors and systems that affect health.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.



A-F Betafood®

A-F Betafood includes an array of whole food and other ingredients to support healthy fat digestion.*

- Supports normal processing of dietary fats for supporting cholesterol metabolism
- Supports healthy bowel functioning
- Supports bile production in the liver and healthy bile flow in the gallbladder
- Helps maintain healthy levels of fat in the liver*

Suggested use: Two tablets per meal, or as directed.



Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious health problems.



Antronex®

Antronex contains yakriton, a liver fat extract discovered by Japanese researchers that is used to support the body's normal detoxification mechanisms.*

- Supports the liver and the body's natural immune system response function*

Suggested use: One tablet per day or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

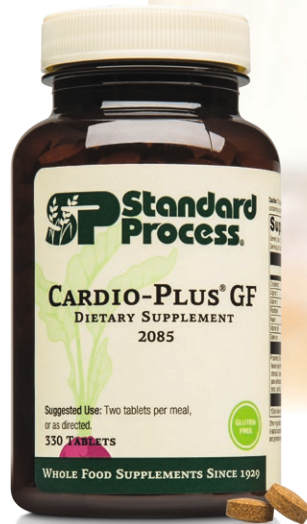


Cardio-Plus® GF

Cardio-Plus GF helps support the cardiovascular system.*

- Supports the healthy functioning of the heart and other muscles
- Supports healthy coronary blood flow
- Provides ingredients with antioxidant activity
- Contains bovine heart PMG™ extract
- Support for increased oxygen demand during exercise
- Good source of antioxidant vitamin C*

Suggested use: Two tablets per meal, or as directed.





Cardiotrophin PMG®

Cardiotrophin PMG includes bovine heart PMG™ extract to support heart muscle function.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Supports the heart and cardiovascular system
- Supports normal heart cell growth and differentiation*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Cataplex® B

Cataplex B supports physical and nervous system health.*

- Supports a healthy heart
- Stimulatory to the metabolic, cardiovascular, and central/peripheral nervous systems
- Supports energy production in all cells
- Supports healthy cholesterol levels already within a normal range
- Contains B-complex vitamins to support healthy muscle action
- Supports healthy homocysteine levels*

Suggested use: Two tablets per meal, or as directed.





Cataplex[®] B₁₂

Cataplex B₁₂ supports blood health and general well-being.*

- Promotes and supports blood production
- Maintains healthy blood
- Supports folic acid metabolism and homocysteine management
- Supports healthy development of red blood cells
- Essential for normal myelin synthesis and central nervous system function*

Suggested use: One tablet per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Cataplex® E₂

Cataplex E₂ supports cellular health and general well-being.*

- Supports normal cardiovascular health
- Provides ingredients with antioxidant activity
- Good source of antioxidant selenium*

Suggested use: Two tablets per meal, or as directed.





Cataplex® GTF

Cataplex GTF supports carbohydrate digestion.*

- Supports healthy blood sugar levels when already within a normal range
- Encourages healthy blood sugar utilization at the cellular level
- Supports healthy cholesterol levels that are already within a normal range
- Contains chromium, an essential part of the biologically active complex that is involved in carbohydrate metabolism
- Combines chromium, L-cysteine hydrochloride, and pancreatic Cytosol™ extract along with synergistic ingredients*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.





Choline

Choline supports healthy fat metabolism.*

- Supports healthy cell membrane structure and function
- Provides support for methylation reactions
- Supports healthy liver and gallbladder function
- Supports a healthy nervous system*

Suggested use: One tablet per meal, or as directed.



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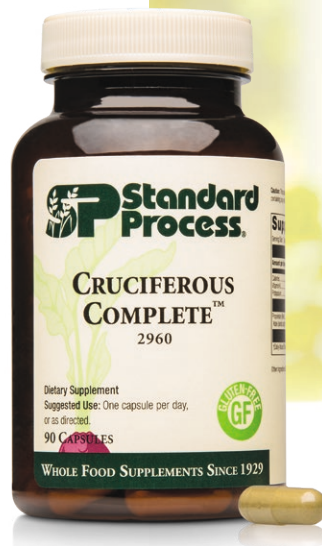


Cruciferous Complete™

Cruciferous Complete supports cellular health.*

- Supports healthy liver function
- Provides ingredients with antioxidant activity
- Vitamin K supports calcium absorption, blood clotting, and healthy liver function
- Our research shows some compounds in kale and Brussels sprouts promote the liver's natural phase one and two detoxification processes in cell and animal models*

Suggested use: One capsule per day, or as directed.





Cyruta® Plus

Cyruta Plus supports capillary integrity and function.*

- Supports circulatory cholesterol transport
- Supports healthy cellular glucose handling to help maintain blood sugar levels already within normal range
- Supports healthy peripheral circulation
- Contains several independent factors that help to maintain the integrity of capillary walls*

Suggested use: One tablet per meal, or as directed.



Special information: Keep bottle tightly closed. This product absorbs moisture.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Drenamin®

Drenamin supports adrenal function and helps maintain emotional balance.*

- Promotes healthy adrenal gland function
- Encourages a healthy response to everyday environmental stresses and supports immune system response function
- Maintains energy production
- Supports a balanced mood
- Good source of antioxidant vitamin C*

Suggested use: Three tablets per meal, or as directed.



Diaplex®

Diaplex supports healthy sugar handling to help maintain blood sugar levels already within normal range.*

- Encourages healthy blood sugar levels already within a normal range when combined with a healthy diet
- Contains chromium, an essential nutrient involved in carbohydrate metabolism
- Supports the healthy function of the pancreas
- Supports healthy bowel function
- Encourages healthy gallbladder function*

Suggested use: Two capsules per meal, or as directed.

Warning: Women who are pregnant, may become pregnant, or are lactating should limit their intake of vitamin A (retinol) and use vitamin A products only as directed by a qualified health care professional. Consumption of large amounts of vitamin A (retinol) has been linked to serious healthy problems.

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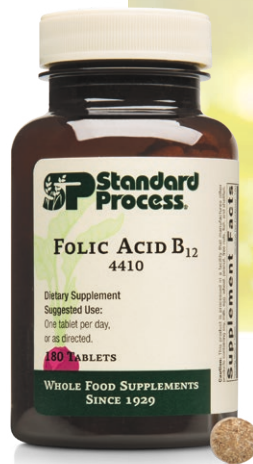


Folic Acid B₁₂

Folic acid and vitamin B₁₂ support cellular health.*

- Encourages healthy cell production
- Supports healthy nervous system development
- Encourages healthy circulation
- Supports healthy homocysteine levels
- Essential in the important processes of DNA formation and replication
- Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord birth defect*

Suggested use: One tablet per day, or as directed.





Hemp Oil Complex™

Hemp Oil Complex is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body – supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous antioxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Combination of natural omega-3 fatty acids, including DHA and EPA
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea®

Suggested use: Two softgels per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Livaplex®

Livaplex is foundational support for the liver.*

- Supports healthy liver and gallbladder function
- Supports the body's normal toxin-elimination function
- Encourages healthy digestion of fats
- Enhances bowel function
- Encourages healthy bile production*

Suggested use: One capsule per meal, or as directed.



Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Olprima™ EPA

Olprima EPA provides condition-specific support through a high concentration of the omega-3, EPA. Olprima EPA provides general mood support while promoting a healthy inflammatory response.*

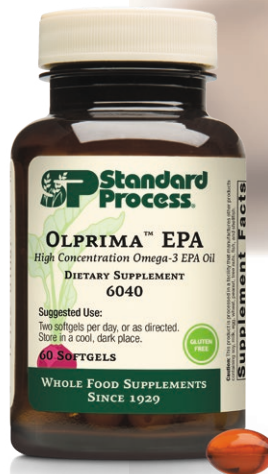
- Supports healthy triglyceride and HDL with minimal effect on LDL[^]
- Supports healthy inflammatory processes
- General mood support*

Suggested use: Two softgels per day, or as directed.

Special instructions: Store in a cool, dark place.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

[^]As part of a diet low in saturated fat and cholesterol.



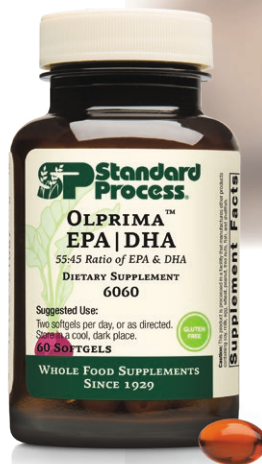


Olprima™ EPA | DHA

Olprima EPA|DHA provides condition-specific support through a 55:45 ratio of the omega-3s, EPA and DHA. Olprima EPA|DHA supports cardiovascular and brain health while supporting the body's healthy inflammatory response.*

- Supports cardiovascular health[^]
- Supports healthy inflammatory processes
- Supports general brain health and cognition
- General mood support*

Suggested use: Two softgels per day, or as directed.



Special instructions: Store in a cool, dark place.



Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.*
Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support general health
- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

Special instructions: Store in a cool, dark place.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.





