

Why Blood Sugar Matters

In addition to short-term energy needs, long-term blood sugar balance is important for helping keep many body systems healthy. They include:¹



Brain



Kidneys



Eyes



Nerves



Cardiovascular system

Changing Lives with Nutrition

Standard Process:

- Is committed to changing lives with a whole food philosophy
- Grows many ingredients on the Standard Process certified organic farm in Wisconsin
- Is serious about quality
- Makes products to support the health of the whole family
- Teams-up with health care professionals
- Has been trusted for generations, with products that have been changing lives since 1929



Blood Sugar & Metabolism



A Boost for Your Blood Sugar Strategy

1. Papkonstantinou, E., Oikonomou, C., Nychas, G., Dimitriadis, G.D. *Nutrients* 14(4):823 (2022).
2. Henry, C.J., Kaur, B., Quek, R.Y.C. *Nutr Diab.* 10(1):6 (2020).
3. Rybicka, M., Krysiak, R., Okopień, B. *Endokrynol Pol.* 62(3):276 (2011).

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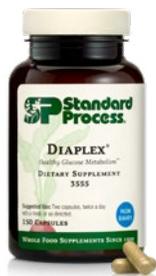




High-Quality Support to Help You Stay Healthy

There's Nothing Sweeter Than Steady Blood Sugar

Maintaining a steady blood sugar (or glucose) level is an important wellness pillar. Though it helps enable a number of crucial functions, too much — or too little — blood sugar can create an issue. Explore our herbal and whole food-based supplements that, along with a healthy diet and regular exercise, can encourage normal metabolism and help keep blood sugar levels in a normal range.*



Diaplex® *Healthy Glucose Metabolism**

A chromium supplement that supports healthy sugar handling to help maintain blood sugar levels already within normal range.*



Whole Food Fiber *Bridge the Fiber Gap*

A good source of dietary fiber from nutrient-rich whole foods. Adequate fiber consumption helps maintain blood sugar levels that are already within normal range.*



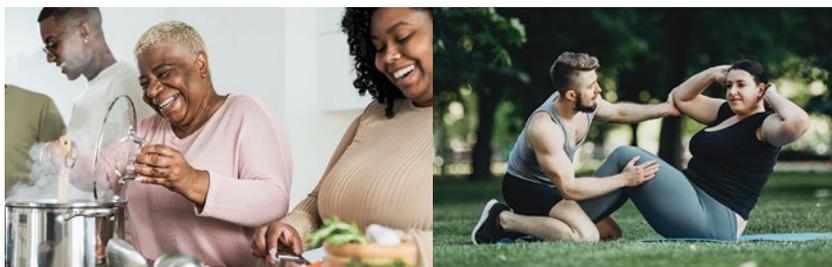
MediHerb® Gymnema *Anti-Sweetness Activity**

Contains Gymnema leaf, which provides anti-sweetness activity by suppressing the ability to detect sweet tastes.*



MediHerb® Metabol Complex *Multi-Action Metabolic Support**

Contains Fenugreek, Black Cumin seed, Bitter Melon and Cinnamon to provide multi-action metabolic support.*



Explore these products, and many more, at [standardprocess.com/BloodSugarMetabolism](https://www.standardprocess.com/BloodSugarMetabolism)

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.