# How is **Metabol Complex** Different?



**Multi-action**metabolic support\*



Contains **quality-assured** and **evidence-supported** Cinnamon extract



Extracted without the use of harsh solvents



Manufactured to pharmaceutical **GMP standards** 



Fenugreek (*Trigonella foenum-graecum*), Black Cumin (*Nigella sativa*), Bitter Melon (*Momordica charantia*), and Cinnamon (*Cinnamomum verum*)



## Delivering Health Solutions That Work

At MediHerb we are passionate about you and your health.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference in the health outcome experienced. We dedicate ourselves to researching and making the best possible products to deliver optimal health solutions.\*

MediHerb products are developed by experts and leaders in the field of natural medicine, using scientific evidence and hundreds of years of traditional knowledge. Our products are made with only the highest-quality ingredients and manufactured in an industry-leading facility.



mediherb.com



standardprocess.com

## MediHerb® Metabol Complex

Multi-Action Metabolic Support\*



## Metabol Complex

### Multi-Action Metabolic Support\*



From ancient times, people have understood the importance of healthy digestion. The Indian system of Ayurveda, traditional Chinese medicine and Western herbalism all consider digestion to be the cornerstone of well-being.

In Ayurveda, it's called a "sacred fire," the digestive fire in the belly that turns the proteins, fats, carbohydrates and nutrients from our food into fuel.

Aromatic, pungent, bitter and warming, the herbs and spices used in **Metabol Complex** are like kindling for this digestive fire, helping to provide a crucial boost to overall health and preventing metabolic imbalance.\*

Often called the "seed of blessing", **Black Cumin** has been revered for centuries as a spice and remedy. It's customarily used to help the liver metabolize fat and to effectively relieve mild intestinal bloating and gas.\*

One of the oldest cultivated medicinal plants, **Fenugreek seed** is thought to help support the nourishment of the pancreas by clearing metabolic waste.\*



In both Western and Ayurvedic herbal traditions, **Cinnamon** is known to help improve the digestion and absorption of nutrients. It may relieve symptoms of indigestion and promote vitality.\*

From the same family as cucumbers, **Bitter Melon** is a long-standing staple from the Amazon to China. It is traditionally used to help support normal pancreatic function, clear metabolic build-up, spark the digestive fire and help support the body's ability to metabolize fats and sugars efficiently.\*

### What is **Metabol Complex**?

**Metabol Complex** is a unique combination of Black Cumin seed, Fenugreek seed, Cinnamon bark and Bitter Melon precisely blended for optimal results.\*

As an easy-to-take tablet, **Metabol Complex** works gently yet powerfully in supporting the body's metabolic systems.\*

#### Who Needs **Metabol Complex**?

The digestive system is one of the most sensitive parts of our bodies, very susceptible to the effects of our fast-paced modern lives.

Adults who have concerns about their diet, energy levels, cravings for sugar and processed carbohydrates, and symptoms of indigestion may find **Metabol Complex** beneficial. Take **Metabol Complex** if you're seeking support for pancreatic and liver function, 1\* or if you'd like additional help in supporting and maintaining normal metabolism and weight. 2\*



### **Metabol Complex**

The combination of herbs in **Metabol Complex** are traditionally used to:

- ✓ Help support the metabolism of fats and sugars³
- ✓ Help support normal pancreatic and liver function<sup>3</sup>
- ✓ Help relieve occasional indigestion symptoms, including bloating and flatulence
- Support antioxidant activity against free radicals formed in the body during normal metabolism and exposure to environmental factors
- ✓ Promote general well-being and vitality\*



Ask your health care professional today about **Metabol Complex**.

They will be able to inform you of any cautions to be aware of when taking this product.

- Based on traditional use
- <sup>2</sup> In conjunction with a healthy diet and exercise
- 3 In Ayurvedic herbal preparations

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.