Veg-E Complete Pro™ Chocolate or Vanilla

Veg-E Complete Pro offers a multisource blend of plant-based protein in a convenient powder with a delicious flavor.*

- A valuable source of several amino acids including the nine essential amino acids
- Contains organic pea protein, pumpkin seed protein, and sesame seed protein
- Supports muscle building and recovery
- Supports satiety and fullness
- Supports cellular function and enzyme action
- Supports energy levels
- Supports gut health
- Supports hair, skin, and nails
- Organic, vegan, gluten-free, non-dairy formula, non-soy formula, non-grain formula
- No genetically engineered ingredients
- No artificial sweeteners or artificial flavors
- Natural flavors made without monosodium glutamate (MSG)*

Suggested use: 4 heaping tablespoons (scoops) or 1 packet in 8-12 ounces water, one to three servings per day, or as directed. Mix product thoroughly for 10 to 15 seconds.

Special instructions: Settling of product after mixing may occur. Store mixed product in refrigerator if not consumed immediately.





Whole Food Fiber

Whole Food Fiber is a good source of fiber from nutrient-rich whole foods.*

- Contains both soluble and insoluble fiber
- Supports healthy bowel function
- Promotes regular intestinal motility and elimination
- Supports healthy epithelial cells in the bowel
- Provides food for beneficial microorganisms in the lower gastrointestinal (GI) tract
- Supports the immune system*

Suggested use: One level tablespoon (approximately 6 grams) in a blender drink per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Gymnema

Gymnema contains a complex mixture of saponins (gymnemic acids) and other compounds. This product is standardized to contain 100 mg per tablet of gymnemic acids to ensure optimal strength and quality. The substances in Gymnema work together and have been traditionally used in Ayurvedic herbal preparations to:

- Help reduce sweet cravings
- Help suppress/inhibit sweet taste sensation*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.



MediHerb® Hawthorn

Hawthorn contains oligomeric procyanidins, flavonoids (including vitexin-2-rhamnoside) and other compounds. This product is standardized to contain 6.01 mg of vitexin-2-rhamnoside per tablet to ensure optimal strength and quality. The substances in Hawthorn work together and have been used traditionally to:

- Support the healthy functioning of the heart muscle
- Help support cardiovascular system health
- Provide antioxidant activity*

Suggested use: One tablet two to three times daily, or as directed.



Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Metabol Complex

Metabol Complex is a comprehensive formulation containing Fenugreek seed, Cinnamon bark, Bitter Melon fruit and Black Cumin seed. This combination of herbs provides many active compounds including essential oils (containing cinnamaldehyde and thymoquinone), steroidal saponins, flavonoids, alkaloids (trigonelline), mucilage, glycosides (including momordicins) and sesquiterpenes.

This product contains Fenugreek seed extract standardized to 4-hydroxyisoleucine which is a unique amino acid compound only found in some plants. Research suggests 4-hydroxyisoleucine has beneficial properties on glucose and lipid metabolism.

Together these herbs and the substances within them are traditionally used:

- In Ayurvedic herbal preparations to support the metabolism of fats and sugars
- In Ayurvedic herbal preparations to help support normal pancreatic and liver function
- To help relieve occasional indigestion symptoms of the gastrointestinal tract, including bloating and flatulence
- To support antioxidant activity against free radicals that are formed in the body during normal metabolism and exposure to environmental factors
- To promote general well-being and vitality*

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in pregnancy. Not to be used during lactation unless otherwise directed by a qualified health care professional.



MediHerb® Thyroid Complex

The combination of herbs in Thyroid Complex (Bladderwrack, Bacopa and Ashwagandha) contain many compounds including trace minerals (including iodine), polyphenols, steroidal compounds (including withanolides), triterpenoid saponins such as bacosides, alkaloids and flavonoids. Together these herbs and their constituents can help to:

- Support healthy thyroid function important for normal energy production
- Maintain normal thyroid function
- Helps assist the body in achieving normal basal metabolism through supporting healthy thyroid function
- Maintain or improve general well-being*

Suggested use: One tablet daily, or as directed.

Caution: Contraindicated in pregnancy and lactation. Contraindicated in hyperthyroidism and related cardiac problems. If you have a thyroid condition, use strictly under physician direction.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



MediHerb® Turmeric Forte

Turmeric Forte is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability*+ of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality.

The herbs and their constituents:

- Support a healthy inflammation response
- Traditionally maintain and support healthy joints
- Provide antioxidant activity
- Support a healthy response to environmental stressors
- Support healthy liver function
- Traditionally support healthy digestion*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids over unformulated curcumin.¹

¹ Kumar D, Jacob D, Subhash PS et al. J Funct Foods 2016; 22, 578-587



Appendix

A-F Betafood®

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 90 or 180

Amount per Serving	%Daily Value
Total Carbohydrate	<1 g
Total Sugars	<1 g
Vitamin A	450 mcg RAE
Vitamin B6	0.3 mg
Iodine	40 mcg

Proprietary Blend 550 mg
Organic beet (root), carrot (root), organic sweet potato, oat flour, organic dried swiss chard (beet leaf) juice, calcium lactate, rice (bran), magnesium citrate, bovine liver, bovine prostate, nutritional yeast, bovine kidney, organic alfalfa (aerial parts), organic flaxseed oil, bovine orchid extract, bovine liver fat extract, d-alpha tocopherol (vitamin E sunflower), and sunflower lecithin.

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Honey, arabic gum, starch, calcium stearate, vitamin A palmitate, proline iodine (yeast), ascorbic acid, and pyridoxine hydrochloride.

Antronex®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 180 or 330

Amount per Serving	%Daily Value
Calcium	40 mg
Proprietary Blend	16 mg
Bovine liver fat extract (yaktron) and d-alpha tocopherol (vitamin E sunflower).	†

†Daily Value not established.
Other Ingredients: Calcium lactate, calcium stearate, and arabic gum.

Cardio-Plus® GF

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 165

Amount per Serving	%Daily Value
Cholesterol	<5 mg
Vitamin C	15 mg
Vitamin E	1.3 mg
Riboflavin	1.6 mg
Niacin	14 mg
Vitamin B6	0.5 mg
Selenium	3 mcg

Proprietary Blend 625 mg
Bovine heart PMG™ extract, bovine liver, choline bitartrate, calcium lactate, porcine stomach, bovine orchid extract, Spanish moss (Mimosa pudica), rice (bran), para-aminobenzoate, nutritional yeast, inositol, bovine spleen, ovine spleen, porcine brain, oat flour, and bovine adrenal Oxytrol™ extract.

†Daily Value not established.
Other Ingredients: Honey, ascorbic acid, niacinamide, calcium stearate, arabic gum, d-alpha tocopherol (vitamin E sunflower), selenium yeast, starch, glycine, riboflavin, and pyridoxine hydrochloride.

Cardiotrophin PMG®

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

Amount per Serving	%DV
Calories	1
Calcium	20 mg
Proprietary Blend	185 mg
Bovine heart PMG™ extract† and magnesium citrate.	

†Daily Value (DV) not established.

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Cataplex® B

Supplement Facts		
Serving Size: 2 Tablets		
Servings per Container: 90 or 180		
Amount per Serving	%Daily Value	
Thiamin	1 mg	85%
Niacin	20 mg	125%
Vitamin B6	1 mg	50%
Proprietary Blend	580 mg	†
Bovine liver, organic beet root, nutritional yeast, porcine duodenum, defatted wheat germ, choline bitartrate, organic carrot root, organic sweet potato, rice bran, bovine adrenal, para-aminobenzoate, sunflower lecithin powder, d-alpha tocopherol (vitamin E sunflower), ascorbic acid, manganese lactate, phosphoric acid, inositol, and riboflavin.		
†Daily Value not established.		
Other Ingredients: Honey, niacinamide, calcium stearate, arabic gum, thiamine hydrochloride, and pyridoxine hydrochloride.		

Cataplex® B₁₂

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 90		
Amount per Serving	%DV	
Calories	2	
Vitamin B12	6 mcg	100%
Proprietary Blend	360 mg	
Bovine liver†, carrot (root)†, sweet potato†, calcium lactate, porcine stomach parenchyma†, bovine spleen†, ovine spleen†, bovine adrenal Cytosol™ extract†, oat flour†, and ascorbic acid.		
†Daily Value (DV) not established.		
Other Ingredients: Cellulose, honey, dicalcium phosphate, and cyanocobalamin.		

Cataplex® E₂

Supplement Facts		
Serving Size: 2 Tablets		
Servings per Container: 45 or 180		
Amount per Serving	%DV	
Calories	3	
Vitamin E	4 IU	15%
Selenium	9 mcg	10%
Proprietary Blend	477 mg	
Bovine orchic extract†, calcium lactate, <i>Tillandsia usneoides</i> †, bovine spleen†, ovine spleen†, inositol†, bovine adrenal Cytosol™ extract†, oat flour†, and ascorbic acid.		
†Daily Value (DV) not established.		
Other Ingredients: Honey, arabic gum, selenium yeast, vitamin E (sunflower), and calcium stearate.		

