

Calcifood®

1825 100 Wafers

NON
DAIRY

NON
SOY



Calcifood® Powder

1775 10 Ounces (284 g)

NON
DAIRY

NON
SOY

VITAMINS &
MINERALS

CALCIUM METABOLISM

- Supports calcium absorption.*
- Helps the body build strong, healthy bones.*
- Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

CALCIFOOD®

Supplement Facts

Serving Size: 3 Wafers
Servings per Container: 33

	Amount per Serving	%Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Total Sugars	2 g	†
Calcium	290 mg	22%
Phosphorus	80 mg	6%
Proprietary Blend	1,325 mg	†
Veal bone, defatted wheat germ, date powder, organic carrot, and rice bran.		

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Honey, dicalcium phosphate, cellulose, bovine bone, calcium stearate, and acacia gum.

Contains: Wheat.

CALCIFOOD® POWDER

Supplement Facts

Serving Size: 1 level tablespoon (approximately 9 grams)
Servings per Container: 31

	Amount per Serving	%Daily Value
Calories	25	
Total Fat	1 g	1%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4g*
Protein	1 g	2%*
Calcium	600 mg	46%
Phosphorus	20 mg	2%
Proprietary Blend	4.3 g	†
Defatted wheat germ, organic oat flour, organic carrot, date powder, and rice bran.		

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Bovine bone and veal bone.

Contains: Wheat.

Calcifood Helps the Body Build Healthy Bones*

Calcium is essential for the formation of bone and teeth. Over 99 percent of the body's calcium supply is stored in the bones and teeth where it supports normal and healthy bone structure and function.²

Bone remodeling involves a balance of cells that build bone mass and those that degrade it.¹ Osteoblasts secrete compounds, including a collagen protein matrix, that support the structure of bone and bone mineralization.¹ Osteoclasts, on the other hand, break down bone in specific areas of the body in a highly regulated process that involves parathyroid hormone and 1,25(OH)₂ vitamin D.¹ Both osteoblasts and osteoclasts work in a continuous cycle of bone breakdown and bone rebuilding, resulting in constant bone remodeling.¹ The balance between bone resorption and deposition is important for healthy bones, and it changes with age. Ensuring there is a sufficient daily supply of calcium to pull from can help support the bone remodeling process.

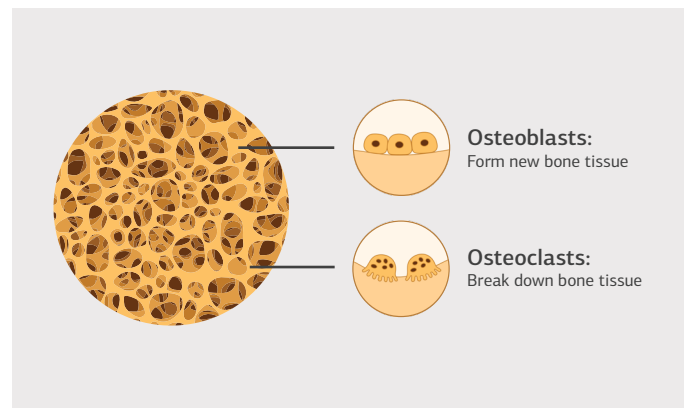


FIGURE 1: Osteoblasts and osteoclasts are involved in bone metabolism.

Supporting Bone Health Throughout the Lifecycle

Most bone is built during childhood years, from infancy to late adolescence, and small bone mass increase continues until about 30 years of age.¹ In men, bone loss begins around 30 years of age, but occurs at a slower rate. For women, bone loss increases dramatically at menopause, which increases risk of bone loss over time.^{1,2} Maintaining adequate intake of calcium as part of a healthy diet and engaging in regular physical activity throughout the entire lifetime can help maintain bone health and reduce the risk of osteoporosis.⁴

Both Calcifood and Calcifood Powder are an excellent source of calcium. One serving of Calcifood (three wafers) provides 290 mg of calcium (22% DV). One serving of Calcifood Powder (one level tablespoon, approximately 9 grams) provides 600 mg of calcium (46% DV).

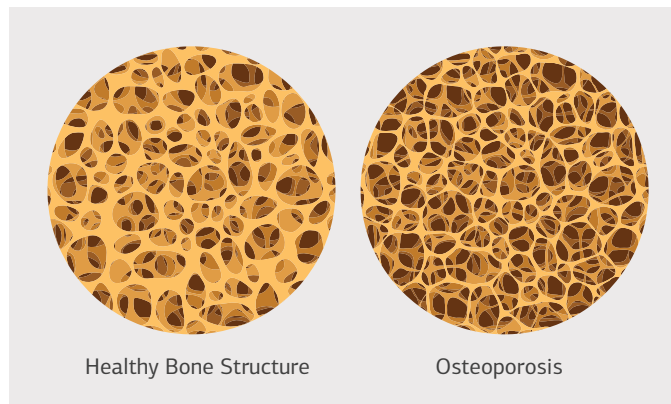


FIGURE 2: Structural differences between healthy bone structure and osteoporosis

Since 1929,
Standard Process
has been changing
lives with our whole
food philosophy.

REFERENCES

1. Wardlaw, G.M., Hampl, J.S., DiSilvestro, R.A. (2004). Perspectives in Nutrition. 6th edition. New York, NY: McGraw Hill Higher Education.
2. Committee to Review Dietary Reference Intakes for Vitamin D and Calcium, Food and Nutrition Board, Institute of Medicine. Dietary Reference Intakes for Calcium and Vitamin D. Washington, DC: National Academy Press, 2010.
3. Neel, E.A.A., et al. (2016). Demineralization–remineralization dynamics in teeth and bone. *Int J Nanomedicine*, 11:4743.
4. <https://ods.od.nih.gov/factsheets/calcium-HealthProfessional/>