

# Okra Pepsin E<sub>3</sub>

Available Sizes:  
6083: 90 Capsules  
6087: 150 Capsules

DIGESTIVE  
HEALTH



- Provides enzymatic support for protein digestion\*
- With whole okra fruit powder, alginic acid, and natural chlorophyll

## Okra Pepsin E<sub>3</sub> and Protein Digestion

Enzymes are necessary for breaking down macronutrients into smaller forms that can be absorbed into the body: an essential part of gastrointestinal (GI) function. The enzyme pepsin is produced in the upper GI tract and acts as a proteolytic enzyme. It breaks down amino acid chains in proteins, even at a low pH.<sup>1</sup> Supplemental pepsin has been used to provide enzymatic support in patients with insufficient enzyme production.<sup>1</sup>



**Warning:** If pregnant or nursing, or have any health condition, consult your health care professional before using this product. Keep out of reach of children.

## Supplement Facts

Serving Size: 1 Capsule  
Servings per Container: 150

	Amount per Serving	%Daily Value
Cholesterol	<5 mg	<2%
Proprietary Blend	215 mg	†
Okra (fruit), pepsin (1:10,000), fat soluble extract from alfalfa (leaf) and sunflower seed, bovine orchic extract, alginic acid, carbamide, Spanish moss ( <i>Tillandsia usneoides</i> ), organic buckwheat (aerial parts), organic pea vine, and organic carrot.		

†Daily Value not established.

Other Ingredients: Cellulose, gelatin, water, calcium stearate, and d-alpha tocopherol (vitamin E sunflower).

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### Pepsin

Supports macronutrient digestion\*

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Standard Process products labeled as **Gluten-Free** have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling. Standard Process products labeled as **Non-Dairy** or **Non-Dairy Formula** have been formulated to not contain milk or milk-derived ingredients. Standard Process products labeled as **Non-Soy** or **Non-Soy Formula** have been formulated to not contain soy or soy-derived ingredients.



# Okra Pepsin E<sub>3</sub>

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HEALTH

## Okra Pepsin E<sub>3</sub> Contains Whole Okra Fruit Powder, Alginic Acid, and Chlorophyll

### Okra Fruit Powder

Okra fruit contains a fibrous polysaccharide mucilage that has slimy properties and is not broken down by human digestive enzymes. It is a whole food component, making it an important dietary staple in regions where there are harsh climates since the plant can tolerate high heat and low water.<sup>3</sup>

### Alginic acid

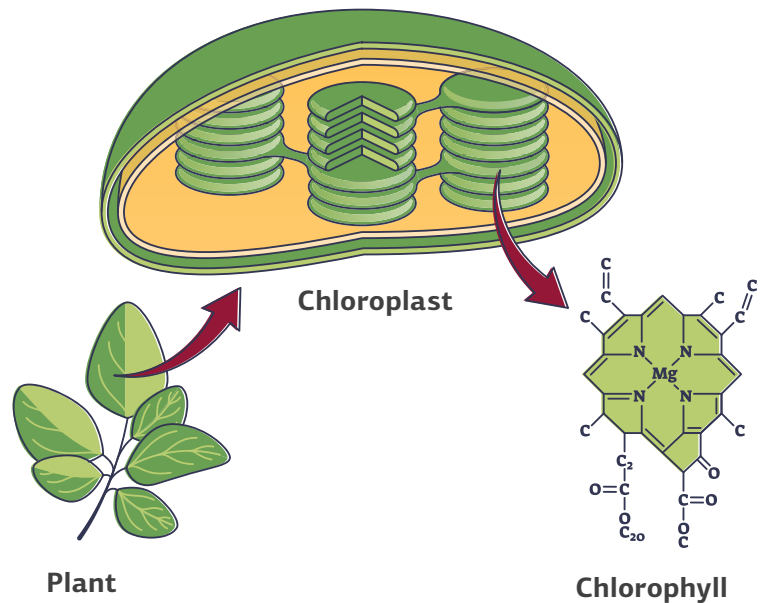
Alginic acid and alginate derivatives are polysaccharides originating from marine plants (kelp and seaweed) that possess viscosifying, gelling, and stabilizing properties.<sup>4</sup>

### Chlorophyll

Chlorophyll is a pigment component found in the cell wall of plants that capture light and give them their distinct green color. It is one of the most prevalent phytonutrients consumed in the diet.



Okra, botanically classified as *Abelmoschus esculentus*, is a plant from the mallow family valued for its mucilaginous green pods.



The **great majority** of the raw plant ingredients used in our products are grown on our certified organic farm

**Freshly picked crops** are often processed within a day to maintain vital nutrients

We harvest more than **6.5 million** pounds of ingredients on our certified organic and sustainable farm

### Healthy Soil. Healthy Plants. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.

### REFERENCES

1. Forssmann, K., Meier, L., Uehleke, B., Breuer, C. Stange, R. (2017). BMC gastroenterology 17, 123-123.
2. Kayama, H., Takeda, K. (2020). Eur J Immunol, 50:921-931.
3. Elkhalfifa, A.E.O., Alshammari, E., Adnan, M., Alcantara, J.C., Awadelkareem, A.M., Eltoun, N.E., Mehmood, K., Panda, B.P., Shraf, S.A. (2021). Molecules, 26:696-716.
4. Bor, S., et al. Alginates. Turk J Gastroenterol 30, 109-136 (2019).



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WHOLE FOOD NUTRIENT SOLUTIONS