Cataplex® GTF

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 180		
Amount per Serving	%Daily Value	
Vitamin A	150 mcg RAE	15%
Vitamin C	2 mg	2%
Niacin	9.5 mg	60%
Chromium	48 mcg	140%
Proprietary Blend	317 mg	†
Bovine liver, nutritional yeast, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), bovine pancreas Cytosol™ extract, inositol, L-cysteine hydrochloride, bovine adrenal Cytosol™ extract, and oat flour.		
†Daily Value not established.		
Other Ingredients: Honey, chromium yeast, niacinamide, ascorbic acid, starch, vitamin A palmitate, and calcium stearate.		

Cellular Vitality

Supplement Facts	
Serving Size: 3 Capsules Servings per Container: 30	
Amount per Serving	%DV
Calories..... 10	
Total Carbohydrates..... 1 g.....<1%*	
Thiamine..... 0.2 mg.....15%	
Riboflavin..... 0.3 mg.....25%	
Niacin..... 3 mg.....20%	
Vitamin B6..... 0.3 mg.....20%	
Folate (as 30 mcg folic acid).... 20 mcg DFE.....4%	
Vitamin B12..... 0.5 mcg.....20%	
Biotin..... 10 mcg.....35%	
Pantothenic Acid..... 1 mg.....20%	
Coenzyme Q10..... 80 mg.....†	
Proprietary Blend..... 890 mg.....†	
Multi-fruit seed powder [ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed and pomegranate seed], ribonucleic acid, organic mushroom powder (<i>Cordyceps sinensis</i>), American ginseng (root), and bromelain.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Quinoa sprouts, cellulose, calcium stearate, and water.

Choline

Supplement Facts	
Serving Size: 1 Tablet Servings per Container: 90	
Amount per Serving	%DV
Calories..... 2	
Choline..... 175 mg.....†	
†Daily Value (DV) not established.	

Other Ingredients: Choline bitartrate, honey, and calcium stearate.

Cruciferous Complete™

Supplement Facts	
Serving Size: 1 Capsule Servings per Container: 90	
Amount per Serving	%Daily Value
Vitamin K1..... 4 mcg.....3%	
Proteasium..... 10 mg.....<1%	
Proprietary Blend..... 500 mg.....†	
Organic kale (aerial parts) and organic brussels sprouts (aerial parts).	
†Daily Value not established.	
Other Ingredients: Gelatin, water, and calcium stearate.	

Cyruta® Plus

Supplement Facts	
Serving Size: 1 Tablet Servings per Container: 90 or 360	
Amount per Serving	%DV
Calories..... 2	
Vitamin C..... 3 mg.....4%	
Proprietary Blend..... 308 mg	
Dried buckwheat (leaf) juice†, buckwheat (seed)†, bovine adrenal Cytosol™ extract†, and oat flour†.	
†Daily Value (DV) not established.	

Other Ingredients: Honey, ascorbic acid, and calcium stearate.

Drenamin®

Supplement Facts		
Serving Size: 3 Tablets		Servings per Container: 30 or 120
Amount per Serving	%Daily Value	
Vitamin C	9 mg	10%
Riboflavin	1 mg	80%
Niacin	12 mg	80%
Vitamin B6	0.3 mg	20%
Proprietary Blend	725 mg	†
Calcium lactate, rice (bran), bovine liver, bovine adrenal, porcine stomach, nutritional yeast, bovine adrenal PMG™ extract, choline bitartrate, organic dried alfalfa (aerial parts) juice, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), magnesium citrate, oat flour, bovine bone, para-vitamin B12, organic white mushroom powder, organic white mushroom powder, porcine brain, veal bone PMG™ extract, organic sweet potato, and sunflower lecithin.		
†Daily Value not established.		

Other Ingredients: Honey, cellulose, niacinamide, ascorbic acid, calcium stearate, riboflavin, d-alpha tocopherol (vitamin E sunflower), and pyridoxine hydrochloride.

Diaplex®

Supplement Facts		
Serving Size: 2 Capsules		Servings per Container: 75
Amount per Serving	%Daily Value	
Vitamin A	360 mcg RAE	40%
Vitamin C	1 mg	1%
Niacin	1 mg	6%
Vitamin B6	0.2 mg	12%
Iodine	10 mcg	17%
Chromium	55 mcg	157%
Proprietary Blend	960 mg	†
Betaine hydrochloride, bovine pancreas PMG™ extract, organic alfalfa (aerial parts), calcium lactate, organic dried buckwheat (aerial parts) juice, organic buckwheat (seed), organic dried pea (seed) juice, oat flour, bovine pancreas Cytosol™ extract, magnesium citrate, bovine liver, ammonium chloride, bovine spleen Cytosol™ extract, carrot (root), organic sweet potato, organic dried Swiss chard (leafy leaf) juice, organic beet (root), defatted wheat germ, potassium bicarbonate, soy protein, pepsin (1:10,000), pancreatin (50), bovine pituitary PMG™ extract, enzymatically processed Spanish moss (Mondraia usneoides) and organic beet (root), bovine kidney, bovine prostate, inositol, bovine orotic extract, bovine adrenal Cytosol™ extract, L-cysteine hydrochloride, organic flaxseed oil extract, and bovine liver fat extract.		
†Daily Value not established.		

Other Ingredients: Gelatin, chromium yeast, water, lactose (milk), calcium stearate, stearic acid (vegetable source), starch, cellulose, niacinamide, vitamin A palmitate, ascorbic acid, pyridoxine hydrochloride, d-alpha tocopherol (vitamin E sunflower), and prolamine iodine (yeast).

Folic Acid B₁₂

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 180
Amount per Serving	%Daily Value	
Folate (400 mcg folic acid)	665 mcg DFE	166%
Vitamin B12	6 mcg	250%
Proprietary Blend	350 mg	†
Calcium lactate, bovine liver, organic carrot, organic sweet potato, porcine stomach, pancreas, defatted wheat germ, bovine spleen, ovine spleen, bovine adrenal Cytosol™ extract, oat flour, and ascorbic acid.		
†Daily Value not established.		

Ingredients: Honey, dicalcium phosphate, cellulose, folic acid, and cyanocobalamin.

Hemp Oil Complex™

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 30
Amount per Serving	%Daily Value	
Calories	5	
Total Fat	1 g	<1%*
Cholesterol	10 mg	3%
Magnesium	45 mg	11%
Glucosamin	5 mg	†
DHA	130 mg	†
EPA	55 mg	†
Omega-3	230 mg	†
Omega-6	60 mg	†
Proprietary Blend	867 mg	†
Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC: www.brassica.com/ip

Livaplex®

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 90

Amount per Serving	%Daily Value
Vitamin A (54% as beta-carotene)	140 mcg RAE 16%
Vitamin C	2.5 mg 20%
Vitamin B6	0.8 mg 50%
Iron	2.5 mg 15%
Iodine	10 mcg 8%
Zinc	5 mg 45%
Copper	0.1 mg 10%
Proprietary Blend†	582 mg †
†Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Gelatin, zinc rice chelate, iron rice chelate, water, calcium stearate, niacinamide, copper rice chelate, beta carotene, pyridoxine hydrochloride, starch, vitamin A palmitate, and prolamine iodine (zein).

Olprima™ EPA

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 30

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g <2%*
Fish Oil Concentrate (from Anchovy and Sardine)	1200 mg †
Omega-3	660 mg †
Omega-6	50 mg †
Omega-7	45 mg †
Omega-9	75 mg †
EPA	600 mg †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

Olprima™ EPA|DHA

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 30

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g <2%*
Fish Oil Concentrate (from Anchovy and Sardine)	1200 mg †
DHA	400 mg †
EPA	30 mg †
EPA	500 mg †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

Tuna Omega-3 Oil

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 60

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%*
Cholesterol	5 mg 2%
Tuna Oil	1,330 mg †
DHA	300 mg †
EPA	60 mg †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, and D-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 60

Amount per Serving	%Daily Value
Calories	10
Total Fat	1 g 1%*
Cholesterol	5 mg 2%
Vitamin D	2.5 mcg 13%
Vitamin E	3.3 mg 22%
Tuna Oil	1,080 mg †
DHA	240 mg †
EPA	60 mg †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, D-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and cholecalciferol.

Veg-E Complete Pro™ Chocolate

Supplement Facts

Serving Size: 4 Heaping Tablespoons (Scoops) or 1 packet
Servings per Container: 18 or 10 packets

Amount per Serving	%DV
Calories.....160	
Total Fat.....3.5 g.....5%*	
Polyunsaturated Fat.....1 g.....†	
Monounsaturated Fat.....1 g.....†	
Total Carbohydrate.....10 g.....3%*	
Fiber.....3 g.....12%*	
Sugars.....4 g.....†	
Protein.....15 g.....30%*	
Calcium.....60 mg.....6%	
Iron.....5 mg.....30%	
Potassium.....575 mg.....15%	
Sodium.....120 mg.....5%	
Proprietary Blend.....24 g	
Organic pea protein, organic pumpkin (seed) protein, and organic sesame (seed) protein.	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Organic cocoa (processed with alkali), organic evaporated coconut tree sap (sugar), gum acacia (includes organic), sunflower lecithin, sea salt, natural flavors, monk fruit extract, organic guar gum, and xanthan gum.

