

# Cat's Claw Forte

# Restorative Tonic for Immune Challenges\*

Cat's Claw Forte contains an herb called Cat's Claw which has been used in traditional Peruvian herbal preparations:

- ✓ as a restorative tonic\*
- ✓ to support healthy immune system function\*
- ✓ to support healthy skin\*
- ✓ to maintain healthy joint movement\*

**Cat's Claw Forte** utilizes a quality extract standardized to contain 3.8 mg of **Pentacyclic Oxindole Alkaloids** (POAs). MediHerb's high-caliber technical expertise ensures that this important constituent is in our Cat's Claw raw material.

### Traditional Use

**Cat's Claw** is a sacred plant in traditional Peruvian medicine. Traditionally used by the Asháninka Indians of Peru, Cat's Claw was used to support the immune system and harmonize communication between body and spirit.\*<sup>1</sup>

Utilized as a restorative tonic with immune system benefits, it was given in times of challenge. It was also used to maintain and support healthy joint movement, as well as to support healthy skin.\*1

However, not all Cat's Claw offers the same immune system support due to natural variations in the plant (called chemotypes) that affect the levels of active compounds. The chemotype with high levels of Pentacyclic Oxindole Alkaloids (POAs) is known to support the immune system, whereas Cat's Claw containing high levels of Tetracyclic Oxindole Alkaloids (TOAs) does not have the same activity.\*



# Suggested Use:

1 tablet 2-3 times daily, or as directed.

Supplement Facts		
Serving size:	1 Tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	38 mg	2%
Cat's Claw bark 12:1 extract from <i>Uncaria tomentosa</i> bark 2.19 g Containing POA (Pentacyclic Oxindole Alkaloids) 3	183 mg .8 mg	†
† Daily Value (DV) not established.		

**Other Ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, magnesium stearate and hypromellose.

**Cautions:** Contraindicated in pregnancy and in women wishing to conceive. Not to be used during lactation, unless otherwise directed by a qualified health care professional. Caution in patients taking immune suppressant medication or protease inhibitors.

# How Cat's Claw Forte Supports Your Health:



#### Restorative Tonic:

- Promotes general well-being and vitality as a restorative herbal tonic\*
- A tonic is a traditional herbal action, popularly thought of as something that makes you feel better, stronger or healthier\*
- Natural clinicians use traditional general tonics to improve the tone, vigor and function of the whole body\*



## Immune System Support:

Helps support healthy immune system function\*



### Joint Function:

- Maintains and supports healthy joints and joint movement\*
- Provides relief for temporary mild joint discomfort\*



#### Antioxidant Support:

Cat's Claw has antioxidant activity\*

# The Right Plant Chemistry

- There are several chemotypes of *Uncaria tomentosa*.
  A chemotype is a plant that has a particular profile of chemical constituents. Plants may be the *same* species but have *different* chemical profiles (and are referred to as chemotypes). Having a different chemical profile means the plants may have distinctly different effects on the body.
- There are two commonly known chemotypes of Cat's Claw.
  One contains high Pentacyclic Oxindole Alkaloids (POAs).
  The other contains Tetracyclic Oxindole Alkaloids (TOAs), which have distinct properties and activity.<sup>1</sup>
- High POAs are preferred for their immune benefit.\*
  As such, it is important to select this chemotype, which can only be identified through laboratory testing.¹
- MediHerb tests the quantity of POAs in Cat's Claw raw material.
- The label states exactly how much each tablet contains of the important plant constituent – POAs.
- Manufactured to MediHerb standards of phytochemical profile and extracted without the use of harsh solvents.

#### References

<sup>1</sup> Bone K. *A Clinical Guide to Blending Liquid Herbs.* St. Louis: Churchill Livingstone; 2003.



# MediHerb Quality Choice

### Results-driven formulations

MediHerb develops formulas focused on perfecting the balance of the highest quality ingredients to produce the highest quality herbal supplements. Our commitment to quality governs all aspects from sourcing to bottle to ensure the high standard of our herbal extracts.

#### Strict product testing

MediHerb has developed a strict quality assurance program that goes beyond industry standards. This is upheld with precision and dedication so you can be confident MediHerb products are free from adulterants and contamination, while containing the right levels of active phytochemicals that result in a quality end product.



Please consult the product packaging label for the most accurate product information.

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