




# SP® Power Mix

A powerful blend  
of superfoods





## The U.S. population's average intake of fruits and vegetables falls far below the recommended amounts

### Key considerations:

- **Declining Standard American Diet:** Processed foods that are high in fat, sugar, and sodium are always readily available and routinely chosen over the essential vitamins and minerals that are found in fruits and vegetables.
- **Widespread nutritional decline:** Many fruits and vegetables themselves are showing signs of decline with lower nutrient concentrations when compared to previous generations.<sup>1</sup> As a result, there is a high prevalence of micronutrient inadequacies among Americans.<sup>2</sup>

1. DR, D. HortScience 44(2009).

2. Drake, V.J. Linus Pauling Institute (2017.).



# Clinical Target

## Supporting general health and well-being

Busy lifestyles combined with the decline in the Standard American Diet and increasing deficiencies in our food's nutritional content has left many Americans short of the vital nutrients their bodies need to thrive.

- Adults of all ages, especially those who lead busy lives
- People with diets lacking in whole foods, like fruits and vegetables, or high in fast foods



**Only 9.3% of U.S. adults meet the daily vegetable intake recommendation.<sup>2</sup>**

2. Drake, V.J. Linus Pauling Institute (2017).



# Key Ingredients & How it Works

**SP® Power Mix is a whole food, plant-based blend of phytonutrient-rich fruits, vegetables, oats, and algae in a convenient powder**

- Contains a diverse selection of fruits, vegetables, oats and algae rich in nutrients, antioxidants and phytoactives
- Provides good and excellent source of zinc, vitamin C, and manganese

## How SP® Power Mix works to support general health and well-being\*

By combining a diverse selection of fruits, vegetables, oats, and algae, SP® Power Mix provides a variety of nutrients that are part of a whole food matrix.

Fruit and vegetable intake has been associated with a variety of health benefits which have been attributed to essential nutrients and phytonutrients they contain.

Provides antioxidant activities\*

Supports the immune system\*

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# SP® Power Mix

## Product Information

SP® Power Mix is a powerful blend of superfoods

One daily dose provides a blend of superfood-based ingredients, several of which are grown on the Standard Process Organic Farm



Product #

7500

Content

400 g Powder



**Warning:** Not to be used if pregnant or nursing unless otherwise directed by your health care professional. Keep out of reach of children.

Supplement Facts		
Serving Size: 1 heaping scoop (13 g) Servings per Container: 30		
Amount per Serving %DV		
Calories	50	
Total Fat	1 g	1%*
Total Carbohydrate	10 g	4%*
Dietary Fiber	1 g	4%*
Total Sugars	5 g	†
Protein	1 g	
Vitamin C	20 mg	22%
Calcium	30 mg	2%
Iron	1 mg	6%
Zinc	2.2 mg	20%
Manganese	1.1 mg	48%
Molybdenum	5 mcg	11%
Sodium	30 mg	1%
Potassium	120 mg	3%
*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value not established.		
Proprietary Blend	1.2 g	†
Organic matcha powder, organic chia seed powder, organic blue spirulina extract, turmeric (root) extract, organic spirulina powder, organic cordyceps mushroom powder, and organic turkey tail mushroom powder.		
SP Farm Blend	1.1 g	†
Organic kale powder, organic alfalfa (aerial parts) juice powder, organic barley grass, organic Brussels sprouts, organic buckwheat juice powder, organic kale powder, organic kidney bean juice powder, organic pea vine juice powder, organic swiss chard, organic turnip greens, and organic beet (root).		
SP Fruit and Vegetable Blend	6.5 g	†
Peach powder, apple powder, organic pineapple powder, strawberry juice powder, raspberry powder, kiwi juice powder, organic carrot, organic sweet potato, organic spinach powder, and organic elderberry powder.		
SP Protein Blend	2.2 g	†
Organic pea protein, organic oat flour, organic pumpkin seed protein, organic buckwheat flour, L-leucine, L-isoleucine, L-valine, and DL-methionine.		
Fermented Food Blend	0.5 g	†
White grape juice, brown rice syrup, carrot fiber powder, bamboo fiber, carrot, apple, daikon radish, cabbage, celery, cucumber, banana, onion, burdock, spinach, pear, orange peel, tomato, sweet pepper, bean sprout, eggplant, lotus rhizome, pumpkin, shiitake mushroom, ginger, lettuce, garlic, trefoil, udo, asparagus, bamboo grass, clover, kombu, coltsfoot, dandelion, plantain, pea sprout, Japanese cedar, parsley, turnip, pineapple, grape, strawberry, knotweed, chive, Chinese cabbage, enokitake mushroom, leaf lettuce, garland chrysanthemum, mugwort, oriental celery, leek, todo fir, green perilla, and wakame.		