Veg-E Complete Pro™ Vanilla

Supplement Facts

Serving Size: 4 Heaping Tablespoons (Scoops) or 1 packet
Servings per Container: 18 or 10 packets

Amount per Serving	%DV
Calories.....130	
Total Fat.....2.5 g.....4%*	
Polyunsaturated Fat.....1 g.....†	
Monounsaturated Fat.....1 g.....†	
Total Carbohydrate.....8 g.....3%*	
Fiber.....1.5 g.....6%*	
Sugars.....4 g.....†	
Protein.....15 g.....30%*	
Calcium.....30 mg.....2%	
Iron.....5 mg.....30%	
Potassium.....200 mg.....5%	
Sodium.....320 mg.....15%	
Proprietary Blend.....27 g	
Organic pea protein, organic pumpkin (seed) protein, and organic sesame (seed) protein.	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Organic evaporated coconut tree sap (sugar), natural flavors, sea salt, arabic gum, organic guar gum, sunflower lecithin, and monk fruit extract.

Whole Food Fiber

Supplement Facts

Serving Size: 1 Level Tablespoon Servings per Container: 30

Amount per Serving	%Daily Value
Calories.....25	
Total Carbohydrate.....5 mg.....2%*	
Dietary Fiber.....3 g.....11%*	
Proprietary Blend.....6 g.....†	
Oat fiber, beet fiber, rice (bran), organic beet (root), apple pectin, organic carrot (root), organic sweet potato, and carrot fiber.	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Soluble fiber from foods such as oat fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

MediHerb® Gymnema

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 40 or 120

Amount per Serving	%DV
Calcium.....36 mg.....2%	
Gymnema leaf 16:1 extract from Gymnema sylvestre leaf 6.4 g Containing gymnemic acids 100 mg.....400 mg.....†	

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, hypromellose, magnesium stearate and silicon dioxide.

MediHerb®
Hawthorn

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40		
Amount per Serving		%DV
Calcium	43 mg	4%
Hawthorn leaf & flower 4.8:1 extract from <i>Crataegus monogyna</i> leaf & flower 1.0 g Containing vitexin-2-O-rhamnoside 6.01 mg	223 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, maltodextrin, hypromellose, magnesium stearate and silicon dioxide.

MediHerb®
Metabol Complex

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 90		
Amount per Serving		%DV
Calcium	37 mg	2%
Fenugreek seed 100:1 extract from <i>Trigonella foenum-graecum</i> seed 10 g containing 4-hydroxyisoleucine 20 mg	100 mg	†
Black Currant seed 5:1 extract from <i>Nigella arvensis</i> seed 500 mg	100 mg	†
Bitter Melon fruit 6.5:1 extract from <i>Momordica charantia</i> fruit 600 mg	92.3 mg	†
Cinnamon stem bark 12:1 extract from <i>Cinnamomum verum</i> stem bark 1 g	83.3 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, croscarmellose sodium, magnesium stearate, hypromellose, dextrin and silicon dioxide.

MediHerb®
Thyroid Complex

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 40 or 120		
Amount per Serving		%DV
Calcium	57 mg	4%
Iodine (from Bladderwrack whole plant)	300 mcg	200%
Bladderwrack whole plant 5:1 extract from <i>Fucus vesiculosus</i> whole plant 1.5 g	300 mg	†
Withania (Ashwagandha) root 10:1 extract from <i>Withania somnifera</i> root 1.20 g	120 mg	†
Bacopa herb 50:1 extract from <i>Bacopa monnieri</i> herb 2.5 g Containing bacosides as bacoside A 25 mg	50 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, maltodextrin, sodium starch glycolate, croscarmellose sodium, magnesium stearate, silicon dioxide and hypromellose.

MediHerb®
Turmeric Forte

Supplement Facts		
Serving Size: 1 Tablet		
Servings per Container: 60		
Amount per Serving		%DV
Fenugreek seed 5.5:1 extract from <i>Trigonella foenum-graecum</i> seed 731.5 mg	133 mg	†
Turmeric rhizome 55:1 extract from <i>Curcuma longa</i> rhizome 6.44 g Containing curcuminoids 101.3 mg Containing curcumin 82.5 mg	117 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hypromellose and dibasic calcium phosphate dihydrate.

Please consult standardprocess.com for the most current product information.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Neuro-Immune
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole food plant ingredients grown in our organic soil are rich in phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.

Practitioner Focused. Patient Driven.



Foundational Health

Health and Wellness

Preventative Care

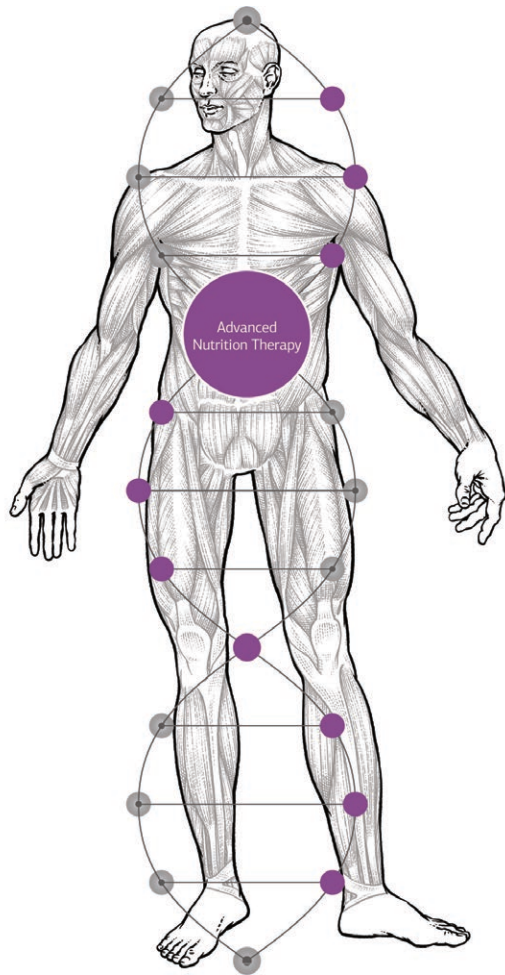
Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems



Neuro-Immune Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve a normal health trajectory. These important systems, including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked


to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

Foundational systems of the body represent an underlying matrixed network of activity, influencing the body's health profile. This is especially the case with the neuro-immune system which works through feedback loops that move between and across multiple systems.¹ When in balance, this matrix maintains a normal system response. When systems are out of balance, like those associated with the neuronal influence of the hypothalamus-pituitary-adrenal axis (HPA), it can affect other systems including how the body's immune response will function and respond. Since stress can also impact the body's natural ability to activate the immune response and resolve inflammation, proper nutrition that supports these normal system functions can play an important role in achieving a healthy lifestyle balance.^{2, 3}

¹ Steinman, L., *Elaborate interactions between the immune and nervous systems*. Nature Immunology, 2004. **5**: p. 575.

² Ingawale, D.K., S.K. Mandlik, and S.S. Patel, *An emphasis on molecular mechanisms of anti-inflammatory effects and glucocorticoid resistance*. J Complement Integr Med, 2015. **12**(1): p. 1-13.

³ Wang, J., et al., *Zinc, Magnesium, Selenium and Depression: A Review of the Evidence, Potential Mechanisms and Implications*. Nutrients, 2018. **10**(5).



The products that follow in this book offer a group of whole-food based nutritional solutions that support a healthy and normal functional capacity and response of the nervous and immune systems.



Drenatrophin PMG®

Drenatrophin PMG supports adrenal function.*

- Provides a unique profile of minerals, nucleotides, and peptides
- Supports adrenal gland health*

Suggested use: One tablet per meal, or as directed.





Hemp Oil Complex™

Hemp Oil Complex is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body – supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous antioxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Combination of natural omega-3 fatty acids, including DHA and EPA
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea®

Suggested use: Two softgels per day, or as directed



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Pituitrophin PMG®

Pituitrophin PMG supports healthy pituitary function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Symplex® F

Symplex F supports the healthy function of the ovaries and the adrenal, pituitary, and thyroid glands.*

- Provides uniquely derived nucleoprotein-mineral extracts that support cellular health*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Symplex® M

Symplex M supports the healthy function of the testes and the adrenal, pituitary, and thyroid glands.*

- Provides uniquely derived nucleoprotein-mineral extracts that support cellular health*

Suggested use: One tablet per meal, or as directed.



