

Gut Test Report Stages

STAGE 1: QUALITY CONTROL

The submitted sample will be checked to ensure it has enough fecal material to be processed and obtain accurate results.



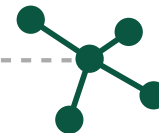
STAGE 2: DNA EXTRACTION

Bacterial and fungal DNA are extracted from the sample.



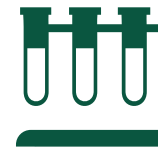
STAGE 3: POLYMERASE CHAIN REACTION

Millions of copies of the submitted DNA will be generated so that a more accurate measurement can be determined.



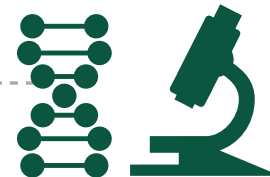
STAGE 4: LIBRARY PREPARATION

A library of each sample's bacterial and fungal DNA will be prepared and then identified through the sequencing process.



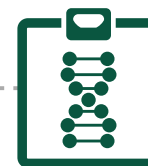
STAGE 5: SEQUENCING

In this final stage of fungal and bacteria sequencing, the microorganisms are identified, summarized and then prepared for a personalized report.



STAGE 6: REPORT GENERATION

Each unique microbiome profile is compiled, analyzed and then compared to the levels of bacteria and fungi in the normal population.



STAGE 7: WELLNESS RECOMMENDATIONS

The final report is reviewed by a microbiome-trained registered nutritionist who will provide wellness recommendations to balance your overall digestive health.

