

Rehmannia Complex

A Unique Combination of Rehmannia Root, Bupleurum Root, Hemidesmus Root and Feverfew Leaf & Stem



M1386 60 Tablets



MediHerb® Rehmannia Complex contains a unique combination of Rehmannia, Bupleurum, Hemidesmus and Feverfew. These herbs have been traditionally used in herbal preparations to:

- ✓ Relieve occasional **mild headaches** associated with stress*
- ✓ Support **healthy general detoxification** of the whole body*
- ✓ Support **liver health***
- ✓ Relieve temporary **mild joint discomfort***

From ancient times, Bupleurum root has been widely used in the traditional medicine of China and Japan.¹ Rehmannia and Bupleurum were first mentioned in the *Divine Husbandman's Classic of the Materia Medica (Shen Nong Ben Cao Jing)*. This Chinese text is believed to have been written at or before the 3rd century – although herbs were being used in China for millennia before this time!² Because of its unique set of actions, there isn't a single herb in the Western herbal tradition that can match Bupleurum.³

In the ancient literature of India, Hemidesmus root has been mentioned as a very important herbal remedy. It was called to the attention of medical practitioners of the United States and Europe in 1832, and was admitted into the *British Pharmacopoeia* in 1864.^{4,5} (Pharmacopoeias provide standards for the identification and preparation of medicines. The word comes from the Greek 'pharmakon', a drug, 'poia', making. They are usually published by the authority of a government, medical or pharmaceutical society.)

Studies using Feverfew conducted in the late 1990s established that the component parthenolide was associated with Feverfew's health benefits.⁶

Suggested Use:

1 tablet 2 – 4 times daily, or as directed.

Supplement Facts

	Amount per Serving	%DV
Serving size:	1 Tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	30 mg	2%
Bupleurum root 4.5:1 extract from <i>Bupleurum falcatum</i> root 700 mg	155.5 mg	†
Rehmannia root 1.4:1 extract from <i>Rehmannia glutinosa</i> root 350 mg	250 mg	†
Hemidesmus root 5:1 extract from <i>Hemidesmus indicus</i> leaf & stem 500 mg	100 mg	†
Feverfew leaf & stem 5:1 extract from <i>Tanacetum parthenium</i> leaf & stem 165 mg	33 mg	†
† Daily Value (DV) not established.		

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, silicon dioxide, hypromellose and magnesium stearate.

Caution: Contraindicated in individuals with a known hypersensitivity to Feverfew, parthenolide or other members of the daisy family. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

How Rehmannia Complex Supports Your Health:



Supports Liver Health

Bupleurum has been used in traditional Chinese medicine to support liver health.^{9*}



Supports Healthy General Detoxification

Hemidesmus is traditionally used in Ayurvedic medicine as a depurative to support detoxification of the body.^{4,10-12*}



Relief of Occasional Mild Headaches

Feverfew leaf is traditionally used in Western herbal medicine to help relieve mild temporary headaches associated with stress.^{12, 14-19*}

References

- 1 Wagner H, Hikino H, Farnsworth NR (eds). *Economic and Medicinal Plant Research*, Vol 2. Academic Press, London, 1988.
- 2 Bensky D, Clavey S, Stoger E. *Chinese Herbal Medicine: Materia Medica*, 3rd Edn. Eastland Press, Seattle, 2004.
- 3 Tierra M, Frawley D, Hobbs C. *Planetary Herbology: An Integration of Western Herbs into the Traditional Chinese and Ayurvedic Systems*. Lotus Press, Santa Fe, 1988.
- 4 Chopra RN, Chopra IC, Handa KL et al. *Chopra's Indigenous Drugs of India*, 2nd Edn, 1958, reprinted Academic Publishers, Calcutta, 1982.
- 5 Felten HW, Lloyd JU. *King's American Dispensatory*. 18th Edn, 3rd revision. First published 1905, reprinted Eclectic Medical Publications, Portland, 1983.
- 6 McKenna DJ, Jones K, Hughes K et al. *Botanical Medicines: The Desk Reference for Major Herbal Supplements*, 2nd Edn. New York, Haworth Herbal Press, 2002.
- 7 Mills SY. *The Essential Book of Herbal Medicine*. Penguin Arkana (Penguin), London, 1991.
- 8 World Health Organization. *WHO Monographs on Selected Medicinal Plants, Vol 1*. WHO, Geneva, 1999.
- 9 Pharmacopoeia Commission of the People's Republic of China. *Pharmacopoeia of the People's Republic of China*, English Edn. Chemical Industry Press, Beijing, 1997.
- 10 Nadkarni AK. Dr. K.M. *Nadkarni's Indian Materia Medica*, 3rd Edn. First published 1954, reprinted Popular Prakashan, Bombay, 1976.
- 11 Chang HM, But PP. *Pharmacology and Applications of Chinese Materia Medica*. World Scientific, Singapore, 1987.
- 12 British Herbal Medicine Association. *British Herbal Compendium, Vol 1*. BHMA, Bournemouth, 1992.
- 13 Pushpangadan P, Atal CK. *J Ethnopharmacol* 1984; **11**(1): 59-77
- 14 Mills S, Bone K. *The Essential Guide to Herbal Safety*. Elsevier. Churchill Livingstone. 2005.
- 15 Hoffmann D. Medical Herbalism. *The Science and Practice of Herbal Medicine*. Healing Arts Press, Vermont, 2003, p.587.
- 16 Duke, JA et al. *Handbook of Medicinal Herbs* Second edition, CRC Press, London, 2002.
- 17 European Medicines Agency. *Community Herbal Monograph on Tanacetum parthenium (L.) Schulz Bip., herba*. 2010. Cited 12.07.2019.
- 18 Health Canada. *Feverfew Monograph*. 2010. Cited 12.07.2019
- 19 European Scientific Cooperative on Phytotherapy. *ESCAP Monographs*. 2nd edition, Thieme, Exeter, 2003, pp.492-498.



MediHerb Quality Choice

Results-driven formulations

MediHerb® develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing ingredients to bottling, to ensure the high standard of our herbal extracts.

Strict product testing

MediHerb® has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb® products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.

Please consult the product packaging label for the most accurate product information.

© 2023 MediHerb. All rights reserved. LN03389 03/23

MEDI  HERB®

 **Standard Process**
Exclusive United States Distributor of MediHerb®

mediherb.com | standardprocess.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.