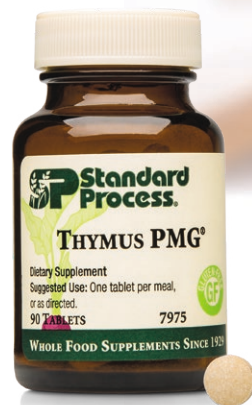


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Thyrophin PMG®

Thyrophin PMG is designed to support healthy thyroid function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.





Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 oils help bridge the gap in dietary omega-3 intake and support the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat meal or strenuous activity.*
Tuna Omega-3 oils contain a non-concentrated, natural profile of tuna oil that is rigorously tested to be below regulatory standards for contaminants and toxins.

Along with supporting general health, they also:

- Support cognition
- Support skin and hair health
- Support emotional balance
- Contain DHA, which is important for proper fetal eye and brain development*

Suggested use: Two softgels twice per day with meals, or as directed.

Special Instructions: Store in a cool dark place.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Drenatrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....1	
Calcium.....20 mg	2%
Proprietary Blend.....134 mg	
Bovine adrenal PMG™ extract† and magnesium citrate.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Hemp Oil Complex™

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 30
Amount per Serving	%Daily Value
Calories.....5	
Total Fat.....1 g	<1%*
Cholesterol.....10 mg	2%
Magnesium.....45 mg	11%
Glucoraphanin.....5 mg	†
DHA.....130 mg	†
EPA.....55 mg	†
Omega-3.....230 mg	†
Omega-6.....60 mg	†
Proprietary Blend.....867 mg	†
Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).	
*Percent Daily Values are based on a 2,000 calorie diet.	
†Daily Value not established.	

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of Brassica Protection Products LLC: www.brassica.com/ip

Pituitrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....1	
Calcium.....30 mg	2%
Proprietary Blend.....118 mg	
Magnesium citrate and bovine pituitary PMG™ extract†.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Symplex® F

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%Daily Value
Calcium.....20 mg	2%
Proprietary Blend.....135 mg	†
Magnesium citrate, bovine ovary PMG™ extract, bovine adrenal PMG™ extract, bovine pituitary PMG™ extract, and bovine thyroid PMG™ extract (processed to substantially remove its thyroxine).	
†Daily Value not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Symplex® M

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%DV
Calories.....1	
Calcium.....20 mg	2%
Proprietary Blend.....137 mg Magnesium citrate, bovine orchid PMG™ extract†, bovine adrenal PMG™ extract†, bovine pituitary PMG™ extract†, and bovine thyroid PMG™ extract† (processed to substantially remove its thyroxine).	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thymus PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90
Amount per Serving	%DV
Calories.....1	
Calcium.....18 mg	2%
Sodium.....22 mg	<1%
Proprietary Blend.....215 mg Bovine thymus PMG™ extract† and magnesium citrate.	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Thytrophin PMG®

Supplement Facts	
Serving Size: 1 Tablet	Servings per Container: 90 or 360
Amount per Serving	%DV
Calories.....1	
Calcium.....30 mg	2%
Proprietary Blend.....109 mg Magnesium citrate and bovine thyroid PMG™ extract† (processed to substantially remove its thyroxine).	
†Daily Value (DV) not established.	

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Tuna Omega-3 Oil

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories.....10	
Total Fat.....1 g	1%
Cholesterol.....5 mg	2%
Tuna Oil.....1,330 mg	
DHA.....300 mg	†
EPA.....60 mg	†
†Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Gelatin, glycerine, water, and D-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts	
Serving Size: 2 Softgels	Servings per Container: 60
Amount per Serving	%Daily Value
Calories.....10	
Total Fat.....1 g	1%
Cholesterol.....5 mg	2%
Vitamin D.....2.5 mcg	13%
Vitamin E.....3.3 mg	22%
Tuna Oil.....1,080 mg	
DHA.....240 mg	†
EPA.....50 mg	†
†Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.	

Other Ingredients: Gelatin, glycerine, water, D-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and cholecalciferol.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Advanced Nutrition Therapy
Resiliency / Stress Response

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
Center, we are committed to clinical science
that advances health and changes lives.





It Starts With Soil

On our 623-acre, certified organic farm, we use regenerative farming practices to cultivate nutrient-dense soil as nature intended.

Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients.

More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

Committed to Clinical Science

We are dedicated to being at the forefront of driving clinical studies that advance patient care through whole food-based nutrition.



Foundational Health

Health and Wellness

Preventative Care

Active Health Management

Condition-Specific Management

Specific System Support

Advanced Nutrition Therapy

Bundled Care Support Regimen
for Specific Health Systems

Ideal Dispensary

Our portfolio of clinical nutrition products is designed to complement your health care practice with a wide range of whole food-based nutritional supplements and herbal products. The Ideal Dispensary provides wellness support that meets the specific needs of your patients and their healthy lifestyle goals. From foundational health to advanced nutrition therapies, our systems approach focuses on holistic health through whole food nutrition.



Foundational Health

Health and Wellness

Preventative Care

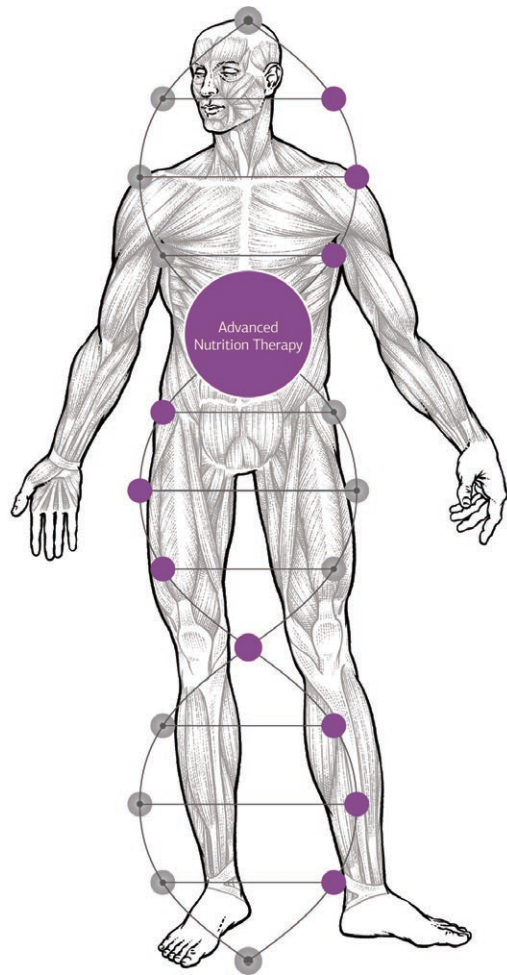
Active Health Management

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for Specific Health Systems



Resiliency / Stress Response Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

More and more consumers today have busy schedules and pressure-packed lifestyles.

Often, this can lead to less-than-ideal dietary choices and habits that often contribute to compromised health. For almost 60% of Americans, this increases the risk of chronic health issues. Many of these health issues have negative effects on the underlying key systems of the body that in turn often compromise our lifestyles and influence the trajectories of our health. When this happens, it is helpful to take a more detailed look at each system, using new and advanced clinical insights from nutrition science to develop guidelines for effective nutrition therapies using whole food solutions.

Over the last 3 to 5 years, new publications from both epidemiological and intervention clinical studies have provided evidence that for the most important body systems, whole food nutrition can make an important difference. When each system is properly understood, it is then possible to develop a nutrition care regimen that can help stabilize the targeted system, improve its normal and healthy functionality and often improve

a normal health trajectory. These important systems, including immune, inflammatory response, central nervous system and digestive health, to name a few, have all been linked to and shown to be influenced by specific nutritional uses. This guide provides an overview to not only product selection but also general therapeutic support for patient care.

An individual's ability to respond and recover to a health challenge is often determined by how resilient they may be to daily stressful events in their lives. Stress often leads to a cascade of system changes and responses that challenge underlying systems, alter their normal functional potential and can progress to more serious health issues. The continuum of stress and resiliency tends to vary by individual and is affected by basic nutritional needs. For those not meeting the full nutritional needs to support these systems, such as inadequate levels of magnesium, a stress response may be more challenging, leading to elevated stress

hormones and responses. A variety of classic nutrients and an appropriate selection of herbal solutions ranging from magnesium to omega-3 fatty acids to ashwagandha and others can offer nutritional solutions that support a normal response and resiliency to stress. This guide is intended to highlight the various options of supplements and herbal solutions that have been associated with and shown to support this important issue.

Stress is a series of responses that has an underlying basis on nutrition support of body systems directly associated with the stress functional response. Understanding the options of supplements and herbal solutions available to support an individual's unmet needs can provide personalized and effective care that can improve this important system and associated health issues.

The products that follow in this book offer a group of whole food-based nutritional and herbal solutions that can support the normal functional response of the stress and resiliency systems.



Hemp Oil Complex™

Hemp Oil Complex™ is a unique formulation of ingredients, combined to provide a 3-in-1 benefit for the whole body – supporting the endocannabinoid system, inflammation response resolution pathways, and endogenous antioxidant pathways.