Other Ingredients: Rice syrup solids, organic acerola (berry), monk fruit extract, and zinc amino acid (rice) chelate.

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





# SP® Power Mix

## Product Benefits & Usage

**Suggested Use: 1 serving (13.08 g) per day or as directed.**

- Provides ingredients derived from a variety of fruits and vegetables
- Supports the immune system\*
- Provides ingredients with antioxidant activity; Vitamin C is involved in the synthesis of collagen which is important for healthy skin\*
- Contains a blend of superfood-based ingredients — several of which are grown on the Standard Process certified organic farm
- Contains nutrients in a whole food-based matrix

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



# Ingredient Highlights

## Superfoods

- SP® Power Mix contains several superfoods grown on the Standard Process certified organic farm, including alfalfa, kalette, kale, Swiss chard, brussels sprout, pea vine, kidney bean, buckwheat, beet, turnip greens and barley grass.
- Fruit and vegetable intake has been associated with a variety of health benefits which have been attributed to essential nutrients and phytonutrients they contain.<sup>3</sup>
- A variety of fruit and vegetable consumption has been associated with higher intakes of micronutrients.<sup>4</sup>

## Essential Nutrients

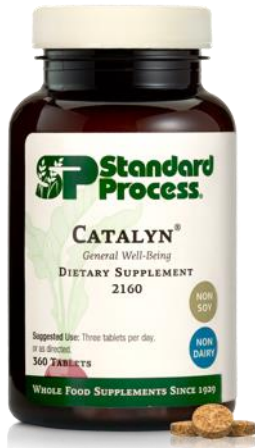
- Contains nutrients in a whole food-based matrix
- Good and excellent sources of essential nutrients to support the immune system, including zinc, vitamin C, manganese
- Provides ingredients with antioxidant activity
- Vitamin C is involved in the synthesis of collagen which is important for healthy skin\*

3.Services USDoAaUSDoHaH. 2020-2025 Dietary Guidelines for Americans. (2020)

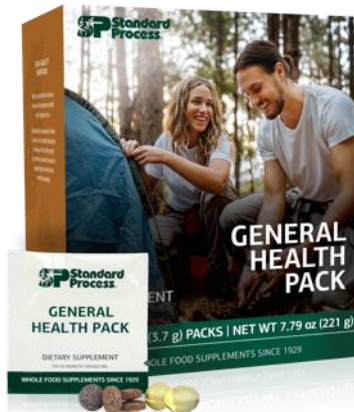
4.Oude Griep LM, Verschuren WM, Kromhout D, Ocke MC, Geleijnse JM. Public health nutrition. 2012;15:2280-6.

# Synergistic Products

## Additional general health support\*



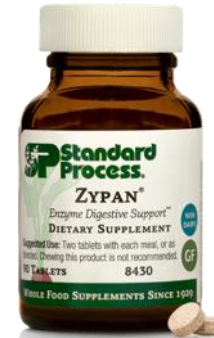
**Catalyn®**  
Supports overall well-being\*



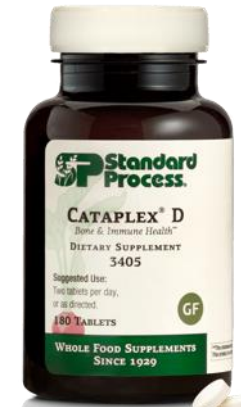
**General Health Pack**  
Convenient, daily supplement packs for optimal health\*



**Veg-E Complete Pro®**  
Organic multisource blend of plant-based protein in a convenient powder with delicious flavor.



**Zypan®**  
Provides enzymatic support for healthy digestion\*



**Cataplex® D**  
Supports the immune system, bone health, and mineral absorption.\*



**Tuna Omega-3 Oil**  
Supports general health and helps bridge omega-3 dietary gap\*



# Available Resources



HCP Handout



Patient Brochure



Acrylic Display

Fact Sheet