Olprima[™] DHA







Features of Olprima™ DHA:

- · Supports healthy triglyceride and HDL*^
- Supports healthy inflammatory processes*
- Supports cardiovascular function*^
- Supports general brain health and cognition*

Olprima™ DHA is a convenient softgel providing a high concentration of omega-3 (DHA).

Olprima™ DHA addresses cardiovascular and brain health while supporting the body's healthy inflammatory response.* Careful processing and rigorous testing ensures quality and purity of the product and provides 670 mg of DHA and 75 mg DPA.

Supplement Facts

Servings per Container: 30		
	Amount per Serving	%Daily Value
Calories	15	
Total Fat	1 g	<2%*
Cholesterol	10 mg	3%
Fish Oil Concentrate (from Tuna)	1220 mg	†
Total Omega-3	800 mg	†
DHA	670 mg	†
DPA	75 mg	†
*Percent Daily Values are based of †Daily Value not established.	on a 2,000 ca l orie diet.	



Other Ingredients: Gelatin, water, glycerine, rosemary, and astaxanthin.

Please consult the actual product label for the most accurate product information



SUPPORT

The Case for Targeted Omega-3 Support

Omega-3 fatty acids play a critical role in the human body. DHA, EPA and their metabolites regulate a number of body systems including cardiovascular, pulmonary, immune, nervous¹, and endocrine systems^{2,3} and when administered individually or together in a concentrated form at an optimal ratio and dose may improve specific clinical conditions in very different ways than foundational omega-3 supplementation.^{1,4,5}

However, the Standard American Diet (SAD) often has an unbalanced and unhealthy omega-6 to omega-3 fatty acid ratio. The SAD has an overabundance of omega-6 fatty acids, found in poultry, nuts, eggs and vegetable oils, and an insufficient amount of omega-3 fatty acids. This high omega-6 and low omega-3 consumption can tip a healthy body system out of balance.

While scientific evidence from several clinical intervention studies has shown that intake of omega-3 fatty acids is associated with several beneficial health outcomes, 2,6,7 it is only within the last several years that clinical studies have investigated the specific effects of EPA and DHA. EPA and DHA work individually and can also be combined with more targeted ratios to address condition-specific needs.8,9

How Olprima™ Targeted DHA and **EPA Supplementation Works**

When used at the targeted ratio and dose, concentrated DHA and EPA, like Standard Process Olprimas, may improve specific clinical conditions in very different ways from foundational omega-3 supplementation typically used to maintain good health.8,7,10 Olprima™ concentrated omega-3s can provide condition-specific support related to cardiovascular health^ and brain health and cognition.*

NOTES

DOSAGE AM PM

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

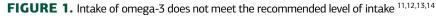
Olprima[™] DHA

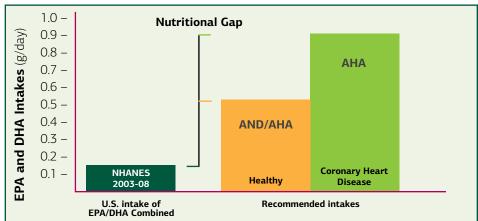


CONDITION-SPECIFIC SUPPORT

Diet Alone May Not Be Enough

Increasing omega-3 fatty acid consumption through foods is preferable. However, a large percentage of the US adult population falls below the recommendations for omega-3 fatty acid consumption.³ Supplements can help bridge this gap.





NHANES= National Health and Nutrition Examination Survey
AND=Academy of Nutrition and Dietetics
AHA= American Heart Association



REFERENCES

- 1. Dyall, S.C. Front Aging Neurosci 7, 52 (2015)
- van Gelder, B.M., Tijhuis, M., Kalmijn, S. & Kromhout, D. Am J Clin Nutr 85. 1142-1147 (2007)
- 3. SanGiovanni, J.P. & Chew, E.Y. *Prog Retin Eye Res* 24, 87-138 (2005)
- 4. Allaire, J., et al. Am J Clin Nutr 104, 280-287 (2016)
- 5. Martins, J.G. J Am Coll Nutr 28, 525-542 (2009)
- Dangardt, F., et al. Atherosclerosis 212, 580-585 (2010).
- Kris-Etherton, P.M., Harris, W.S., Appel, L.J. & American Heart Association. Nutrition, C. Fish consumption, fish oil, omega-3 fatty acids, and cardiovascular disease. Circulation 106, 2747-2757 (2002).
- 8. Innes, J.K. & Calder, P.C. Int J Mol Sci 19(2018)
- Mozaffarian, D. & Wu, J.H. (n-3) fatty acids and cardiovascular health: are effects of EPA and DHA shared or complementary? J Nutr 142. 6145-6255 (2012).
- Zhang, Z., Fulgoni, V. L., Kris-Etherton, P. M., & Mitmesser, S. H. (2018). Nutrients, 10(4), 416. doi:10.3390/nu10040416
- Papanikolaou, Y., Brooks, J., Reider, C. & Fulgoni, V.L., 3rd. Nutr J 13, 31 (2014)
- Position of the American Dietetic Association and Dietitians of Canada: Vegetarian diets. (2003). Journal of the American Dietetic Association, 103(6), 748-765. doi:10.1053/jada.2003.50142
- 13. American Heart Association. (n.d.). Retrieved March 13, 2019 from https://www.heart.org
- Krauss, R. M., Eckel, R. H., Howard, B., Appel, L. J., Daniels, S. R., et al. (2000). AHA Dietary Guidelines Revision 2000: A statement for healthcare professionals from the nutrition committee of the American Heart Association. Circulation, 102, 2284-2299.





Our vertically integrated manufacturing processes ensure quality from start to finish

High-Quality, Wholistic Clinical Nutrition

Since 1929, Standard Process has been dedicated to the field of nutritional supplements and the whole food philosophy introduced by Dr. Royal Lee.

We are committed to growing and sourcing only the highest quality ingredients. For products like our omega-3 oils that can't be grown on our own organic farm, we go to great lengths to find sources that practice, sustainable methods and apply high-quality standards like we do.

Our EPA and DHA products are of the highest quality, which means:

- Below regulatory standards for contaminants and toxins
- · Pure, high quality, concentrated oils
- · Sustainably sourced ingredients