- Supports the endocannabinoid system*
- Supports the body's natural inflammatory response function*
- Ingredients that provide antioxidant activity*
- Non-genetically engineered hemp
- Calamari oil certified sustainable from the independent nonprofit group Friend of the Sea®

Suggested use: Two softgels per day, or as directed.





Neurotrophin PMG®

Neurotrophin PMG is a Protomorphogen™ extract formula that supports healthy central nervous system function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



ProSynbiotic

ProSynbiotic is a synergistic blend of four research-supported probiotic strains and two prebiotic fibers to support gut flora and overall intestinal health.*

- Contains research-supported strains of lactic acid bacteria (*Lactobacillus* and *Bifidobacterium*) and *Saccharomyces cerevisiae* var. *boulardii*
- Contains inulin (a nondigestible soluble fiber from chicory root) and galactooligosaccharides (nondigestible carbohydrates), both of which are used by probiotic bacteria as food
- Useful in maintaining a healthy gut microbial environment
- Supports the body's natural absorption of calcium and magnesium
- Improves nutrient digestion and absorption
- Supports normal bowel regularity and consistency
- Supports the body's natural immune system response function*

Suggested use: Three capsules per day, or as directed.

Special information: Store in a cool, dry place. Although research varies, our strains seem to work best when taken after a meal.



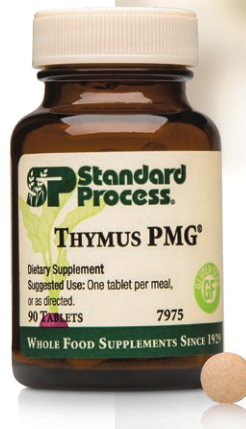


Thymus PMG®

Thymus PMG is designed to support healthy thymus function.*

- Provides a unique profile of minerals, nucleotides, and peptides*

Suggested use: One tablet per meal, or as directed.



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Tuna Omega-3 Oil or Tuna Omega-3 Chewable

Tuna Omega-3 Oil delivers essential omega-3 fatty acids.*

- Natural profile of tuna oil—not concentrated
- Supports normal lipid profiles already within normal range
- Supports the body's natural inflammatory response function as it relates to periodic challenges like consumption of a high-fat meal or strenuous activity
- Third-party tested for environmental contaminants
- Supports cognition
- Supports skin and hair health
- Supports emotional balance
- DHA is important for proper fetal eye and brain development
- Supportive but not conclusive research has shown that EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.*

Suggested use: Two softgels twice per day with meals, or as directed.

Special information: For patients needing vitamin B supplementation, you may consider recommending Folic Acid B₁₂. Store product in a cool, dark place.





Whole Food Fiber

Whole Food Fiber is a good source of fiber from nutrient-rich whole foods.*

- Contains both soluble and insoluble fiber
- Supports healthy bowel function
- Promotes regular intestinal motility and elimination
- Supports healthy epithelial cells in the bowel
- Provides food for beneficial microorganisms in the lower gastrointestinal (GI) tract
- Supports the immune system*

Suggested use: One level tablespoon (approximately 6 grams) in a blender drink per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MediHerb® Ashwagandha Complex

Ashwagandha Complex contains the following herbs: Ashwagandha, Licorice, Skullcap and Korean Ginseng. Together these herbs and the substances within them are used traditionally to:

- Work as a tonic to benefit the entire body
- Help the body adapt to the changes of everyday life
- Maintain feelings of general well-being when experiencing temporary stress
- Support a healthy immune system
- Promote vitality and stamina in people of any age
- Support and maintain the body as it ages
- Help maintain healthy mood balance

Suggested use: One tablet three times daily, or as directed.

Caution: Contraindicated in high blood pressure, edema (water retention), congestive heart failure, low blood potassium, pregnancy and lactation. Discontinue during an acute infection or fever. If you have a thyroid condition, use strictly under physician direction.



MediHerb® Kava Forte

This tablet contains Kava root extracted with 100% water, which provides an extract with a full spectrum of compounds including kavalactones. This product is standardized to contain 50 mg of kavalactones per tablet to ensure optimal strength and quality. The compounds in Kava Forte, particularly the kavalactones, work together to traditionally help:

- Calm the nerves
- Ease the effects of mild tension and stress
- Promote relaxation and sleep
- Support muscle relaxation*

Suggested use: One tablet two to three times daily, or as directed.

Caution: USFDA advises that a potential risk of rare, but severe liver injury may be associated with kava-containing dietary supplements. Ask a health care professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g. unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin.) Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Not for use with alcoholic beverages. Excessive use, or use with products that cause drowsiness, may impair our ability to operate a vehicle or dangerous equipment. Not for prolonged use. Do not exceed recommended dose.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Hemp Oil Complex™

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 30
Amount per Serving	%Daily Value	
Calories	5	
Total Fat	1 g	<1%*
Cholesterol	10 mg	3%
Magnesium	45 mg	11%
Glucoraphanin	5 mg	†
DHA	130 mg	†
EPA	55 mg	†
Omega-3	230 mg	†
Omega-6	60 mg	†
Proprietary Blend	867 mg	†
Calamari oil, hemp oil (stalk and seed), TrueBroc®, and broccoli (aerial parts).		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, dimagnesium malate, and beeswax.

TrueBroc® is protected by trademarks and patents of
Brassica Protection Products LLC: www.brassica.com/ip

Neurotrophin PMG®

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 90
Amount per Serving	%DV	
Calories	1	
Cholesterol	10 mg	3%
Calcium	10 mg	1%
Proprietary Blend	200 mg	
Porcine brain PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

ProSynbiotic

Supplement Facts		
Serving Size: 3 Capsules		Servings per Container: 30
Amount per Serving	%DV	
Calories	8	
Total Carbohydrate	1.8 g	<1%*
Proprietary Blend	1,700 mg	†
Inulin†, galactooligosaccharide (GOS) (milk)†, and probiotic blend (<i>S. boulardii</i> , <i>L. acidophilus</i> , LA-5®, <i>L. paracasei</i> , <i>L. casei</i> 431®, and <i>Bifidobacterium</i> , BB-12®) (4 billion cfu)†.		
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.		

Other Ingredients: Maltodextrin, gelatin, water, calcium stearate, and sorbitan monostearate.

Thymus PMG®

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 90
Amount per Serving	%DV	
Calories	1	
Calcium	18 mg	2%
Sodium	22 mg	<1%
Proprietary Blend	215 mg	
Bovine thymus PMG™ extract† and magnesium citrate.		
†Daily Value (DV) not established.		

Other Ingredients: Calcium lactate, cellulose, and calcium stearate.

Tuna Omega-3 Oil

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 90
	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%
Cholesterol	5 mg	2%
Tuna Oil	1,330 mg	†
DHA	300 mg	†
EPA	60 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, and d-alpha tocopherol (vitamin E soy).

Tuna Omega-3 Chewable

Supplement Facts		
Serving Size: 2 Softgels		Servings per Container: 60
	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%
Cholesterol	5 mg	2%
Vitamin D	2.5 mg	13%
Vitamin E	3.3 mg	22%
Tuna Oil	1,080 mg	†
DHA	240 mg	†
EPA	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Gelatin, glycerine, water, d-alpha tocopherol (vitamin E sunflower and soy), natural flavor, and chocolateflavor.

Whole Food Fiber

Supplement Facts		
Serving Size: 1 Level Tablespoon		Servings per Container: 30
	Amount per Serving	%Daily Value
Calories	25	
Total Carbohydrate	5 mg	2%*
Dietary Fiber	3 g	11%*
Proprietary Blend	6 g	†
Oat fiber, beet fiber, rice (bran), organic beet (root), apple pectin, organic carrot (root), organic sweet potato, and carrot fiber.		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Soluble fiber from foods such as oat fiber, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.

MediHerb® Ashwagandha Complex

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 40 or 120
	Amount per Serving	%DV
Calcium	58 mg	4%
Skullcap herb 4:1 extract from <i>Scutellaria lateriflora</i> herb 470 mg	117.5 mg	†
Licorice root 7:1 extract from <i>Glycyrrhiza glabra</i> root 750 mg	107.15 mg	†
Ashwagandha root 10:1 extract from <i>Withania somnifera</i> root 950 mg	95 mg	†
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 100 mg Containing ginsenosides* 1.68 mg	20 mg	†

†Daily Value (DV) not established.

Other Ingredients: Dibasic calcium phosphate dihydrate, microcrystalline cellulose, sodium starch glycolate, maltodextrin, hypromellose, magnesium stearate, silicon dioxide and dextrose.

*Rb2 to Rb1 is NLT 0.4 by HPLC

MediHerb® Kava Forte

Supplement Facts		
Serving Size: 1 Tablet		Servings per Container: 40
	Amount per Serving	%DV
Kava root 7:1 water extract from <i>Piper methysticum</i> root 3.2 g Containing kavalactones 50 mg	455 mg	†

†Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, maltodextrin, magnesium stearate, silicon dioxide, hypromellose, sodium starch glycolate and dibasic calcium phosphate dihydrate.

