

## Strength in Numbers

SP® Power Mix incorporates several **superfood ingredients** grown on the Standard Process certified organic farm



ALFALFA



BARLEY GRASS



BEET



BRUSSELS SPROUTS



BUCKWHEAT



KALE



KALETTE



PEA VINE



SWISS CHARD



TURNIP GREENS

## Changing Lives with Nutrition



### Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Teams-up with health care professionals
- Has been trusted for generations, with products that have been changing lives since 1929



### TOGETHER WE CHANGE LIVES.

Standard Process, Your Health Care Practitioner, and You

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## From Our Farm, For Your Family

SP® Power Mix



Features ingredients from the Standard Process certified organic farm



WHOLE FOOD NUTRIENT SOLUTIONS

# The Standard American Diet is Weak

SP® Power Mix is a complex flex of superfood ingredients

## According to the 2020-2025 Dietary Guidelines for Americans:

- The U.S. populations average intake of fruits and vegetables fall far below the recommended amounts<sup>8</sup>
- A meager estimate of 12.2% of U.S. adults meet the daily fruit intake recommendation<sup>9</sup>
- Only 9.3% of U.S. adults meet the daily vegetable intake recommendation<sup>9</sup>

It's time for a strong nutritional choice that balances health and convenience. It's time for vital vitamins and minerals that come from vibrant fruits and vegetables.

**It's time for SP® Power Mix.**



SP® Power Mix contains nutrients that support the immune system\*

2.2  
mg

### Zinc

- Plays a role in immune responses<sup>1-5</sup>
- One serving of SP® Power Mix contains **2.2 mg (20% DV) of zinc**

1.15  
mg

### Manganese

- Has been shown to support the immune system<sup>6</sup>
- One serving of SP® Power Mix contains **1.15 mg (50% DV) of manganese**

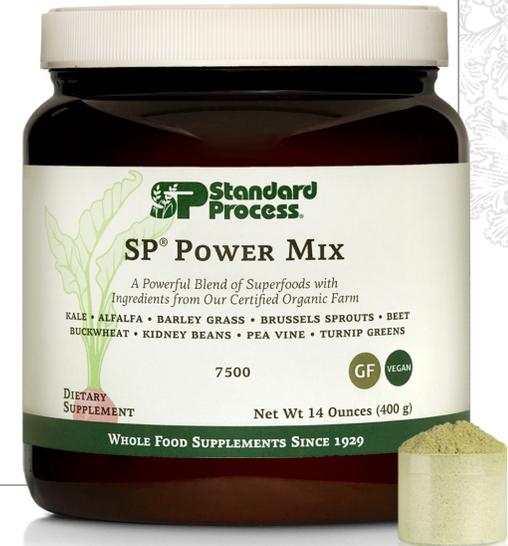
20  
mg

### Vitamin C

- Functions to support immune system defense<sup>7</sup>
- One serving of SP® Power Mix contains **20 mg (22% DV) of vitamin C**

## SP® Power Mix

**Suggested Use:** One heaping scoop in 8 ounces cold water, one serving (13 g) per day, or as directed.



- Provides ingredients derived from a variety of fruits and vegetables
- Contains a blend of superfood-based ingredients — several of which are grown on the Standard Process certified organic farm
- Contains nutrients in a whole food-based matrix
- Supports the immune system\*
- Provides ingredients with antioxidant activity; Vitamin C is involved in the synthesis of collagen, which is important for healthy skin

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.