

Catalyn®

More than just
a multivitamin

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Only 9% of Americans
eat the daily recommended
amounts of fruits
and vegetables.^{1,2}

Key considerations:

- **Most U.S. diets are nutritionally deficient:**
Under-consumed vital nutrients such as vitamins A, D, and B vitamins may impact the way the body performs
- **The processed food industry is growing:**
Busy lifestyles make it easy to choose processed foods that are high in fat, sugar, and sodium rather than nutritionally rich fruits and vegetables

According to the 2020-2025 Dietary Guidelines for Americans (DGA), more than 90% of adults older than age 19 years do not consume enough vitamin D.¹

Clinical Target

Helping fill common nutritional gaps

With the decline of the Standard American Diet and a lack of proper nutrients in the foods they are eating, many people need help filling nutritional gaps to support overall well-being. They need more than just a multivitamin.

- Adults who don't regularly eat a diet rich in fruits and vegetables
- People who want to ensure they're getting enough vital nutrients, including vitamins A, B, and D



Only 9.3% of U.S. adults meet the daily vegetable intake recommendation.²



Key Ingredients & How it Works

Key ingredients for overall health and well-being

Vitamin A supports antioxidant activity, is involved in immune system function and normal cell formation and maintenance of vital organs³⁻⁵

Vitamin D supports bones, cellular function, neuromuscular function, and immune function⁵⁻⁷

Vitamins B6 (pyridoxine), B1 (thiamin) and B2 (riboflavin), are vital cofactors for hundreds of biological functions including metabolism, energy production, growth, and development^{3,5,8}

Phytonutrients are natural, plant-derived compounds that are found in superfoods and are reported to be beneficial to human health



Our flagship product, Catalyn,[®] contains a blend of several plant-based superfoods including carrot root, sweet potato, peavine, alfalfa, shiitake and reishi mushroom.

3. National Institute of Health, Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets>

4. Bowman B, Russell R, eds. Washington, DC: International Life Sciences Institute; 2006.

5. Wardlaw GM, Hampl JS, DiSilvestro RA. New York, NY: McGraw Hill Higher Education; 2004.

6. Sizar O, Givler A. [Updated 2019 Jun 4]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2019 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK532266/>.

7. Bikle DD. 2014 March 20; 21(3): 319-329.

8. Dietary Reference Intakes for Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Pantothenic Acid, Biotin, and Choline." 1998, doi:10.17226/6015.

History

Catalyn® – a pioneer in the whole food movement

In 1929, in response to nutritional deficiency caused by the growing processed food industry, our founder, Dr. Royal Lee, created our first product, Catalyn®.

Dr. Lee knew that whole foods, grown the right way, held the key to living a healthy life. He believed that their natural potency and efficacy are best realized in a whole food state as they are found in nature – a sentiment that still rings true today.

More than just a multivitamin, Catalyn® has been bridging nutritional gaps for over 90 years.



Product Information

Catalyn® has been bridging nutritional gaps for more than 90 years and is the original whole food-based supplement*

Supplement Facts		
Serving Size: 3 Tablets		
Servings per Container: 30		
	Amount per Serving	%Daily Value
Total Carbohydrate	<1 g	<1%*
Vitamin A	360 mcg RAE	40%
Vitamin C	4 mg	4%
Vitamin D	7.8 mcg	39%
Thiamin	0.2 mg	17%
Riboflavin	0.2 mg	15%
Vitamin B6	1 mg	59%
Proprietary Blend	765 mg	†
Defatted wheat germ, calcium lactate, organic carrot, organic sweet potato, nutritional yeast, bovine adrenal, bovine liver, magnesium citrate, bovine spleen, ovine spleen, bovine kidney, organic alfalfa (aerial parts) juice powder, organic oat flour, organic pea vine juice powder, sunflower lecithin, organic shiitake mushroom powder, organic reishi mushroom powder, and rice bran.		
*Percent Daily Values are based on a 2,000 calorie diet.		
†Daily Value not established.		

Other Ingredients: Honey, glycerine, arabic gum, ascorbic acid, modified corn starch, calcium stearate, sucrose, pyridoxine hydrochloride, vitamin A palmitate, thiamin hydrochloride, riboflavin, and cholecalciferol.