NOTES





CHANGING LIVES

with wholistic nutrition from
practitioner to patient

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Ideal Dispensary

Sports Performance
Advanced Nutrition Therapy

Changing Lives With Nutrition

Standard Process focuses
on achieving wholistic
health through nutrition.

From our certified organic, regenerative
farming practices to our Nutrition Innovation
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that advances health and changes lives.





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Whole Food-Based Ingredients

The whole foods grown on our farm in our organic soil contain an abundance of phytonutrients. More than 80% of all raw plant ingredients that go into our products come directly from our farm, traveling less than a mile to our manufacturing facility.

Manufactured With Care

Our freshly picked crops are processed often within a day using state-of-the-art technologies to maintain the naturally occurring nutrients in our plant ingredients.

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Foundational Health

Health and Wellness

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Practitioner Focused. Patient Driven.

Foundational Health

Health and Wellness

Preventative Care

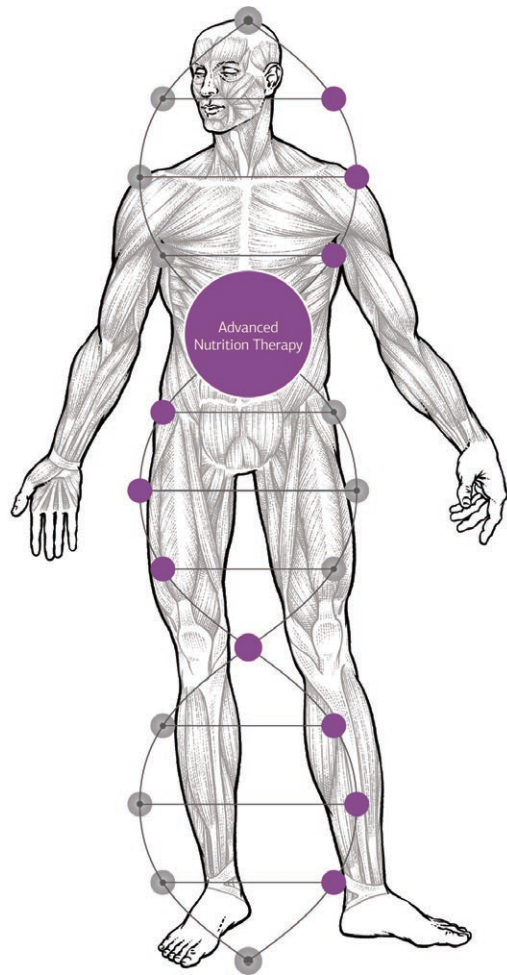
Active Health Management

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for Specific Health Systems




Sports Performance Products Include:

Whole food-based nutrition products to help address specific health issues requiring advanced nutrition insights.

Active lifestyles and sports performance create nutritional requirements to help ensure adequate and balanced energy.

Whole food nutrition can provide important macronutrients that are plant based (i.e., proteins and quality carbohydrates and fiber) and helpful for both enhanced health status and improved daily performance and activity.¹ Additionally, phytonutrients help balance important body systems and support the processes ranging from oxidation to immune and metabolic responses.² Not only does nutrition provide good foundations for performance, more specialized nutritional support can also help address acute conditions that are often seen in overtraining, fatigue and even injury.³ Selection of specialized nutritional support can be used today as adjunctive care to your clinical regimen. This guide helps identify those nutritional components that can support normal and healthy function of all systems that influence performance and recovery.

1. Thomas, D.T., K.A. Erdman, and L.M. Burke, Position of the Academy of Nutrition and Dietetics, Dietitians of Canada, and the American College of Sports Medicine: Nutrition and Athletic Performance. *J Acad Nutr Diet*, 2016. **116**(3): p. 501-528.
2. Pingitore, A., et al., Exercise and oxidative stress: potential effects of antioxidant dietary strategies in sports. *Nutrition*, 2015. **31**(7-8): p. 916-22.
3. Heaton, L.E., et al., Selected In-Season Nutritional Strategies to Enhance Recovery for Team Sport Athletes: A Practical Overview. *Sports Medicine*, 2017. **47**(11): p. 2201-2218.



This guide provides nutritional support that helps maintain healthy activity and may facilitate recovery that keeps everyone ‘in the game’.

For the most current and complete information about the product and cautionary warnings, please go to standardprocess.com.



Calcium Lactate

Calcium Lactate supports absorption of calcium and magnesium.*

- Supports muscle contraction and nerve conduction
- Supports maintenance and function of cell membranes and membrane permeability
- Supports blood coagulation
- Supports proper functioning of enzyme systems
- Supports and helps maintain healthy bone density and remodeling
- Highly soluble form of calcium from a non-dairy source
- Contains a 5:1 ratio of calcium and magnesium
- Provides additional support for the immune system response function
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life*

Suggested use: Six tablets per day, or as directed.





Cataplex® D

Cataplex D supports bone health, mineral absorption, the immune system, and cellular processes.*

- Encourages healthy calcium absorption from the intestinal tract into the blood
- Supports healthy immune system response function
- Supports and maintains healthy bone density
- Provides vitamin D, which is needed by almost every cell in the body for development and transcription*

Suggested use: Two tablets per day, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Cellular Vitality

Cellular Vitality supports the body as a whole, with specific emphasis on cellular processes.*

- Contains American ginseng, which acts as a body tonic for the byproducts of everyday stress
- Contains B vitamins, to fuel cells and participate in numerous body processes that contribute to normal function
- Provides nutrients that support antioxidant activity
- Includes the enzyme bromelain from pineapple stems and juice that, when taken between meals, modulates the body's natural inflammatory response function as it relates to periodic challenges like consumption of high-fat foods or strenuous activity
- Contains coenzyme Q₁₀, an enzyme that is essential for creation of energy within the mitochondria of cells and that helps protect cells from free radicals
- Contains *Cordyceps sinensis*, a mushroom powder long prized in traditional Chinese medicine with a variety of bioactive compounds that contribute to fatigue management and the maintenance of healthy blood sugar levels already within normal range
- Contains ribonucleic acid (RNA), compounds that can be broken apart as cells to create energy or manufacture protein*

Suggested use: Three capsules per day, or as directed.



Ferrofood®

Ferrofood contains iron to support the body's need for this mineral.*

- Maintains healthy blood
- Promotes and supports normal blood production
- Supports cellular integrity
- Provides iron, which is essential for the synthesis of hemoglobin and helps deliver oxygen to red blood cells
- Supports enzyme actions in the body
- Contains vitamin C to help with iron absorption
- High in antioxidant vitamin C*

Suggested use: One capsule per day with food or directed.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

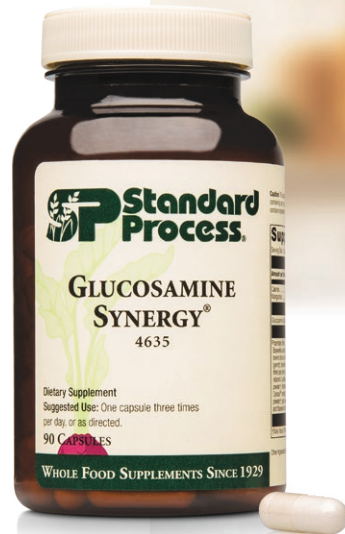


Glucosamine Synergy®

Glucosamine Synergy combines glucosamine, *Boswellia serrata*, and manganese to help maintain healthy joint function.*

- Maintains healthy connective tissue
- Supports the body's normal connective tissue repair process
- Supports joint health
- Contains glucosamine and boswellia for relieving discomfort in the affected areas after strenuous exercise*

Suggested use: One capsule three times per day, or as directed.



Caution: This product contains ingredients derived from shellfish.



Ligaplex® I

Ligaplex I contains nutrients that provide acute ligament and muscle support.*

- Supports the body's normal connective tissue repair and synthesis processes
- Supports healthy joints and muscles
- Supports bone growth and the synthesis of cartilage
- Contains buckwheat, which supports the body's natural inflammatory response function as it relates to periodic challenges like strenuous exercise*

Suggested use: Two capsules per meal, or as directed.



* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



OPC Synergy®

OPC Synergy provides a synergistic blend that supports antioxidant activity and cell functioning.*

- Provides nutrients that support antioxidant activity
- Supports and maintains normal cell function
- Helps maintain normal cognitive function
- Traditionally used in support of eye health
- Supports the complex processes associated with aging
- Supports a healthy cardiovascular system
- Maintains capillary integrity*

Suggested use: One capsule per day, or as directed.



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MediHerb® Rhodiola & Ginseng Complex

Rhodiola & Ginseng Complex contains Rhodiola and Korean Ginseng, a combination which contains many compounds including phenylpropanoids such as rosarin, rosavin and rosin (rosavins), salidroside (a hydroxyphenethyl glucoside), and a complex mixture of steroidal saponins (called ginsenosides). This product is standardized to contain 4.5 mg of rosavins, 1.5 mg of salidroside and 8.4 mg of ginsenosides (calculated as Rb₂ to Rb₁ is NLT 0.4 by HPLC) per tablet to ensure optimal strength and quality. Together these herbs and the substances within them have been traditionally used to:

- Support mental clarity and cognitive function
- Promote vitality and stamina
- Help maintain proper energy
- Support physical endurance
- Maintain feelings of general well-being when experiencing temporary stress
- Help the body adapt to the changes of everyday life
- Support and maintain the body as it ages
- Support the body's natural defenses against stress*

Suggested use: One tablet two to four times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Discontinue during an acute infection or fever.



