



# Herbal Support for Healthy Immune Defenses



# Are you feeling challenged when your patients' immune systems are compromised?

***“Treat the cause, not just the symptoms”*** is a key naturopathic principle. The challenge facing many practitioners today is the number of patients with immune system concerns, and how to best support their health.

Every day, many of your patients face immune system challenges with the body being impacted in several ways that include fatigue, decreased energy and strain. This can be due to various environmental factors that can ultimately leave your patients vulnerable and less equipped to fight off immune system challenges.

After extensive research and development in this area, MediHerb® provides innovative solutions to address everyday immune system challenges presented by our environment.



# Immune & Respiratory Support Protocol

## Immune Support Guidelines

The combination of unique herbs in our products deliver specialized immune system support for optimal health. Each patient’s individual needs should be evaluated before making recommendations.\*

Use the chart below as a guideline to prescribe accordingly.

Specialized Immune System Support*	
<div>Days 1-4</div> <div>Artemisinin Forte</div> <div>1 tablet 3 times daily, or as directed.*</div> <div>+</div> <div>Myrrh Forte</div> <div>4 tablet 2 times daily, or as directed.*</div>	<div>Days 5-13</div> <div>Viranon</div> <div>1 tablet 3 times daily, or as directed*</div> <div>+</div> <div>Echinacea Premium</div> <div>1 tablet 3 times daily, or as directed*</div>

For best results, six to ten cycles are recommended.

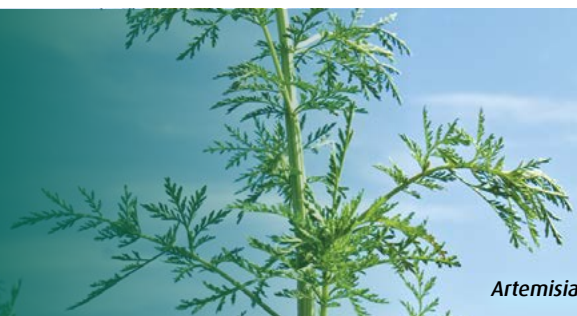
\*The base protocol can be adapted as per the needs of each patient. Recommendations for MediHerb product dosages are sometimes different than the doses that appear on the product labels. Please refer to the product labels or to the product descriptions found in the catalog for MediHerb dosage recommendations.

Short-Term Immune System Support*	Long-Term Immune System Support*	
<div>Andrographis Complex</div> <div>1 tablet 2-4 times daily, or as directed</div>	<div>Echinacea Premium</div> <div>1 tablet 2-3 times daily, or as directed</div>	<div>Astragalus Complex</div> <div>1 tablet 2-4 times daily, or as directed</div>



# Artemisinin Forte

M1118 90 tablets



*Artemisia annua*

**This formula assists with overcoming special immune system challenges presented by our environment.**

To ensure consistency and quality, Artemisinin Forte is standardized to 40 mg of artemisinin in each tablet. The quantity of artemisinin in Sweet Wormwood is initially measured using ultra high-performance liquid chromatography and regularly monitored.

## Why use Artemisinin Forte?

- ✓ 40 mg artemisinin, a sesquiterpene lactone, per tablet
- ✓ Helps maintain already normal body temperature
- ✓ Antioxidant activity to protect body's cells

## Suggested Use

1 tablet 3 times daily, or as directed.



# Myrrh Forte

M1600 60 tablets



*Commiphora molmol*

**This unique form of Myrrh for pulsed dosing has been traditionally used to support a healthy intestinal environment.\***

MediHerb® has worked to successfully produce Myrrh in tablet form from the thick and sticky resinous plant material that is quite difficult to work with. This unique Myrrh resin has been assessed to meet the desired phytochemical activity levels to ensure it delivers a therapeutic result.\*

## Why use Myrrh Forte?

- ✓ Supports upper respiratory health
- ✓ Supports a healthy intestinal environment
- ✓ Supports gastrointestinal health\*

## Suggested Use

4 tablets 1-2 times daily in pulse dosing (3 days on, 4 days off), or as directed.

Please consult the product packaging label for the most accurate product information. See cautions and/or contraindications on the product label or in the MediHerb catalog before dispensing.





# Viranon

M1456 90 tablets

*Thuja occidentalis*

**This combination of Thuja, St John's Wort and Licorice assists the body in overcoming special immune system challenges presented by our environment.\***

MediHerb® uses a specialized extraction method based on cold percolation to protect and ensure retention of the full range of the delicate constituents of the Thuja plant.

## Why use Viranon?

- ✓ Helps maintain and support healthy immune system function, regulation and response
- ✓ Helps promote the body's normal resistance function
- ✓ Encourages the body's normal healthy defense system by supporting healthy immune system function\*