Product #	Content
2140	90 Tablets
2160	360 Tablets

*Ingredients that are not grown on our farm, or if our supply is short, are sourced from certified organic farms.

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Catalyn® Product Benefits & Usage

Suggested Use: Three tablets per day, or as directed.

General Product Claims

- Supplies multiple vitamins for complex nutritional supplementation
- Designed to help bridge nutritional gaps in the diet
- Encourages healthy cell function*
- Supports overall well-being*
- Good source of thiamin (B1) and riboflavin (B2)
- Excellent source of vitamins A, B6, and D
- Available in gluten-free (Catalyn® GF) and chewable (Catalyn® Chewable) formulations

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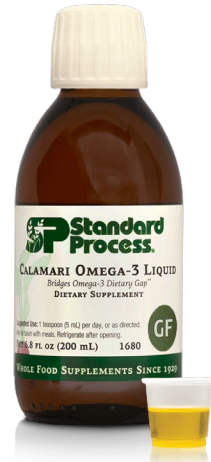


Synergistic Products

Additional products that support overall well-being.*



Black Currant Seed Oil
Contains Gamma-Linolenic Acid (GLA)



Calamari Omega-3 Liquid
Helps bridge the gap in dietary omega-3 intake*



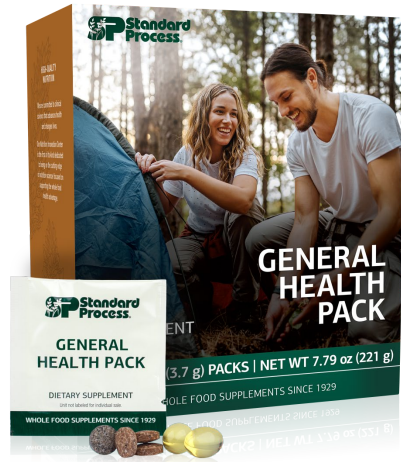
Tuna Omega-3 Oil
Supports general health and helps bridge omega-3 dietary gap*



Trace Minerals B12™
Spectrum of minerals that support a healthy body*

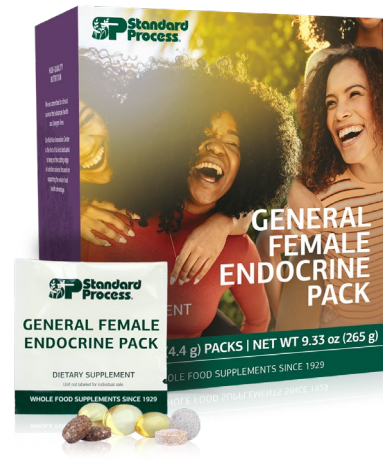
Synergistic Products

Additional products that support overall well-being.*



General Health Pack

Convenient, daily supplement packs for optimal health*



General Female Endocrine Pack

Supports a healthy endocrine system and overall well-being*



Symplex® F

With a proprietary Standard Process PMG™ blend



Symplex® M

With a proprietary Standard Process PMG™ blend

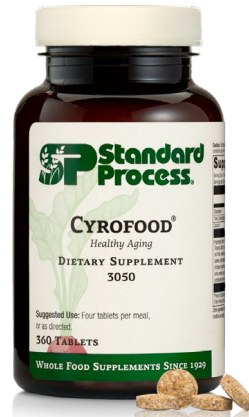
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Synergistic Products

Additional products that support overall well-being.*



SP Complete®
Contains whey and
rice protein



Cyrofood®
Supports general
well-being*



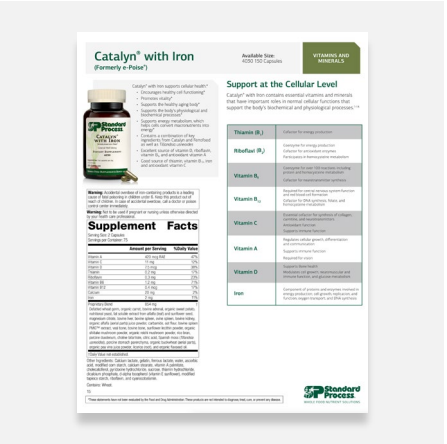
SP Green Food®
Promotes healthy liver
function*

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Available Resources



Catalyn® fact sheet



Catalyn® with iron fact sheet



Catalyn® HCP handout



Catalyn® patient brochure



Catalyn® poster