MediHerb® Turmeric Forte

Turmeric Forte is a formulation of Turmeric rhizome and Fenugreek seed extracts to enhance absorption and improve bioavailability*+ of curcuminoids, the active constituents of Turmeric. Turmeric rhizome provides turmeric curcuminoids, including curcumin, demethoxycurcumin and bisdemethoxycurcumin. This product is standardized to total curcuminoids and to curcumin, to ensure optimal strength and quality.

The herbs and their constituents:

- Support a healthy inflammation response
- Traditionally maintain and support healthy joints
- Provide antioxidant activity
- Support a healthy response to environmental stressors
- Support healthy liver function
- Traditionally support healthy digestion*

Suggested use: One tablet one to two times daily, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

* Contains dietary ingredient (formulation of curcumin with fenugreek dietary fiber), found to have enhanced bioavailability of curcuminoids than unformulated curcumin.¹

¹ Kumar D, Jacob D, Subhash PS et al. J Funct Foods 2016; 22, 578-587

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Appendix

Calcium Lactate

Supplement Facts	
Serving Size: 6 Tablets	Servings per Container: 15, 55 or 133
Amount per Serving	%DV
Calories..... 5	
Total Carbohydrate..... 1 g.....	<1%*
Calcium..... 250 mg.....	25%
Magnesium..... 50 mg.....	10%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Calcium lactate, magnesium citrate, and calcium stearate.

Cataplex® D

Supplement Facts	
Serving Size: 2 Tablets	Servings per Container: 90 or 180
Amount per Serving	%Daily Value
Vitamin A..... 300 mcg RAE.....	35%
Vitamin D..... 40 mcg.....	200%
Calcium..... 40 mg.....	4%

Other Ingredients: Calcium lactate, milk powder, potassium citrate, glycerine, cholecalciferol, sucrose, starch, calcium stearate, arabic gum, vitamin A palmitate, and ascorbic acid.

Cellular Vitality

Supplement Facts	
Serving Size: 3 Capsules	Servings per Container: 30
Amount per Serving	%DV
Calories..... 10	
Total Carbohydrates..... 1 g.....	<1%*
Thiamine..... 0.2 mg.....	15%
Riboflavin..... 0.3 mg.....	25%
Niacin..... 3 mg.....	20%
Vitamin B6..... 0.3 mg.....	20%
Folate (as 30 mcg folic acid)..... 20 mcg DFE.....	4%
Vitamin B12..... 0.5 mcg.....	20%
Biotin..... 10 mcg.....	35%
Pantothenic Acid..... 1 mg.....	20%
Coenzyme Q10..... 80 mg.....	†
Proprietary Blend..... 890 mg.....	†
Multi-fruit seed powder (ruby grape seed, blueberry seed, cranberry seed, red raspberry seed, black raspberry seed and pomegranate seed), ribonucleic acid, organic mushroom powder (<i>Cordyceps sinensis</i>), American ginseng (root), and bromelain.	

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Quinoa sprouts, cellulose, calcium stearate, and water.

Ferrofood®

Supplement Facts	
Serving Size: 1 Capsule	Servings per Container: 40 or 150
Amount per Serving	%DV
Calories..... 2	
Vitamin C..... 30 mg.....	50%
Vitamin B12..... 1.7 mcg.....	30%
Iron..... 10 mg.....	60%
Proprietary Blend..... 234 mg	
Bovine liver†, bovine bone†, defatted wheat (germ)†, carbamides†, bovine spleen PMG™ extract†, veal bone†, bovine adrenal†, porcine duodenum†, carrot (root)†, choline bitartrate†, bovine spleen†, ovine spleen†, oat flour†, citric acid†, porcine stomach parenchyma†, dried alfalfa (whole plant) juice†, mushroom†, <i>Tillandsia usneoides</i> †, rice (bran)†, licorice (root)†, para-aminobenzoate†, magnesium citrate, flaxseed oil extract†, and bovine liver fat extract†.	

†Daily Value (DV) not established.

Other Ingredients: Gelatin, camu camu (berry), acerola (berry), manioc (root), ferrous lactate, water, calcium stearate, dicalcium phosphate, and cyanocobalamin.

Glucosamine Synergy®

Supplement Facts		
Serving Size: 1 Capsule Servings per Container: 90		
Amount per Serving	%Daily Value	
Manganese 1 mg	40%	
Glucosamine Sulfate (from shellfish)	475 mg	†
Proprietary Blend 91 mg	†	
Indian frankincense (<i>Boswellia serrata</i>), calcium lactate, nutritional yeast, carbanilide, bovine bone, veal bone PMG™ extract, bovine liver, defatted wheat (germ), bovine heart PMG™ extract, magnesium citrate, oat flour, inositol, organic dried pea (vine) juice, Spanish moss (<i>Walteria usneoides</i>), ascorbic acid, carrot (root), ribonucleic acid, organic beet (root), organic sweet potato, bovine liver fat extract, D-alpha tocopherol (vitamin E sunflower), bovine adrenal Cytosol™ extract, bovine kidney, bovine spleen, ovine spleen, para-aminobenzoate, organic reishi mushroom powder, organic shiitake mushroom powder, vitamin A palmitate, rice (bran), sunflower lecithin powder, cholecalciferol, organic flaxseed oil extract, and cyanocobalamin.		
†Daily Value not established.		
Other Ingredients: Gelatin, calcium stearate, water, manganese glycero-phosphate, starch, dicalcium phosphate, and sucrose.		

Ligaplex® I

Supplement Facts		
Serving Size: 2 Capsules Servings per Container: 75		
Amount per Serving	%Daily Value	
Cholesterol <5 mg	2%	
Vitamin A 70 mcg RAE	8%	
Vitamin C 2 mg	2%	
Vitamin E 1.1 mg	8%	
Vitamin B12 5.8 mcg	240%	
Phosphorus 20 mg	2%	
Manganese 55 mg	2,300%	
Proprietary Blend 770 mg	†	
Bovine bone, calcium lactate, organic dried pea (vine) juice, oat flour, bovine liver, veal bone PMG™ extract, bovine kidney, organic beet (root), inositol, nutritional yeast, organic dried Swiss chard (beet leaf) juice, organic dried buckwheat (partial part) juice, organic buckwheat (seed), ribonucleic acid, carrot (root), organic sweet potato, bovine adrenal Cytosol™ extract, bovine spleen, ovine spleen, para-aminobenzoate, organic shiitake mushroom powder, organic reishi mushroom powder, sunflower lecithin powder, and carrot oil.		
†Daily Value not established.		
Other Ingredients: Manganese lactate, gelatin, water, calcium stearate, dicalcium phosphate, starch, D-alpha tocopherol (vitamin E sunflower), ascorbic acid, vitamin A palmitate, and cyanocobalamin.		

OPC Synergy®

Supplement Facts		
Serving Size: 1 Capsule Servings per Container: 40		
Amount per Serving	%DV	
Calories	1.5	
Proprietary Blend	410 mg	
Dried buckwheat (leaf) and juice†, green tea (leaf) powder†, carrot (root)†, grape seed extract (Masquelier's® Original OPC included)†, red wine extract†, green tea (leaves) extract†, and bilberry (fruit) extract†.		
†Daily Value (DV) not established.		
Other Ingredients: Gelatin, water, maltodextrin, and calcium stearate.		

MediHerb® Rhodiola & Ginseng Complex

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 60		
Amount per Serving	%DV	
Rhodiola root 4:1 extract from <i>Rhodiola rosea</i> root 600 mg	150 mg	†
Containing rosvins 4.5 mg and salidroside 1.5 mg		
Korean Ginseng root 5:1 extract from <i>Panax ginseng</i> root 500 mg	100 mg	†
Containing ginsenosides* 8.4 mg		
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, dextrose, hypromellose and magnesium stearate.		
*Rb2 to Rb1 is NLT 0.4 by HPLC		

MediHerb® Turmeric Forte

Supplement Facts		
Serving Size: 1 Tablet Servings per Container: 60		
Amount per Serving	%DV	
Fenugreek seed 5.5:1 extract from <i>Trigonella foenum-graecum</i> seed 731.5 mg	133 mg	†
Turmeric rhizome 55:1 extract from <i>Curcuma longa</i> rhizome 6.44 g	117 mg	†
Containing curcuminoids 101.3 mg		
Containing curcumin 82.5 mg		
†Daily Value (DV) not established.		
Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, magnesium stearate, silicon dioxide, hypromellose and dibasic calcium phosphate dihydrate.		

NOTES





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practitioner to patient



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