



# A Fresh Start You Can Feel

## Detoxification & Purification Programs

### Driven by Quality

Standard Process is committed to growing and sourcing the highest quality ingredients. For ingredients that can't be grown on our certified organic farm, we go to great lengths to find sources that utilize Good Manufacturing Practices (GMP) and apply high-quality standards. Standard Process products are formulated in our facility, analyzed to validate label claims, and tested for the presence of heavy metals. As a third-generation, family-owned company, we stand behind our holistic approach to nutritional health.

### Get Connected

Gain exclusive access to recipes, videos, daily inspirational emails, and Facebook groups in which you can share progress, encouragement, and much more.

**SP Detox Balance™ Program:**  
[standardprocess.com/detoxprogram](http://standardprocess.com/detoxprogram)



**Purification Program:**  
[standardprocess.com/purificationprogram](http://standardprocess.com/purificationprogram)



### PATIENT TESTIMONIAL

"The biggest value to me, is that each and every time I complete a detoxification program, I learn more and more about my body and how I can continue to make improvements in my eating and my overall habits. Aging gracefully and healthfully is very important to me."

 Includes ingredients grown on the Standard Process certified organic farm

Products labeled as **Vegan** are devoid of animal-based tissue, animal-based gelatin, or fish oils. They are also devoid of animal-based ingredients such as dairy, eggs, honey, beeswax, and lanolin.

Products labeled as **Vegetarian** are considered lacto-ovo vegetarian, which means they are devoid of animal-based tissue, but may contain ingredients from animals such as dairy, eggs, honey, or beeswax.

Products labeled as **Gluten-Free** have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling.

Products labeled as **Non-Dairy** or **Non-Dairy Formula** have been formulated to not contain milk or milk-derived ingredients.

Products labeled as **Non-Soy** or **Non-Soy Formula** have been formulated to not contain soy or soy-derived ingredients.



[standardprocess.com](http://standardprocess.com)



High-quality ingredients that work the way nature intended.



WHOLE FOOD NUTRIENT SOLUTIONS

# A Healthy Reset

You're exposed to toxins every day that can impact the way your body operates.

## Toxins can contribute to a wide range of conditions:

- Fatigue
- Difficulty sleeping
- Indigestion
- Low libido
- Skin issues
- Joint discomfort
- Food cravings
- Weight gain
- Reduced mental clarity

Standard Process® offers two programs that help support the body's natural toxin elimination function.\* Each program features a guided lifestyle plan, whole food recipes, and whole food-based supplements designed to support metabolic detoxification.\*

Ask your health care professional which program is right for you.



## SP Detox Balance™ Program



### PROGRAM CONTAINS:



PEA PROTEIN



PUMPKIN SEED



BUCKWHEAT

- 10- or 28-day program
- Balanced, safe, and effective nutritional support for all three phases of detoxification\*
- Tasty, all-in-one shake (depending on the day, you will drink one, two, or three nutrient-packed SP Detox Balance™ shakes)
- Includes basic meal, hydration, and optional exercise plan

## Purification Program



### PROGRAM CONTAINS:



BUCKWHEAT



BRUSSELS SPROUTS



KALE

- 21-day program
- Purify, nourish, and maintain a healthy body and weight\*
- Includes a variety of supplements taken daily, along with a nutritional shake that offers essential whole food nutrition
- Available in original, dairy-free, chocolate, or vanilla
- Meal plan provided including a variety of vegetables and fruits for the first 10 days, with select proteins added on day 11

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.