

Tuna Omega-3 Oil and Tuna Omega-3 Chewable

Available Size:
120 Softgels

FOUNDATIONAL
SUPPORT



- Supports general health and the body's natural inflammatory response function*
- Helps bridge the gap in dietary omega-3 intake
- Contains the omega-3 fatty acid, DHA, which is important for normal brain structure and proper fetal eye and brain development
- Omega-3s are essential for normal skin function

Bridging the Gap in Dietary Omega-3 Intake

Omega-3 fatty acids play a critical role in the human body and regulate various functions in the cardiovascular, pulmonary, immune, nervous¹ and endocrine systems.^{2,3} Since EPA and DHA are not made efficiently by the body, it is recommended that these polyunsaturated fatty acids (PUFAs) be consumed at higher levels in the diet. However, a large percentage of the U.S. adult population falls below the recommendations for omega-3 fatty acid consumption.⁴

Children and teens consumed about 40 mg of DHA and EPA from foods, and adults consumed about 90 mg from foods, representing a small amount of total daily omega-3 intakes.⁵ Standard Process Tuna Omega-3 Oil and Tuna Omega-3 Chewable help bridge the dietary gap of omega-3 with both DHA and EPA. Tuna Omega-3 Oil provides 720 mg DHA+EPA & Tuna Omega-3 Chewable provides 580 mg DHA+EPA, if taken at the suggested use of two softgels twice per day.

Tuna Omega-3 Oil



Supplement Facts

Serving Size: 2 softgels

Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Tuna Oil	1,330 mg	†
DHA	300 mg	†
EPA	60 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, and d-alpha tocopherol (vitamin E soy).

Please consult the actual product label for the most accurate product information

Tuna Omega-3 Chewable



Supplement Facts

Serving Size: 2 Softgels

Servings per Container: 60

	Amount per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%*
Cholesterol	5 mg	2%
Vitamin D	2.5 mcg	13%
Vitamin E	3.3 mg	22%
Tuna Oil	1,080 mg	†
DHA	240 mg	†
EPA	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Gelatin, water, glycerine, d-alpha tocopherol (vitamin E sunflower and soy), natural flavor, vegetable oil, and cholecalciferol.

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Standard Process products labeled as **Gluten-Free** have been tested to verify they meet the regulations associated with the United States Food and Drug Administration's gluten-free labeling. Standard Process products labeled as **Non-Dairy** or Non-Dairy Formula have been formulated to not contain milk or milk-derived ingredients. Standard Process products labeled as **Non-Grain** or Non-Grain Formula have been formulated to not contain any true cereal grain or grain-derived ingredients



Tuna Omega-3 Oil and Tuna Omega-3 Chewable

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Foundational Support

Tuna Omega-3 is part of the Standard Process line of omega-3 oils that supports general health and overall well-being. Careful processing ensures that it maintains its natural profile of tuna oil, with essential omega-3 fatty acids.

Our EPA and DHA products are of the highest quality, which means they are:

- Pure, high quality oils
- Made with sustainably sourced ingredients
- Tested to meet our meticulous standards for consistency, potency, and purity



The **great majority** of the raw plant ingredients used in our products are grown on our certified organic farm

Freshly picked crops are often processed within a day to maintain vital nutrients

We harvest more than **6.5 million** pounds of ingredients on our certified organic and sustainable farm

Healthy Soil. Healthy Plants. Healthy Lives.

Standard Process is a family-owned company dedicated to making high-quality and nutrient-dense therapeutic supplements for three generations.

We apply a holistic approach to how we farm, manufacture and protect the quality of our products. This comprehensive strategy ensures that our clinical solutions deliver complex nutrients as nature intended. It's how we define the whole food health advantage.

REFERENCES

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3. SanGiovanni, J.P. & Chew, E.Y. The role of omega-3 long-chain polyunsaturated fatty acids in health and disease of the retina. *Prog Retin Eye Res* 24, 87-138 (2005).
4. Papanikolaou, Y., Brooks, J., Reider, C. & Fulgoni, V.L., 3rd. U.S. adults are not meeting recommended levels for fish and omega-3 fatty acid intake: results of an analysis using observational data from NHANES 2003-2008. *Nutr J* 13, 31 (2014).
5. U.S. Department of Agriculture, A.R.S. *What we eat in America*. (ed. U.S. Department of Agriculture, A.R.S.) (2011-2012).



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