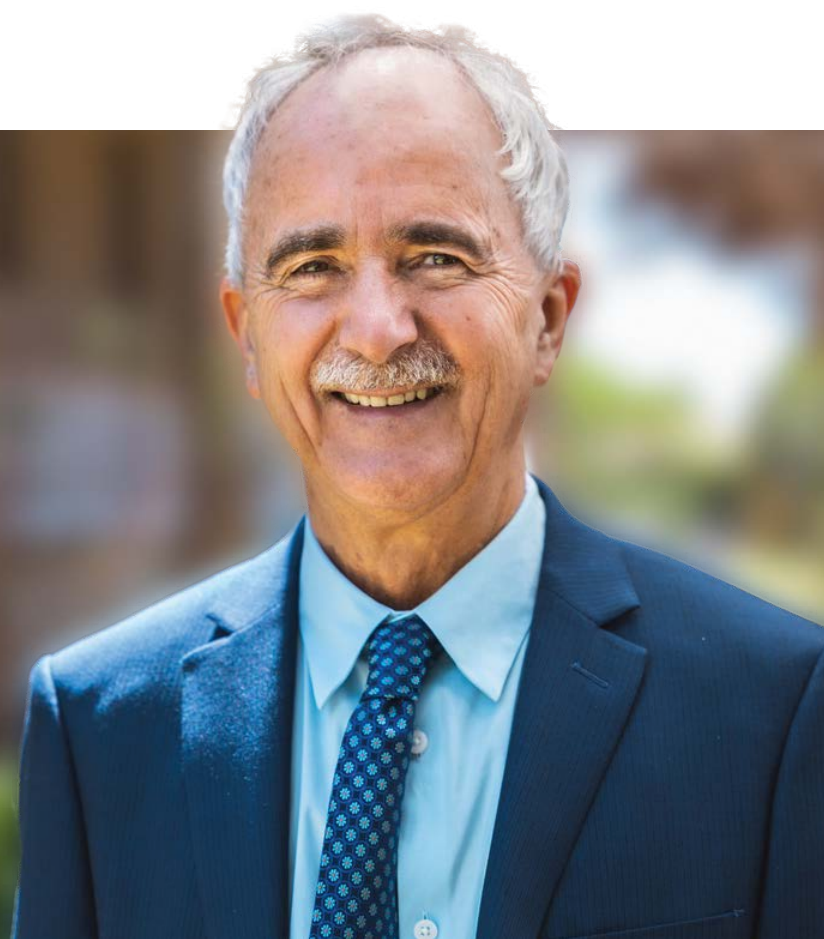
## Suggested Use

1 tablet 3 times daily, or as directed.

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"For some time now, one of the key objectives of my herbal practice has been the fight to protect against special immune system challenges presented by our environment and our interactions with each other. We have developed three clinically relevant products for you and your patients."

Professor Kerry Bone  
MediHerb Co-Founder



# Additional Respiratory & GIT Immune Support Protocols

## Additional Respiratory & GIT Immune Support Guidelines

Many patients may require additional support, particularly for the upper and lower respiratory tracts and the digestive system.\*

Use the chart below as a guideline to prescribe accordingly.

### Additional support as required:

#### Upper Respiratory System Support\*

##### Herbal Throat Spray Phytosynergist®

4 sprays into the mouth every  
1-2 hours and swallow, or as directed

##### Sinus Forte

1 tablet 3-4 times daily,  
or as directed

#### Lower Respiratory Immune System Support\*

##### Broncafect®

2 tablets 2-4 times daily,  
or as directed

#### GIT Immune System Support\*

##### Garlic Forte

1 tablet 1-2 times daily,  
or as directed

##### Golden Seal 500mg

1 tablet 2-3 times daily,  
or as directed

##### Gut Flora Complex

1 softgel 3-6 times daily,  
or as directed

# Additional Respiratory & GIT Immune Support Products



## Herbal Throat Spray Phytosynergist®

- ✓ Contains Marshmallow, Sage, *Echinacea angustifolia* root, Calendula, Myrrh and Clove bud
- ✓ Relieves temporary mild throat discomfort associated with hoarseness, dry throat and irritants\*



## Sinus Forte

- ✓ Combines Eyebright, Golden Rod, *Echinacea purpurea* root, Golden Seal and Cayenne
- ✓ Maintains healthy and normal mucus secretion in nasal passages\*



## Broncafec®

- ✓ Formulated with Licorice, Pleurisy Root, *Echinacea purpurea* root, White Horehound, Ginger and Thyme essential oil
- ✓ Supports the body's normal cough reflex\*



## Garlic Forte

- ✓ Specialized enteric coated Garlic tablets
- ✓ Supports immune system health\*



## Golden Seal 500mg

- ✓ Golden Seal provides hydrastine, unique to this herb
- ✓ Supports healthy mucous membranes of the respiratory and gastrointestinal tracts\*



## Gut Flora Complex

- ✓ Combines Oregano and Anise (fruit) essential oils, Andrographis and Phellodendron
- ✓ Supports a healthy immune system response and intestinal environment\*

Please consult the product packaging label for the most accurate product information.  
See cautions and/or contraindications on the product label or in the MediHerb catalog before dispensing.

# Core Immune & Respiratory Support Products



## Andrographis Complex

- ✓ Combines Andrographis, *Echinacea angustifolia* root and Holy Basil
- ✓ Helps maintain healthy immune and respiratory system function
- ✓ Maintains normal body temperature already in a normal range\*



## Echinacea Premium®

- ✓ Contains a total of 3.5 mg of alkylamides per tablet to ensure optimal strength and quality
- ✓ Helps enhance healthy immune system function
- ✓ Helps relieve temporary mild throat discomfort associated with hoarseness, dry throat and irritants\*



## Astragalus Complex

- ✓ An immune tonic blend containing Astragalus, *Echinacea purpurea* root and Eleuthero
- ✓ Supports healthy immune system function
- ✓ Supports upper respiratory tract function\*

Please consult the product packaging label for the most accurate product information.  
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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.